

RENEWED PERSPECTIVES

PSYCHIATRY

ADHD

ADHD

Child and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)
www.chadd.org. Understood.org

- [ADHD Facts](#)
- [ADHD Medication Guide](#)
- [Facts for Families - ADHD and the Brain](#)
- [Stimulants for Children](#)

Parenting Child with ADHD:

<https://chadd.org/for-parents/overview/>

ADHD Toolkit:

<https://chadd.org/for-parents/adhd-toolkit-diagnosis-and-treatment-of-children-and-teens/>

ADHD Treatment Overview:

<https://chadd.org/for-parents/treatment-overview/>

ADHD Teens and Young Adults:

<https://chadd.org/for-parents/teens-and-young-adults/>

Parent curriculum for ADHD:

<https://chadd.thinkific.com/courses/p2p1>

General ADHD Parent Resources:

https://thereachinstitute.org/adhd-awareness-month-free-resources-for-parents-caregivers-providers/?gad_source=1&gclid=CjwKCAjwrlxBhBbEiwACEqDJVjXgFMX9QLi5GXSdn3Pb6nowrdCSqezDQ8n9xfCA-OEiE9PWJUskhoCiH4QAvD_BwE

Adult ADHD:

<https://www.mayoclinic.org/diseases-conditions/adult-adhd/symptoms-causes/syc-20350878>

ADHD for Adults:

<https://www.mayoclinic.org/diseases-conditions/adult-adhd/symptoms-causes/syc-20350878>

AACAP ADHD Medication Guide for Parents: [ADHD Medication Guide](#)

Book Recommendations:

1. What Your ADHD Child Wishes You Knew: Working Together to Empower Kids for Success in School and Life by Dr. Sharon Saline and Dr. Laura Markham
2. How to Talk to Kids & Listen so Kids will Talk by Blakely Faber and Elaine Mazlish
3. Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood Through Adulthood By Edward M. Hallowell, M.D., and John J. Ratey, M.D.
4. Taking Charge of ADHD: The Complete, Authoritative Guide for Parents By Russell A. Barkley, Ph.D.
5. Your Brain's Not Broken: Strategies for Navigating Your Emotions and Life with ADHD By Tamara Rosier, Ph.D.
6. Thriving with ADHD Workbook for Kids: 60 Fun Activities to Help Children Self-Regulate, Focus, and Succeed By Kelli Miller, LCSW
7. ADHD 2.0: New Science and Essential Strategies for Thriving with Distraction – from Childhood Through Adulthood By Edward M Hallowell MD and John J. Ratey MD

Call (832) 662-7934

or visit us at www.RenewedPerspectivesPsychiatry.com