

COULD MOLD, METALS & ENVIROMENTAL CHEMICALS BE AFFECTING YOUR HEALTH?

Check all that apply:

- Neurological: brain fog, poor focus, weak memory, anxious, insomnia, tingling
- Reproductive: PMS, endometriosis, PCOS, infertility, estrogen dominance
- Immune: flu like symptoms, long COVID, reoccurring EBV, reoccurring colds
- Gut: food sensitivities/aversions, bloating, gas, malabsorption, IBS, ulcers
- Respiratory/passages: coughing, chronic allergies, sinus inflammation
- Exposure: visible mold, water damage event, bubbly/raised surfaces on walls and under cabinets
- Lifestyle: moved, including new construction, or new office in the last 2 years

Lab Markers:

Note: The conventional system compares your results to average ranges so certain makers may not have been flagged by your doctor.

- High or Low White Blood Cell Count 5.5-7.5 K/CUMM
high - your body is fight an active infection, low - your body stopped fighting
- High Cholesterol 160-200 MG/DL
your liver is burdened and not clearing properly
- High Glucose 75-86 MG/DL
your body needs more energy to fight toxins
- Low Vitamins & Minerals: Vitamin D, iron, ferritin, B12, zinc
liver is burdened, toxins are "eating" minerals, gut absorption is compromised

On average it takes 4-7 years to be diagnosed with mold illness. If you checked 3 or more boxes - toxins may be the missing piece of your restoring your health.

→ Book a Functional Review Session to so we can review your symptoms and to determine if toxin testing and personalized protocol is the next stop for you.