

A SIGNATURE LECTURE + Q&A

THE PSYCHOLOGY OF BEING REPLACEABLE

Finding Worth, Purpose, and Possibility in an Age of AI

What happens when the skills, talents, and expertise we have spent years developing become easier to replicate?

As AI transforms creative and professional work, the question is no longer only what technology can do. It is also how we understand achievement, identity, and human value.

In this engaging, psychologically informed lecture, Dr. Elle Garner explores why being replaceable at a task is not the same as being replaceable as a person—and how to pursue excellence without making our worth depend on being exceptional.

WHAT AUDIENCES WILL EXPLORE

- ◆ Why expertise, recognition, and achievement become entwined with identity
- ◆ The difference between worth, usefulness, purpose, and performance
- ◆ How curiosity, creativity, and meaningful work can survive disruption



ABOUT DR. ELLE GARNER

Dr. Garner is a licensed clinical psychologist with more than 20 years of experience and a background spanning Columbia University, the University of the Witwatersrand in Johannesburg, and DePaul University.

Her insights have appeared in The New York Times, The Washington Post, CNN, TIME, and Oprah Daily. She is founder of Inner Compass Institute™.

IDEAL AUDIENCES

- ◆ Executives & Senior Leaders
- ◆ High-Performing Professionals
- ◆ Creative & Performing Artists
- ◆ Leadership & Professional Organizations

FORMATS

- ◆ 45–60-minute keynote
- ◆ 60-minute lecture plus Q&A
- ◆ 75–90-minute masterclass

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elle@drellegarner.com

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