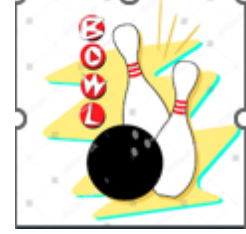


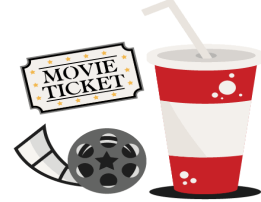
Sunday Monday Tuesday Wednesday Thursday Friday Saturday

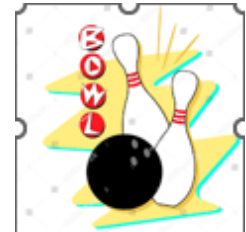
Rose

10:00 Exercise 10:30 Ball Toss 10:45 Mental Aerobics 1:45 BINGO 2:45 Triva 3:30 Rolls and strolls	10:00 Dance with Vero  10:30 Trivia 11:00 Sing Along 11:00 Mass	10:00 Chapel 11:00 Lunch at Coquitlam Grill 2:00 Dance with Vero 2:30 Daily chronicles 3:00 Word games	9:45 Active Game 10:30 Trivia 1:45 Bingo  2:45 Coloring 3:45 Rolls and strolls	10:00 Music with Alastair  1:45 Crafting
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Fall is the best time For Apple Picking 	Labor Day  Labor Day	10:00 Exercise 10:30 Ball Toss 10:45 Mental Aerobics 1:45 BINGO 2:45 Triva 3:30 Rolls and strolls	10:00 Dance with Vero 10:30 Trivia 11:00 Sing Along 	10:00 Chapel 2:00 Dance with Vero 2:30 Daily chronicles 3:00 Word games 	9:45 Balloon Toss 10:30 Exercise 11:00 Sing Along 1:45 Bingo  2:45 Coloring 3:45 Rolls and strolls	1:45 Crafting 
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Autumn was once called Harvest  Grandparents Day	10:00 Spiritual Reflection 2:00 Bowling 	10:00 Exercise 10:30 Ball Toss 10:45 Mental Aerobics 1:45 BINGO 2:45 Triva 3:30 Rolls and strolls	10:00 Dance with Vero  10:30 Trivia 11:00 Sing Along 11:00 Communion	10:00 Chapel 10:00 Manicures 11:00 Racketball 2:00 Social Hour 	9:45 Bean Bag Toss 10:30 Sing Along 1:45 Bingo  2:45 Coloring 3:45 Rolls and strolls	2:00 Music by Bill and Company In Multipurpose Room  Oktoberfest Begins
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Leaves turn orange in fall because the change in daylight and temperatures causes many deciduous trees to stop production of the chlorophyll that makes leaves green. @weareteachers	10:00 Spiritual Reflection 2:00 Bowling 	10:00 Exercise 10:30 Ball Toss 10:45 Mental Aerobics 1:45 Bingo 2:45 Triva  Autumn Begins	10:00 Dance with Vero 10:30 Trivia 11:00 Sing Along 2:30 Movie in th MPR 	10:00 Chapel 10:30 Birthday Celebrations for August and September  2:00 Dance with Vero 2:30 Daily chronicles 3:00 Word games	9:45 Balloon Toss 10:30 Trivia 1:45 Bingo  2:45 Coloring 3:45 Rolls and strolls Sukkot Begins	3:00 Live with Greg Alcock 
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SEPTEMBER Aster  September  Blue Sapphire	10:00 Spiritual Reflection 2:00 Bowling 	10:00 Exercise 10:30 Ball Toss 10:45 Trivia 1:45 BINGO 2:45 Triva 3:30 Rolls and strolls	Truth and Reconciliation Day 	September 2026		
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