



CONSULT READY: YOUR 5-MINUTE PREP CHECKLIST

Get the most out of your \$297 session - in half the time

01

Write down your "why" - one sentence on why you want to start a podcast

02

List 3 people you'd want as your first guest

03

Decide: Interview show, solo show, or co-hosted

04

Be honest about your available weekly recording time

05

Jot down 3 stories or topics you find yourself telling people in real life

06

Know your rough budget range for equipment and hosting

07

Name one fear or block that's been holding you back

Bring this with you - we'll build your plan around it

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