MFGF Winter Session Schedule 2026/2027- sneak peek

Winter registration opens on Nov. 16th, Session starts Nov. 30th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM		Jr Hot Shots	Home School Open Gym		Wiggle Worms	
		Homeschool Ninja Fitness ages 4-7			Parent Mini Ninja	
10:00 AM		Wiggle Worms			Jr Hot Shots	Open Gym
		Homeschool Ninja Fitness ages 8+			Parent Mini Ninja	
		Hot Shots				
		Beginner 1				
11:00 AM						
12:00 PM						
1:00 PM						
2:00 PM						
3:00 PM						
4:00 PM	Jr Hot Shots	Jr Hot Shots	Beginner 2	Jr Ninja	Jr Hot Shots	
	Beginner 1	Master Ninja	Parent Mini Ninja	Hot Shots	Adaptive	
	Jr Ninja	Hot Shots	Beginner 1	Combo Intermediate/Advanced4pm-5:25pm	Beginner 2	
	Combo Intermediate/Advanced 4pm-5:25pm	Jr Ninja	Jr Hot Shots			
				Jr Hot Shots		
5:00 PM	Jr Hot Shots	Beginner 1	Hot Shots	Master Ninja	Master Ninja	
	Beginner 2	Parent Mini Ninja	Beginner 1	Beginner 2	Beginner 1	
	Master Ninja	Wiggle Worms	Jr Ninja	Beginner 1	Hot Shots	
	Combo Intermediate/Advanced 5:30pm-6:55pm	Hot Shots	Parent Mini Ninja			
6:00 PM	Wiggle Worms	Beginner 1	Wiggle Worms	Bigger, Faster, Stronger		
	Hot Shots	Jr Ninja	Jr Ninja	Beginner 1		
	Jr Ninja	Jr Hot Shots	Parent Mini Ninja	Wiggle Worms		
		Parent Mini Ninja	Hot Shots	Parent Mini Ninja		

**this is our intended schedule. However classes and times are subject to change prior to registration on Nov. 16th 2026