

RHONDA STAMEY

SPEAKER • AUTHOR • WELLNESS COACH • BIBLE TEACHER

50-WORD BIO

Rhonda Stamey is a speaker, author, wellness coach, and Bible teacher with more than 30 years of experience encouraging women to deepen their faith, care for their health, and live with greater purpose. She combines faith-filled encouragement with practical wellness wisdom to help women confidently live the life God has called them to live.

Approved for use in event programs, websites, newsletters, social media, and promotional materials.