

Young Adults FALL '26

The Regulars

Wednesday Nights

SEP • OCT • NOV* • DEC* – **6:30p to 8p**
dinner + bible study + good chats + community
**no group nov 25 - dec 23 + 30*

Friday Sabbath Dinners

SEP 4 • OCT 9 • NOV 6 • DEC 4 – **6:30p** **R**
evenings to rest + connect

Sunday Lunch Club

SEP 13 • OCT 18 • NOV 15 • DEC 6 – **12:30p**
let's hang after service! locations tbd

Football + Friends

SEP 20 – **1:30p**
cardinals v. seahawks + free food

Trivia + Trailhead

OCT 22 – **6p**
fun facts + good coffee + better friends

Fun Friends-Giving

NOV 19 – **6:30p** **R**
food. friends. let's be grateful together!

SL Thrift Store Formal

DEC 18 – **5:30p** **R**
let's serve together! sign up for details

A Few of our Favorite Things

DEC 19 – **6:30p** **R**
christmas in community. food + faves!

The Specials



register here:
mcdowell.church/events

text **'mcyoungadults'** to
94000 for locations + updates!