



MINNESOTAFLYERS

GYMNASTICS AND FITNESS

NEWSLETTER - SEPTEMBER 2026

CALENDAR

- Sept 8 11:45 am: Ribbon Cutting Ceremony
Noon-2 pm, 5-7 pm: Open House
- Sept 8 Team Practice Resumes
- Sept 14 Fall Rec Session Begins
- Sept 14 Cookie Sales Fundraiser Begins!
- Sept 19 **Pink the Rink**
Team Competition Levels 3-5 in Grand Rapids
- Sept 19 National Gymnastics Day
Watch our social media pages for more info!
- Sept 30 2:00-3:55 pm: Early Out Open Gym

Open Gym
Saturdays
10am-Noon



YOU'RE INVITED!
**OPEN
HOUSE**

Tuesday, September 8th

Noon - 2 pm and 5- 7 pm
Ribbon cutting ceremony 11:45 am
1306 Rossman Ave

Come explore our new spaces and see how our expansion will serve athletes of all ages and abilities for years to come.

- Facility tours
- Light refreshments
- Meet our coaches and staff
- Learn about our programs

Please note: The gym will not be open for activities during these times.

**Follow us on Facebook and Instagram @mnflyersgym
for all the latest news and events!**



Staff Spotlight Michelle



Michelle recently moved from a Board position at MFGF to a staff position! She is our front desk receptionist and is ready to welcome you each day!

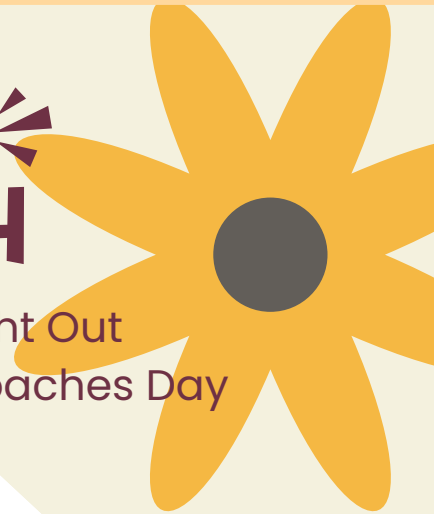
- Favorite TV Show: Walking Dead series
- Favorite movie: Hocus Pocus
- Favorite books: Any Nora Roberts book

When she's not at MFGF, she loves to travel with her kids and enjoys shopping.

Students of the
Month will return
in October!

➤NEXT MONTH

October 2 - Parents Night Out
October 6 - National Coaches Day



SEPTEMBER 14 - OCTOBER 12

Help us sell cookies and other fun products!

Our goal is to raise **\$40,000!**

Earn **PRIORITY REGISTRATION** for Winter
session by selling **50 or more items!**

All proceeds help provide programs, equipment, and
opportunities for athletes of all ages and abilities!

PACKETS WILL BE AVAILABLE THE WEEK OF SEPTEMBER 14TH



SEPTEMBER BIRTHDAYS!



Join us in wishing Happy Birthday to these students and staff!

Colton A

Kacie B

Lydia B

Railyn B

Frankie C

Holloway C

Wren D

Etta D

Sophia E

Mia G

Madeline G

Julian G

Alkemi G

Von G

Amaya H

Presley H

Natalie H

Viggo H

Adelyn H

Rhiley J

Ava J

Benson J

Jade J

Crew K

Jase K

Reese K

Alijah L

Cheyenne L

Kiana L

Henry L

Jon L

Millie L

Amelia M

Molly M

Axel M

Brynn N

Audri N

Ivan O

Hudson R

Luna S

Ruth S

Silas S

Breck S

Alivia S

Hazel T

Amelia T

Edith V

Teigen W

Ella W

Kivani W

Sylvia W

Rowyn W

Kira Z



STAFF BIRTHDAYS: Coach Blake, Coach Addie, Michelle