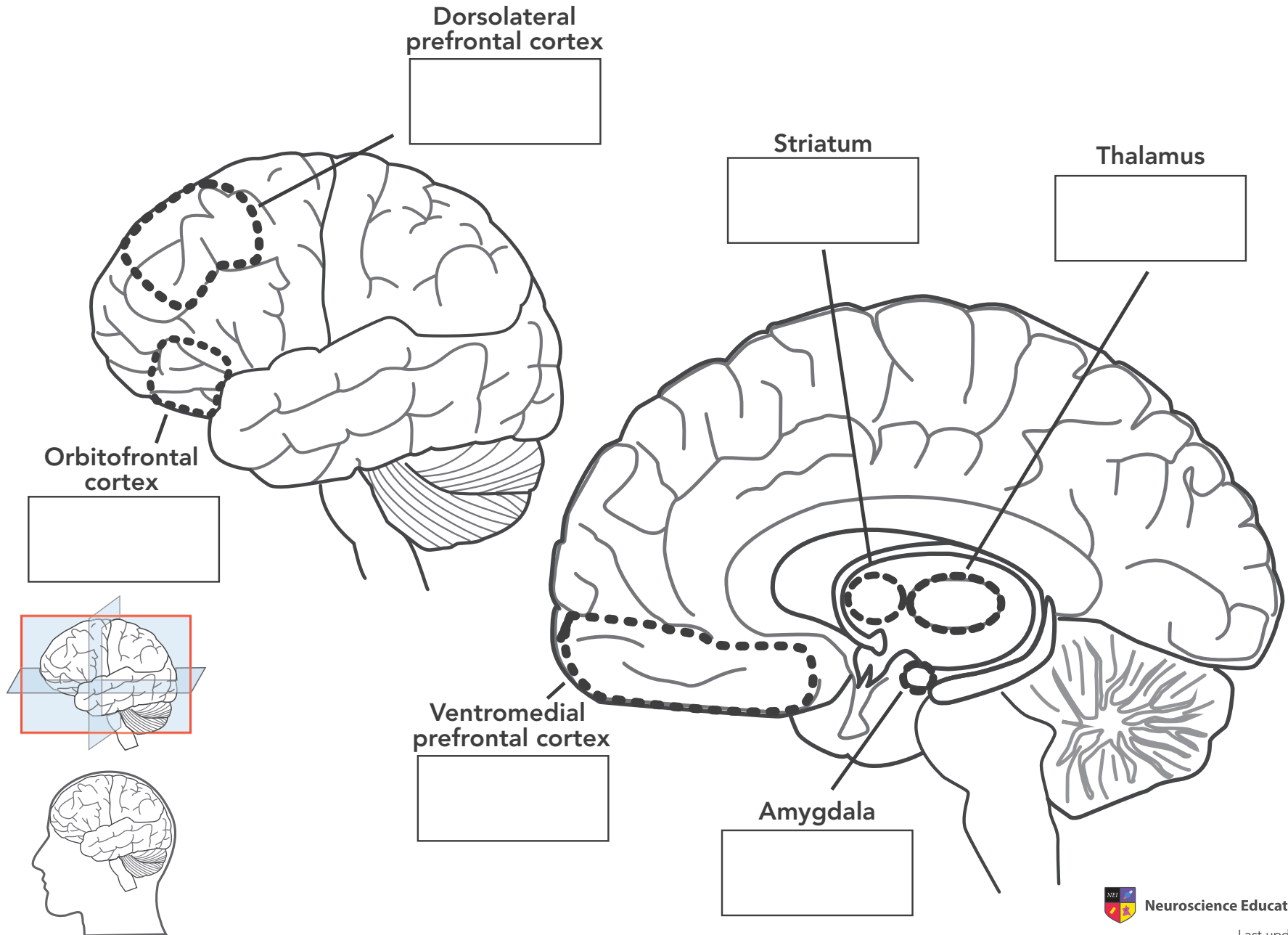


OCD Neurobiology Coloring Page

Write in the symptoms of obsessive-compulsive disorder (OCD) associated with each brain region (see back page) and color each with your favorite colors!



OCD Neurobiology Coloring Page

Symptoms of OCD	Description of Symptoms	Associated Brain Regions
Worry/obsession	Worry is experienced from concern about a real or imagined issue; it becomes obsession when an idea or thought continually preoccupies or intrudes on a person's mind and creates distress	Dorsolateral prefrontal cortex, Striatum, Thalamus
Compulsions	Behaviors that are aimed at preventing or suppressing the distress related to the obsessive thoughts; these can be repetitive behaviors (e.g., hand-washing, checking) or mental acts (e.g., praying, counting)	Orbitofrontal cortex, Striatum, Thalamus
Fear about obsessions/compulsions	An unpleasant and often strong and distressing emotion caused by obsessions and/or compulsions	Amygdala, Ventromedial prefrontal cortex

