Guide to Summer Camp at Triple R Ranch

for **Teen Camp**

3531 Bunch Walnuts Road, Chesapeake, VA 23322 (757) 421-4177 Fax: (757) 421-4178 camp@triplerranch.org

Welcome to Summer Camp! Please read the following information carefully on all of the following pages. You will need to refer to this information as you prepare your camper for a week of adventure at the Triple R Ranch!

Check-In

Sunday check-in is between 4:30 and 5:30pm. You will be emailed specific timeframe, cabin name, and instructions a week prior to your arrival.

Parking, assistance and housing will NOT be available before that time. Early check-in is not possible. Staff will be available to assist you with parking, luggage, and directions once check-in has begun.

We will NOT be taking any payments or forms at check-in. Please make sure all forms are completed and all payments, including Trading Post deposits, are done online prior to check-in.

Camper Sunday Dinner

Dinner is scheduled to begin at 6:00pm. After 6:00pm, check-in will be conducted at the front office, Arrivals after 6:00pm must contact the office. No arrivals will be accepted after 8:00pm

Transportation Policy

Teen campers may NOT drive themselves and leave cars at camp.

Camper Rules

These simple rules are explained to all campers. We hope giving them to you now will help your child know more of what to expect at camp.

1. We want every child to feel loved, accepted, and safe. Therefore, Triple R Ranch has a "no tolerance" policy for fighting and aggressive behavior. A camper will be given one warning if he/ she is physically or verbally aggressive, and a call will be placed to the parent. If there is a second incident, the camper will be sent home.
2. Boys are not allowed in the girl's cabin area. Girls are not allowed in the boy's cabin area.
3. Shoes and shirts should be worn at all times, even going to and from the pool.
4. Let's keep Triple R Ranch looking good, don't be a litterbug!
5. No talking when those leading an activity or making announcements are talking. That's the best way to make sure everyone gets to hear what's going on.
6. We would appreciate everyone wearing modest clothing. No under-clothes (bottoms or tops) should be visible and shorts should have at least a 2" inseam. Bathing suits need to be conservative one piece suits (or conservative two-piece tankini for girls).

Packing List **Please bring all items in one container.**

We suggest one of the large Rubbermaid-type containers, which will slide underneath the bunks easily. Please label everything with camper's name.

___ sleeping bag & pillow (for cabin and tent campout)
__toiletries
__socks & underclothes
__tennis shoes
__one-piece bathing suit (or conservative two-piece tankini for girls)
__beach towel for the pool
__towels & washcloths
__rainwear & extra shoes
__Bible, notebook, pen, or pencil
__flashlight
__pajamas or nightshirt
__casual clothes appropriate for the weather
__Clothes for messy games
__flip flops (for pool & showers)
__insect repellent & sunscreen (spray bottles ONLY. Campers age 8 and younger will be assisted in applying)
__ hamper bag or garbage bags with names on bag for dirty clothes
__All campers need closed-toed shoes for horseback riding (tennis shoes are fine). Crocs may be worn at camp but not for horseback riding.
__**Horsemanship Track or Private Lessons:**
closed-toed shoes or boots with a heel and long pants

Please pack all your camper's belongings in one container if possible. Make sure container and all personal items are clearly labeled with your camper's name prior to your arrival at camp.

Camp Store, The "Trading Post"

The camp store will be open throuhgout the day. Items available include: chips, crackers, candy, sodas, juice, snacks, souvenirs, T-shirts, and other items. Each camper's money is deposited into an account for them. The Trading Post will be open during both check-in and check-out times for campers and their families.

You can also find CARE PACKAGES at our ONLINE STORE at www.triplerranch.org. These can be purchased anytime and are delivered daily.

*Please keep reading to find out how you can order a care package.

Suggested Amount to Deposit

Parents pre-pay an amount for each camper's account before the week arrives. Campers will only be able to make purchases on their account and not with physical money; it is against camp rules for campers to bring money with them to camp. If they do, it will be turned into the office and can be picked up at the end of the week.

We recommend about $50 as adequate spending money for the week. However, we encourage each family to deposit an amount that is reasonable for their budget.

If you did not add an amount at registration, you can log back into your account to add money or call the office.

Cabins and Food

Due to the amount of insects at the Triple R Ranch, we would appreciate no food to be brought from home. Open food is prone to insects and other unwanted animals. Snacks can be purchased at the Trading Post several times daily. If snacks are sent in care packages or from home, please make sure they are in tightly sealed containers.

Visits, Phone Calls, & Mail

Visiting during the week by family and friends is discouraged for scheduling and safety reasons.

Phone Calls

Phone calls to and from home are discouraged. Emergency phone calls will be received at the office number during office hours. An emergency number is available on our directory for after office hours.

Homesickness

Counselors begin by trying to keep campers busy with all the activities, asking them to help with things and trying to keep their mind off feeling homesick. For most campers, this works. If time passes and none of these things work, someone (usually the Summer Camp Director, Counselor, or Nurse) will give the parents a call to make them aware of what is going on so the parents can decide how they wish to handle it. Campers then call home if needed. We want your child to succeed at their camp experience. Homesickness is contagious in a cabin and we will do all we can to help him/ her. However, if a child goes home because of homesickness, there is no refund.

Mail

Mail is distributed daily at lunch. Mail can be dropped off in the office on Sunday or mailed to the office. Please address mail to:

Camper's Name
Week attending (Session #)
c/o Triple R Ranch
3531 Bunch Walnuts Road
Chesapeake, VA 23322

Camper mail recieved after Friday check-out will be returned to sender. Parents are responsible to collect late packeges or pay shipping expense to have them returned.

Camper Photos & Camper Emails

Your account is all online, so you will have access to our online photo gallery. Log into your account from www.triplerranch.org (Log In button at top of page) and access will be available to your camper's session(s) all summer. You may download pictures to your computer at no additional cost. Photos are posted every day.

You can send e-mails to your camper with one-way email. Log into your account from www.triplerranch.org (Log In button at top of page). Emails will be printed and given to campers at lunch every day.

Care Packages

Care packages are a great way to say "I miss you" to your camper, and who doesn't love to get packages!! To send a care package, go to www.triplerranch.org and click on Camp Store at the top of the Home Page. Secure online purchases can be made there and can be purchased anytime. Packages are created here at Triple R Ranch and delivered daily! They will be available for purchase by the first week of camp.

Staff / Camper Mail Policy

We ask our staff not to contact campers using any form of social media such as Facebook, Instagram, email, etc. In an effort to help you monitor the influences in your child's life, we ask our staff to only correspond by post cards. If your camper wishes to write their counselor, they can send letters addressed to their counselor at Triple R Ranch's address: 3531 Bunch Walnuts Road, Chesapeake, VA 23322. We will be happy to forward letters and emails to staff during and after camp.

Medications

All medications must be checked-in with the camp nurse at the Nurse's Clinic on Sunday. **Please note that we can only accept medications in the original container, no exceptions. All medications should be picked up at check-out.** Any medications left at camp will be held for two weeks and then disposed of. The Nurse will have your Medical and Medication information on hand at check-in, pulled from your previous submission online. Parents (or guardians) of campers with medications must sign the medication authorization form at check-in when dropping off medication to confirm all information in the medical form is accurate at time of dropping off camper.

Please make sure you pick up all medications prior to leaving camp.

CAUSE FOR IMMEDIATE DISMISSAL:

POSSESSION OF DRUGS, ALCOHOL, TOBACCO PRODUCTS, OR ANY TYPE OF WEAPON.

PROHIBITED:

CELL PHONES, LAPTOPS, TABLETS, iPODS, TVS, RADIOS, MAGAZINES, KNIVES, ELECTRONIC GAMES, PAGERS, ETC.

Horsemanship Track

Daily Schedule

In the morning your camper will participate in two hours of activity at the barn including riding lessons and theory. Each morning they will also participate in two skill areas with their cabin.

Showdeo

Horsemanship Campers will participate in the Showdeo on Friday morning at 11:00am to which parents are invited to watch.

Instructional Levels

Campers are placed according to their experience. If you are a current student at Triple R Ranch, you will be placed in the level at which you are currently riding.

This is very important for safety reasons.

Proper Attire

Please be aware that flip-flops are never allowed in the barn or around the horses. Your camper will not be allowed to ride in open-toed shoes. Long pants and shoes with an actual heel are required for all campers taking Riding Lessons.

Check-Out

Camp ends on Friday

Camp ends on Friday. Please refer to your confirmation letter to verify the date of the last day of camp for your camper's session.

Showdeo: Horsemanship Track camper parents are invited to attend the Showdeo, which **begins at 11:00am**. Campers will demonstrate what they have learned during the week and then rejoin their cabin with their counselors.

Camper Pick-up: Campers will be ready with their luggage outside the Picnic Pavilion. Parents will be directed to park next to the Pavilion to pick up campers and luggage.

Sign Out: ***You may sign your camper out with their counselor by showing ID and being on the approved contact list.***

Camper Sign Out Security

The contacts listed in your camper's registration will be given to the counselors and be your **approved pick-up list**. All persons coming to pick up a camper must show photo ID each day with a name that matches the list. This information is pulled from the Parent Portal to include both parents, all emergency contacts, and anyone added to the pickup authorization.

If someone is not on the approved list to pick up your camper, we must have written permission including that person's name, address and phone number at check-in on Sunday. They will be asked to show photo ID at the time of check-out.

Early Check-Out

If early check-out is a necessity, **please let us know at check-in**. Early check-out times must be finalized at check-in. You will be given a form to fill out with the check-out time and date, so your camper's counselor can have them packed and ready for your arrival. We do not issue refunds for leaving camp early.

Camp Handbook

Please refer to the Triple R Ranch Camp Handbook for comprehensive information and policies about summer camp. This is only a guide and meant to help parents find packing lists and check-in information easily. The Camp Handbook can be found on the Triple R Ranch website and in the Parent Portal; it is also emailed to you in your confirmation email upon registration.

See you at Camp at Triple R Ranch!

Directions

Address for GPS

3531 Bunch Walnuts Road, Chesapeake, VA 23322

From I-64

Proceed on I-64 to Battlefield Blvd. S. In Great Bridge turn right onto Johnstown Rd. Proceed 5 miles and turn right onto Benefit Rd. Take your second left onto Bunch Walnuts Rd. Triple R Ranch is 2 miles down on your left.

Alternate Route: Proceed on I-64 to exit 291B (168-S towards Nags Head). Immediately get in the far left lane. Follow the bypass approx. 4 miles. Take the Hanbury Rd. West exit. Proceed to the end and make a left onto Johnstown Rd. In about 4 miles, turn right onto Benefit Rd. Take the second left onto Bunch Walnuts Rd. Triple R Ranch is 2 miles down on the left.

From North Carolina (Moyock)

Follow Caratoke Hwy-North until it turns into Rt. 168 N. Continue on 168 until you reach the first stoplight across the VA border. Turn left at that light onto Old Battlefield Blvd., then make your first right onto Ballahack Rd. In about 7 miles turn right onto Bunch Walnuts Rd. Triple R Ranch is ½ mile down on the right.

From North Carolina (Elizabeth City)

Follow Rt. 17 N into VA. In 3.5 miles turn right onto Ballahack Rd. Proceed 6.5 miles and turn left onto Bunch Walnuts Rd. Triple R Ranch is ½ mile down on the right.

Other Questions or Concerns? Please contact us:

Website: www.triplerranch.org

Registrar Email: camp@triplerranch.org

Office phone: (757) 421-4177

Fax: (757) 757-4179

Address: 3531 Bunch Walnuts Rd,
Chesapeake, VA 23322