

RHONDA STAMEY

Encouraging women to grow in faith, care for their health, and live with greater purpose.

Speaker | Author | Wellness Coach

For more than 30 years, Rhonda Stamey has encouraged women with biblical truth, practical wisdom, and authentic life experiences. Whether speaking on faith, identity, or caring for the body God has entrusted to us, her heart is to remind women that they are deeply loved by God, chosen for His purpose, and able to trust Him in every season of life.



SIGNATURE MESSAGES

Hearts More Precious Than Rubies

Helping women discover their worth and identity in Christ.

Strong in Faith, Fit in Body

Faith-based encouragement to strengthen your faith, care for your health, and live with purpose.

Known by His Love. Chosen for His Purpose.

Reminding women that they are fully known, deeply loved, and chosen by God for His purpose.

Perfect For:

Women's Conferences
Women's Retreats
Church Events
Health & Wellness Events
Leadership Gatherings
Community Organizations

To inquire about speaking opportunities:

Email: rhonda@rhondastamey.com

RhondaStamey.com



Scan to Learn more

WHAT WOMEN ARE SAYING

"Rhonda has a welcoming spirit and made everyone feel important and valued. She has a true gift!"— Kathy