



2 TELOPEA PLACE
EASTERN CREEK NSW
P: 9620 2138
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MORNING & AFTERNOON TEA

ASSORTED MORNING TEA PLATTER

freshly baked muffins, pastries, filled doughnuts & house-made slices
(1 piece per person) 7 pp

PASTRY PLATTER

freshly baked assorted pastries & danishes
(1 piece per person) 7 pp

BAGEL & CROISSANT PLATTER

assorted savoury filled bagels & assorted filled croissants
(1 piece per person) 9 pp

SAVOURY PLATTER (served ambient)

bacon, lettuce, avocado & tomato sliders, ham & cheese croissants,
freshly baked savoury pastries
(1 piece per person) 8 pp

SWEET & SAVOURY PLATTER

freshly baked muffins & danishes, ham & cheese croissants
(1 piece per person) 7.5 pp

****gluten free, dairy free, vegan options available****

INDIVIDUAL MORNING TEA BOXES

box #1

freshly baked pastry | b.l.a.t slider | watermelon cup | fresh juice 20

box #2

ham/cheese croissant | banana bread | yoghurt cup | fresh juice 18

SWEET ITEMS

vanilla bean cupcakes with buttercream icing 4
vanilla scones with jam & cream 4
banana bread with butter & maple syrup 7
iced cinnamon scroll 8
portuguese style custard tart 7
flourless orange & almond cake 7
fig, nut & grain bar 7
classic iced doughnuts 6

SAVOURY ITEMS

cheese & bacon rolls 6
ham/cheese croissant 8
ham, cheese & tomato toastie 8
bacon & egg roll with bbq sauce 12
bacon & egg slider with bbq sauce 6
bacon, lettuce, avocado, tomato slider 6
ham, cheese, tomato, seeded mayo slider 5
halloumi, avocado, spinach, mushroom & hummus slider 6
mini scrambled egg, spinach & truffle hollandaise wrap 6
mini grilled italian sausage, scrambled egg wrap, tomato relish 6.5
mini avo smash on soy linseed toast with fetta & sweet corn 5
smoked salmon, cream cheese, rocket, spanish onion & caper bagel 9.5
bacon, lettuce, avocado, tomato & relish bagel 9.5
prosciutto, buffalo mozzarella, tomato & basil bagel 9

BREAKFAST CUPS

natural greek yoghurt cup, fresh berries & toasted muesli 8
house-made granola cup, natural greek yoghurt & fruit coulis 7
toasted almond & coconut chia seed pudding 7
fresh seasonal fruit salad cup 8
watermelon & seasonal berry cup 7
fresh fruit skewer 4.5

DESSERTS (48 hours notice)

vanilla pannacotta + mixed berry compote cup 10
new york style cheesecake cup 10
Italian tiramisu cup 10
lemon meringue tartlets 4.5
mini nutella filled donuts 4

SANDWICHES

1 portion per person (2 pieces) 11 pp
1.5 portions per person (3 pieces) 16 pp

ASSORTED MIXED BREAD PLATTER

Our mixed bread platter is a selection of our gourmet fillings consisting of wraps, baguette & turkish that are cut into halves choose a variety of the below fillings (3 filling selections)

ASSORTED TURKISH PLATTER

Our assorted turkish bread platter is a selection of our gourmet fillings consisting of only turkish bread that are cut into halves choose a variety of the below fillings (3 filling selections)

ASSORTED WRAP PLATTER

Our assorted wrap platter is a selection of our gourmet fillings consisting of only tortilla wraps that are cut into halves choose a variety of the below fillings (3 filling selections)

****gluten free, dairy free, vegan options available****

white sourdough, wholemeal, soylinseed, panini available on request

FILLING OPTIONS

OG snitty

chicken schnitzel, lettuce, tomato, cheese, seeded mustard mayo

sweet chilli schnitzel

chicken schnitzel, rainbow slaw, cheese, lettuce, sweet chilli mayo

tandoori chicken

pulled tandoori chicken, cucumber, cheese, tomato, lettuce, minted yoghurt

peri peri chicken

grilled chicken, rainbow slaw, avocado, cheese, spinach, peri mayo

Italian cold cuts

ham, salami, prosciutto, peppers, zucchini, bocconcini, rocket, pesto mayo

mortadella

mortadella, buffalo mozzarella, rocket, tomato, crushed pistachio, basil pesto

pulled pork

pulled pork, asian style slaw, cucumber, crispy onions, soy mayo

roast leg ham

leg ham, rainbow slaw, lettuce, tomato, cheese, mustard pickle

turkey & cranberry

oven roasted turkey, brie cheese, cranberry, avocado, spinach

roast beef

roast beef, lettuce, tomato, peppers, onion, cheese, seeded mustard mayo

pulled beef brisket

pulled beef brisket, rainbow slaw, pickles, cheese, lettuce, smokey bbq

reuben corned beef

corned beef, sauerkraut, tomato, lettuce, cheese, tomato relish

tuna & salad

tuna flakes, cucumber, onion, carrot, tomato, lettuce, lemon & herb mayo

smoked salmon

smoked salmon, beetroot, avocado, tomato, onion, cream cheese, spinach

vegetarian options

herb crumbed eggplant

crumbed eggplant, tomato, onion, peppers, cheese, lettuce, tomato relish

falafel

falafel, beetroot, avocado, onion, tomato, slaw, spinach, seeded mayo

grilled seasonal vegetable

capsicum, zucchini, eggplant, sweet potato, onion, rocket, pesto mayo

fresh seasonal salad

tomato, cucumber, carrot, avocado, beetroot, cabbage, lettuce, mayo

INDIVIDUAL SALAD BOWLS

FRIED CHICKEN POKE BOWL 16

chicken schnitzel, basmati rice, pickled cabbage, edamame, avocado, cucumber, radish, rocket, sesame seeds, ginger & soy dressing

MEXICAN CHICKEN BOWL 16

grilled chicken, charred corn, roasted capsicum, spanish onion, cherry tomato, smashed avocado, mixed lettuce, peri & citrus dressing

HEALTHY GODDESS BOWL 13

roasted pumpkin, spiced cauliflower, quinoa, avocado, toasted almonds, kale, cabbage, green goddess dressing

INDIVIDUAL LUNCH BOXES

(minimum of 6 per order)

box #3

1 turkish roll (2 flavours) | yoghurt cup | bottled juice 23

box #4

1/2 wrap + 1/2 turkish (2 flavours) | fresh pastry | watermelon cup 24

box # 5

mini beef pie | mini beef sausage roll | chicken slider
lamb kofta skewer | vegetarian spring roll 23

****gluten free, dairy free, vegan options available****

SALADS

SMALL 30 (5 PEOPLE) / MEDIUM 60 (10 PEOPLE) / LARGE 90 (15 PEOPLE)

CHICKEN & PUMPKIN SALAD

grilled chicken, roasted pumpkin, roasted beetroot, fetta, quinoa, toasted walnuts, mixed leaves, balsamic vinaigrette.

GRILLED CHICKEN & ROAST POTATO SALAD

grilled chicken, steamed chat potatoes, green beans, cherry tomato, olives, spanish onion, mixed leaves, seeded mustard & citrus dressing.

I H STYLE THAI BEEF SALAD

shaved roast beef, cherry tomato, carrot, cucumber, rocket, bean sprouts, vermicelli noodles, peanuts, coconut, onion, thai herbs, thai style dressing

FALAFEL & HALOUMI SALAD

crispy falafels, crumbled crispy haloumi, roasted beetroot, sweet potato, cracked wheat, pickled red cabbage, rocket leaves, citrus dressing

ROAST VEGETABLE PASTA SALAD

fusilli pasta, charred capsicum, roasted pumpkin, grilled zucchini, olives, sundried tomato, pine nuts, baby spinach, pesto dressing

GREEK SALAD

cucumber, tomato, capsicum, spanish onion, fetta, marinated olives, oregano, mixed lettuce, citrus vinaigrette

COLD PLATTERS

SEASONAL FRESH FRUIT

selection of sliced fresh seasonal fruit

SMALL 30 (5 PEOPLE) / MEDIUM 60 (10 PEOPLE) / LARGE 90 (15 PEOPLE)

ITALIAN ANTIPASTO (serves 10 people) 95

selection of italian cured meats, roasted capsicum, artichokes, crumbed eggplant, marinated olives, grilled zucchini, sundried tomato, salt roasted sweet potato, bocconcini, fetta, hummus, fried garlic tortilla

AUSTRALIAN CHEESE (serves 8 to 12 people) 95

selection of three cheese's, dried fruits, grapes, berries, roasted nuts, quince paste, lavosh biscuits, water crackers

MEDITERRANEAN MEZZE (serves 8 to 12 people) 95

roasted beetroot hummus, baba ghanoush, marinated olives, falafel, dolmades, bell peppers, prosciutto, bocconcini, grapes, crispy tortilla

HOT FOOD

(minimum of 8 people per item)

(individually pack the above meals +\$1.5 pp)

TERIYAKI CHICKEN & RICE 17 pp

teriyaki chicken & vegetable stir-fry served with steamed basmati rice

BUTTER CHICKEN & RICE 17 pp

butter chicken served with steamed basmati rice & minted yoghurt

MEDITERRANEAN CHICKEN SKEWERS 17 pp

lemon, garlic and herb chicken skewers (2pp), pitta bread(1pp), tzatziki, greek salad, chips, aioli

HOME STYLE CHICKEN SCHNITZEL 18 pp

panko crumbed chicken breast, herb & garlic butter chat potatoes, garden salad, traditional gravy

BEEF BURGER 17 pp

grilled beef patty, cheese, lettuce, tomato, onion, beetroot, ketchup, milk bun, served with chips

CHICKEN BURGER 17 pp

butter milk fried chicken breast, slaw, lettuce, cheese, mustard mayo, milk bun, served with chips

(individually pack the above meals + \$1.5 pp)

HOT FOOD EXTRAS

potato chips with tomato sauce (12 people) 30

sweet potato chips with aioli (12 people) 40

1lt gravy 8

500ml aioli 6

creamy potato bake (12 people) 55

steamed seasonal vegetables (12 people) 55

HOT PASTA

MEDIUM 65 (10 PEOPLE) / LARGE 95 (15 PEOPLE)

(individually pack the below meals + \$1.5 pp)

BEEF LASAGNA

layered pasta sheets, bolognese sauce, bechamel, mozzarella, parmesan

BEEF RAGU PASTA BAKE

baked penne pasta, wagyu beef ragu, tomato, parmesan

BEEF RAVIOLI

beef filled ravioli, napolitana sauce, parmesan

PENNE BOSCAIOLA

bacon, mushroom, garlic, shallots, cream, parmesan

FUSILLI CHICKEN & CHORIZO

chicken, chorizo, peas, spinach, creamy pesto sauce

PENNE TRUFFLE MUSHROOM

sautéed assorted mushrooms, cream, thyme, truffle, parmesan

FUSILI VEGETARIAN

slow roasted vegetables, baby spinach, napolitana sauce, parmesan

BEVERAGES

COFFEE/TEA

barista made to order coffee available upon request

COLD DRINKS

600ml spring water 4

600ml soft drink variety 6

375ml soft drink can variety 3.5

2L fresh juice varieties 10

2L soft drink varieties 10

450ml fresh juice varieties 5

FINGER FOOD

gourmet beef pie

traditional beef mince & gravy, served with ketchup 4

chicken & mushroom pie

country style chicken, mushroom & chicken gravy 4

sausage roll

lean beef sausage meat baked in pastry, served with ketchup 3.8

mini sweet chilli chicken skewers

thai style served with toasted coconut & coriander 4.5

mexican chicken tender bites

panko & corn chip crumbed chicken, sour cream & sweet chilli 4.5

mini lamb kofta skewer

lamb kofta with middle eastern spices, citrus & tzatziki 5.5

asian pork belly skewer

slow cooked pork belly, pineapple, sticky hoisin glaze 5

aussie beef slider

beef patty, lettuce, tomato, beetroot, onion, cheese, ketchup, slider bun 7

fried chicken slider

fried chicken, slaw, lettuce, cheese, mustard mayo, slider bun 7

crispy chicken bao bun

fried chicken, pickled cabbage, green onion, mayo 7

crispy pork belly bao bun

crispy pork belly, cabbage, cucumber, coriander and chilli mayo 7

soft fish tacos

battered fish, shredded greens, Mexican cheese, spicy mayo 7

prawn rice paper roll

Vietnamese roll with noodles, veggies, hoisin & prawns, sweet chilli sauce 5

vegetarian options

spinach & ricotta roll

flaky pastry with creamy ricotta and spinach filling 3.8

spinach & feta filo triangles

crisp and golden filo triangles with spinach, feta and herbs 3.8

vegetarian spring rolls

hand rolled vegetarian spring rolls with sweet chilli 3.8

vegetarian samosa

Indian spiced vegetable and curry samosa 3.8

pumpkin arancini

crunchy Italian arancini with pumpkin and parmesan 4

falafel slider

Lebanese falafel, lettuce, cucumber, tomato, beetroot, minted yoghurt 7

vegetarian rice paper roll

Vietnamese roll with avocado, noodles, vegetables, herbs & hoisin 4

ORDERING & DELIVERY

orders@industrialharvest.com.au

2pm cut off for next day delivery

DELIVERY CHARGES

free delivery for local eastern creek area

minimum order amount for delivery is \$80

delivery fee will apply to all deliveries outside local area,
or if it is below the minimum

TERMS & CONDITIONS

all prices subject to gst

EFT or credit card payment options available

corporate accounts available upon request

overdue invoices are subject to late fees

overdue accounts will be put on hold after 14 days