



ANNUAL REPORT

2023-2024

DEAR FRIENDS OF MOVE FORWARD,

As I reflect on FY2023 and 2024—I'm filled with gratitude, humility, and a deep sense of purpose. These years were filled with transition and rebuilding, as our community emerged from the isolation of the pandemic and worked to reweave the connections that sustain our mission.

This past year, Move Forward stood at a critical juncture. Our work—centered on preventing youth homelessness and supporting mental wellness—was more important than ever, yet the landscape around us had shifted.

Schools, which are at the heart of much of our programming, were returning to full in-person learning. Many of our long-standing community partnerships had faded during the pandemic, and the needs of the youth we serve had grown more complex.

And yet, amidst this uncertainty, there was a powerful sense of resilience and renewal.

REBUILDING AND RECONNECTING:

FY2023 & 2024 were years of rebuilding relationships—with schools, community partners, and families. We reestablished our presence where youth gather, renewed our commitment to trauma-informed care, and began restoring the trusted pathways that connect young people to support.

EXPANDING SUPPORT:

A bright spot in this year of transition was the increased investment in youth homelessness prevention across Minnesota. In 2023, we joined advocates across the state in supporting the passage of the Pathways Home Act—a historic piece of legislation made possible by the state's budget surplus. This act infused critical funding into the homeless prevention and response system, allowing organizations like Move Forward to strengthen and grow our services for youth.

LOOKING AHEAD WITH HOPE:

As we move forward, we do so with the knowledge that true progress comes not just from surviving challenges, but from growing through them. The lessons of the past year have strengthened our foundation and sharpened our focus on what matters most: ensuring that every young person has the support they need to thrive.

To our supporters, partners, volunteers, and donors—thank you. Your belief in our mission continues to be a source of inspiration and strength. Together, we are not only rebuilding what was lost, but laying the groundwork for a more connected, compassionate future. With gratitude and hope,



WITH GRATITUDE AND HOPE,

Angela Gauthier

WHO WE ARE:

Move Forward is a nonprofit organization in Minnesota offering free, trauma-informed services for at-risk youth ages 11-24 and their families in the West Metro. Since 1990, we've supported over 7,000 young people through youth outreach services, case management, mental health care, crisis intervention, and transitional housing programs. Whether you're facing homelessness, family conflict, or mental health struggles, we meet you where you are—with no judgment and no barriers.

As the only organization in the West Metro combining free therapy, youth homeless prevention, and case management, we walk alongside youth and families as they move toward safety, stability, and hope.



WHO WE SERVE:

- Move Forward services are focused in Hennepin County's western suburbs.
- Primarily Hopkins, Eden Prairie, and St. Louis Park school districts.
- Provide services to the following:
 - Youth ages 11- 24 years old who are at risk of or experiencing homelessness and/or are under or uninsured.
 - Families with school age children who are experiencing housing instability.
 - 84% of youth we serve identify as BIPOC
 - 15% identify as LGBTQIA+

OUR STORY:

Formerly known as Teens Alone, Move Forward was founded by school social workers who saw a growing need for crisis intervention and youth housing in Minnesota's western suburbs. Our roots are in school-based youth outreach services, but our work has grown to include crisis stabilization, drop-in center support, and housing programs for young adults.

We've helped over 7000 youth find stability in the face of family conflict, school challenges, homelessness, and mental health struggles.

*breaking barriers,
building futures*

OUR MISSION:

Move Forward breaks down systemic barriers to housing and mental health care, building safety and stability for youth and families in the West Metro community.

OUR CORE VALUES:

The foundation of everything we do

*Our core values are based on the 9 Evidence-Based, Guiding Principles to Help Youth Overcome Homelessness.

JOURNEY-ORIENTED

Your past is part of your story, but it doesn't define your future—we're here to help you move forward.

TRAUMA INFORMED

We understand how trauma shapes lives, so we create safe, supportive spaces for healing and growth.

NON-JUDGEMENTAL

No shame, no labels—just support, understanding, and a belief in you.

HARM REDUCTION

We focus on safety first, meeting youth where they are while working toward long-term solutions.

TRUSTING YOUTH-ADULT RELATIONSHIPS

We show up, stay consistent, and build trust—because real support starts with real relationships.

POSITIVE YOUTH DEVELOPMENT

Every young person deserves to feel valued, capable, and in control of their own future.

STRENGTHS-BASED

You have strengths, skills, and resilience—we see them, celebrate them, and help you build on them.

HOLISTIC

We support the whole person—mind, body, and spirit—because everything is connected.

COLLABORATION

We bring together youth, families, and communities to create lasting change, together.

YOUTH MENTAL HEALTH SERVICES



At Move Forward, we provide no-cost, low-barrier mental health services for young people navigating life's hardest moments. Whether it's depression, anxiety, grief, family conflict, or trauma, our licensed and master's level therapists meet youth where they are—literally and emotionally. We work with youth in middle and high schools (grades 6–12), as well as young adults ages 18–24 who are experiencing homelessness or living with disabilities.

In addition, when schools face a crisis—like the loss of a student, a violent incident, or a major threat—our team responds quickly with emotional support, crisis counseling, and trauma debriefing for both students and staff.

WHAT WE ACCOMPLISHED:

Expanded our therapy program in FY2024 to add a therapist who specializes in mental health services for youth experiencing homelessness. This therapist works in tandem with our homeless prevention and response programs to ensure youth have access to cost free and low barrier services.

The impact:



IN 2023, 124 YOUTH received individual and group therapy.



IN 2024, 170 YOUTH received cost free mental health services.



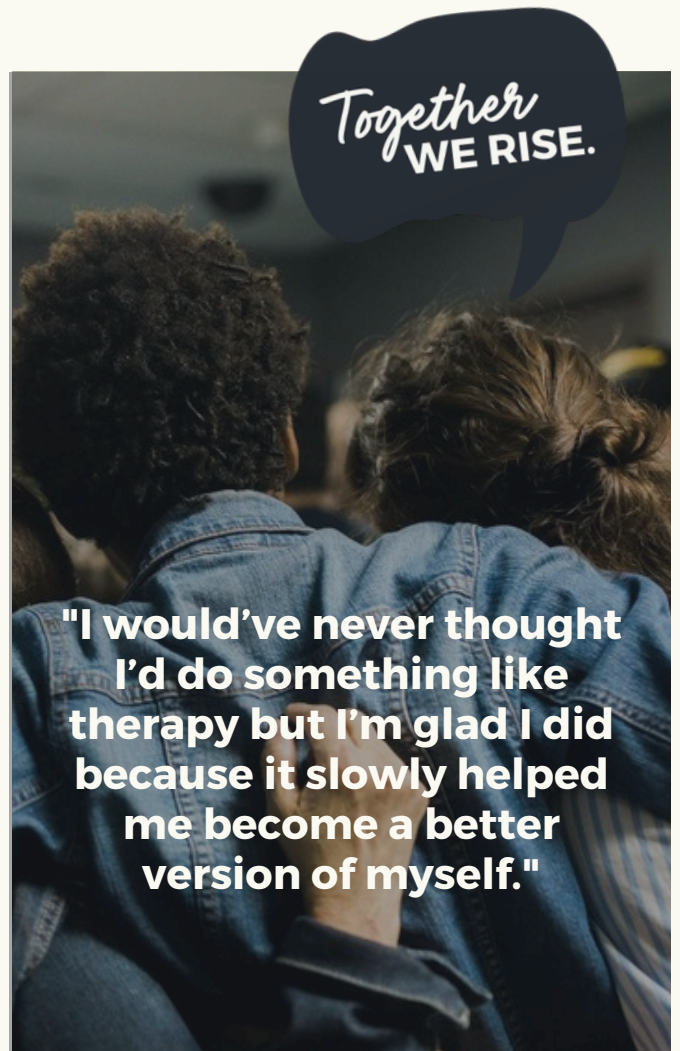
954 mental health services provided to reduce psychosocial difficulties.



67% reported the program helped them plan ahead and make good choices and helped them see their life had purpose.



62 YOUTH received immediate support during times of transition & crisis.



TRANSITIONAL LIVING PROGRAM

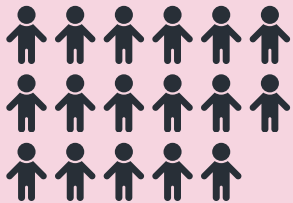


Our Transitional Living Program (TLP) provides youth transitional housing and wraparound support for 18–24-year-olds at imminent risk of or experiencing homelessness. With 16 scattered-site apartments, TLP serves 20 young people— some of whom are young single parents—helping them move from crisis to long-term stability. Participants choose their own affordable apartment, sign a lease, and receive a partial rent subsidy for up to three years, all while building independent living skills and financial resilience.

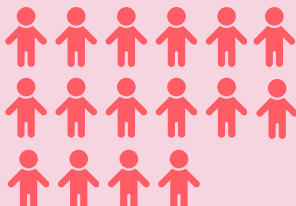
WHAT WE ACCOMPLISHED:

FY2024 Expanded TLP Program by adding 4 units (12 to 16) designated for youth led families. We also expanded the rental subsidy period from 24 to 36 months.

The impact:



**IN 2023,
17 YOUTH**
received stable
housing & case
management



**IN 2024, 12
YOUTH
(INCLUDING 4
YOUTH PARENTS)**



received stable
housing & case
management



85%
increased their income from
employment



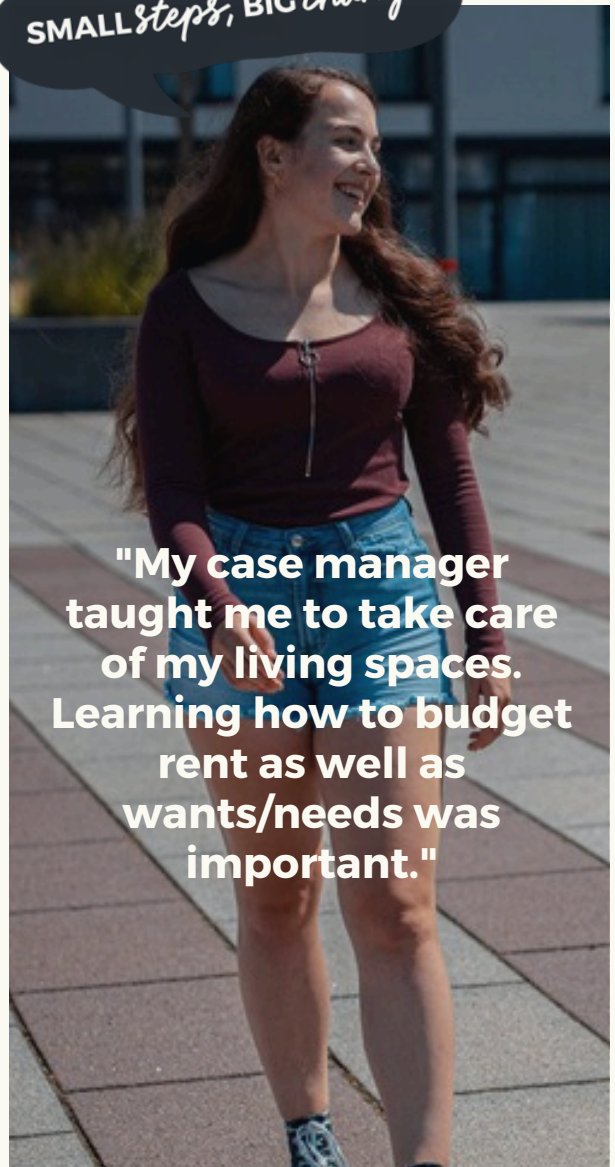
100%
were stably housed at program
exit and 6 months later



80%
improved on a goal related to
family or social support.

SMALL steps, BIG change.

**"My case manager
taught me to take care
of my living spaces.
Learning how to budget
rent as well as
wants/needs was
important."**



YOUTH OUTREACH, CASE MANAGEMENT AND DROP-IN SERVICES:



Our drop-in center for youth located in Hopkins offers a safe place to eat, clean up, and rest—while also providing walk-in youth outreach services, case management, and mental health support. Through proactive school and street outreach, we locate youth, connect them to resources, and guide them toward stable shelter and housing.

The impact:



IN 2023, 57 YOUTH

received ongoing case management services through our drop-in & outreach program.



IN 2024, 337 YOUTH

received services through drop-in and outreach services.



95%

receiving homelessness case management were successfully connected to at least one key resource such as shelter, housing, food, medical care, and vital documents.

SCHOOLS TO HOUSING PROGRAM

*Launched in
November 2023*



is a collaborative initiative that improves housing security for families of PreK - 12th grade students in the Eden Prairie and Hopkins School Districts who are at imminent risk of homelessness. School staff identify students and families, Hennepin County assesses for eligibility and provides financial assistance, and Move Forward provides case management to assist each family in locating safe, stable and affordable housing, maintaining tenancy, and connecting to stabilizing resources. Many of the participating families are recent immigrants and refugees; the program prevents the trauma of homelessness, keeps families safely housed, and keeps children in school. Services are offered in both English and Spanish.



26 FAMILIES

received case management services to maintain stable housing.

100%

maintained or increased their income while in the program.

100%

of families reported stable housing at program exit.

FYE 2023-2024 FINANCIALS

STATEMENT OF FUNCTIONAL EXPENSES:	FY23					FY24				
	Program Services	Supporting Services			Total:	Program Services	Supporting Services			Total:
		Management & General	Fundraising	Total Support Services			Management & General	Fundraising	Total Support Services	
SALARIED & RELATED EXPENSES										
Staff Salaries	\$406,835	\$45,259	\$7,803	\$53,062	\$459,897	\$372,692	\$130,981	\$22,534	\$153,515	\$526,207
Employee benefits	\$43,702	\$3,989	\$688	\$4,677	\$48,379	\$35,143	\$12,351	\$2,125	\$14,476	\$49,619
Payroll taxes	\$36,642	\$3,345	\$577	\$3,922	\$40,564	\$36,309	\$12,761	\$2,195	\$14,956	\$51,265
TOTAL SALARIES & RELATED EXPENSES	\$487,179	\$52,593	\$9,068	\$61,661	\$548,840	\$444,144	\$156,093	\$26,854	\$182,947	\$627,091
EXPENSES										
Contracted services	\$159,888	\$7,373	\$19,502	\$26,875	\$186,763	\$22,716	\$7,983	\$20,114	\$28,097	\$50,813
Donated facilities	\$37,282	\$3,404	\$587	\$3,991	\$41,273	\$27,734	\$9,747	\$1,677	\$11,424	\$39,158
Insurance	\$8,504	\$776	\$134	\$910	\$9,414	\$8,845	\$3,109	\$535	\$3,644	\$12,489
Dues & subscriptions	\$16,644	\$1,519	\$262	\$1,781	\$18,425	\$19,771	\$6,948	\$1,195	\$8,143	\$27,914
Printing	\$1,018	\$93	\$16	\$109	\$1,127	\$769	\$1,342	\$47	\$1,389	\$2,158
Office supplies	\$6,630	\$605	\$104	\$709	\$7,339	\$4,994	\$8,706	\$302	\$9,008	\$14,002
Postage	\$1,123	\$103	\$18	\$121	\$1,244	\$160	\$279	\$10	\$289	\$449
Professional services	-	\$16,825	-	\$16,825	\$16,825	\$24,035	\$8,447	\$21,282	\$29,729	\$53,764
Rental assistance	\$59,709	-	-	\$0	\$59,709	\$91,316	-	-	-	\$91,316
Telephone & internet	\$8,091	\$739	\$127	\$866	\$8,957	\$4,754	\$1,670	\$287	\$1,957	\$6,711
Travel	\$1,932	\$176	\$30	\$206	\$2,138	\$2,201	\$773	\$133	\$906	\$3,107
Miscellaneous	\$5,237	\$477	\$82	\$559	\$5,796	\$5,073	\$1,783	\$307	\$2,090	\$7,163
TOTAL EXPENSES	\$793,237	\$84,683	\$29,930	\$114,613	\$907,850	\$656,512	\$306,880	\$72,743	\$279,623	\$936,135
PERCENTAGE OF BUDGET	87.38%	9.33%	4.56%	12.62%		70.13%	32.78%	7.77%	29.87%	

STATEMENT OF ACTIVITIES	FY23			FY24		
	Without Donor Restrictions	With Donor Restrictions	Total	Without Donor Restrictions	With Donor Restrictions	Total
SUPPORT & REVENUE						
Contributions	\$ 362,991	\$ 62,641	\$ 425,632	\$ 178,510	\$ 290,600	\$ 569,110
Government grants & contracts	\$ 370,417	\$ 12,500	\$ 382,917	\$ 687,811	\$ 21,250	\$ 709,061
Special events	\$ 19,644	\$ -	\$ 19,644	\$ 1,130	\$ -	\$ 1,130
In-kind contributions	\$ 1,301	\$ -	\$ 1,301	\$ 889	\$ -	\$ 889
TOTAL SUPPORT	\$ 754,353	\$ 75,141	\$ 829,494	\$ 868,340	\$ 311,850	\$ 1,280,190
OTHER REVENUE						
Investment Income	\$ 2,858	\$ -	\$ 2,858	\$ 3,118	\$ -	\$ 3,118
Miscellaneous Income	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
TOTAL OTHER REVENUE	\$ 2,858	\$ -	\$ 2,858	\$ 3,118	\$ -	\$ 3,118
NET ASSETS RELEASED FROM RESTRICTIONS	\$ 238,556	\$ (238,556)	\$ -	\$ 273,127	\$ (273,127)	\$ -
TOTAL SUPPORT & REVENUE	\$ 995,767	\$ (163,415)	\$ 832,352	\$ 1,144,585	\$ 138,723	\$ 1,283,308
EXPENSES						
Program Services	\$ 656,512	\$ -	\$ 656,512	\$ 1,006,347	\$ -	\$ 1,006,347
Management & General (support services)	\$ 206,880	\$ -	\$ 206,880	\$ 154,513	\$ -	\$ 154,513
Fundraising - (support services)	\$ 72,743	\$ -	\$ 72,743	\$ 68,453	\$ -	\$ 68,453
TOTAL EXPENSES	\$ 936,135	\$ -	\$ 936,135	\$ 1,229,313	\$ -	\$ 1,229,313
Change in Net Assets	\$ 59,632	\$ (163,415)	\$ (103,783)	\$ (84,728)	\$ 138,723	\$ 53,995
Net Assets, July 1 (as Restated)	\$ 91,808	\$ 400,113	\$ 491,921	\$ 151,440	\$ 236,698	\$ 388,138
Net Assets, June 30	\$ 151,440	\$ 236,698	\$ 388,138	\$ 66,712	\$ 375,421	\$ 442,133

FYE 2023-2024 FINANCIALS

STATEMENT OF FINANCIAL POSITION	FY23	FY24
CURRENT ASSETS		
Cash and cash equivalents	\$229,438	\$213,390
Accounts receivable	\$120,947	\$280,512
Prepaid expenses	\$8,824	\$9,511
TOTAL CURRENT ASSETS	\$359,209	\$503,413
NONCURRENT ASSETS		
Investments		
Rent free use of facility, net of present value discount	\$73,844	\$36,981
TOTAL NONCURRENT ASSETS		
TOTAL ASSETS	\$433,053	\$540,394
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Accounts payable	\$27,750	\$45,311
Accrued expenses	\$17,165	\$9,950
Accrued retirement		
Line of Credit	-	\$43,000
TOTAL CURRENT LIABILITIES	\$44,915	\$98,261
NET ASSETS		
NET ASSETS WITHOUT DONOR RESTRICTION		
Undesignated	\$151,440	
Designated	-	
TOTAL NET ASSETS WITHOUT DONOR RESTRICTION	\$151,440	\$66,712
Net assets with donor restrictions	\$236,698	\$375,421
TOTAL NET ASSETS	\$388,138	\$442,133
TOTAL LIABILITIES & NET ASSETS	\$433,053	\$540,394

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STATEMENT OF FINANCIAL POSITION	FY23	FY24
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Accounts receivable	\$120,947	\$280,512
Prepaid expenses	\$8,824	\$9,511
TOTAL CURRENT ASSETS	\$359,209	\$503,413
NONCURRENT ASSETS		
Investments		
Rent free use of facility, net of present value discount	\$73,844	\$36,981
TOTAL NONCURRENT ASSETS		
TOTAL ASSETS	\$433,053	\$540,394
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Accounts payable	\$27,750	\$45,311
Accrued expenses	\$17,165	\$9,950
Accrued retirement		
Line of Credit	-	\$43,000
TOTAL CURRENT LIABILITIES	\$44,915	\$98,261
NET ASSETS		
NET ASSETS WITHOUT DONOR RESTRICTION		
Undesignated	\$151,440	
Designated	-	
TOTAL NET ASSETS WITHOUT DONOR RESTRICTICION	\$151,440	\$66,712
Net assets with donor restrictions	\$236,698	\$375,421
TOTAL NET ASSETS	\$388,138	\$442,133
TOTAL LIABILITIES & NET ASSETS	\$433,053	\$540,394

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Development & Communications
Governance & Nominating

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Interactive Content Manager

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FY2023 CORPORATE/FOUNDATION DONATIONS

\$50,000+

Mizpah United Church of Christ
Otto Bremer Trust

\$25,000 TO \$49,999

Curtis L. Carlson Family Foundation
Nexus Foundation

\$5,000 TO \$24,999

CH Robinson
City of Eden Prairie
City of St. Louis Park
Fingerhut Family Foundation
Foundation for Eden Prairie Schools
Hennepin South Services Collaborative
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Pax Christi Catholic Community
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SLP Family Services Collaborative
Surdna Foundation, Inc
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\$1,000 - \$4,999

Barrett Family Foundation
Beth El Synagogue
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Google - Match for Michael McDonald
Hopkins American Legion Unit 320
Minnetonka Rotary Club
Refine Wealth Strategies
SalesForce (Match for Jerry Crary)
SalesForce (Match for Karen Feder)
SFM Mutual Insurance Company
Ronald Fingerhut Family Foundation
Spirit of Christ Community Lutheran Church
Target (Caren Seenauth- Board Service Award)
Varde Partners (Match For Tom O'Reily)
Wells Foundation
Wayzata School District Community Ed

\$500 - \$999

Geneva Capital Holdings LLC
Hopkins-Spence Giving Fund
The Riverbridge Partners Community Fund
Troop #17496

OUR SUCCESS IS BECAUSE OF YOU.

Because of your support, young people are healing from trauma, accessing mental health care, building careers, and finding a place to call home.

FY2023 INDIVIDUAL DONATIONS

\$5,000+

Parker, Holly & Jeffrey
Sherred, Ruth & Dan

\$1000-\$4,999

Crary, Jerry
Feder, Joel & Karen
Bell, Becky & Tracie
Betcher, Marcia & Randy
Black, Virginia K.
Boyd-Estall Family Fund
Hanke, Larry & Rott, Roberta
Johnson, Butch & Kraut, Billie
Larson, Marilyn
McDonald, Michael
O'Reilly, Patricia
Paul, Annie
Penningroth, Paul
Pointer, Bobbi
Rondoni Tavernier, Anne
Hanke, Larry & Rott, Roberta
Scharenbroich, Susan & Mark
Thorpe, Diane & Timothy
Walzer, Keesha
Walzer, Matthew
Weller, Patricia

\$500-\$999

Bland, Dick
Walzer, Keesha
Turgeon, Geoff
Corens, Kenneth & Margaret
Fiedler, Laura
Frary Carlson, Heather
Goerges, Jason
Keenan, Keven & Margaret
Koch, James
Locketz, Seth
Markle, Lee
Otten, Clifford
Miles, Sally & William

OUR SUCCESS IS BECAUSE OF YOU.

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FY2024 CORPORATE/FOUDNATION DONATIONS

\$250,000+

Pohlad Family Foundation

\$50,000 - \$249,999

Curtis L. Carlson Family Foundation
Otto Bremer Trust

\$25,000 - \$49,999

K.A.H.R .Foundation

\$5000 - \$24,999

The Beverly Foundation
City of Eden Prairie
Richard M. Schulze Family Foundation
Eden Prairie Community Foundation
Pax Chrisiti Catholic Community
Foundation for Eden Prairie Schools
CH Robinson

\$1,000 - \$4,999

Minnetonka Rotary Club
Eden Prairie Lioness
St. Andrew Benevolence Fund
Hennepin South Services Collaborative
SLP Family Services Collaborative

\$500 - \$999

Eden Prairie AM Rotary

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FY2024 INDIVIDUAL DONATIONS

\$5,000+

Hanke, Larry Hanke & Rott, Roberta

\$1000-\$4,999

Fingerhut, Gigi & Ron

Thorpe, Diane & Tim

Pointer, Bobbi & Todd

Johnson, Butch & Kraut, Billee

Frary Carlson, Heather

Parker, Holly & Jeff

Barratt Family Foundation

Penningroth, Paul

Betcher, Randy

Boyd, Shirely & Estall, John

\$500-\$999

Feder, Joel & Karen

Osterkamp, Lance & Maren

Schmidt, Cheryl

Roberts, Martha

De Vera, Jake & Nico

Black, Richard & Virginia

Otten, Clifford

Koch, James

Jodock, Jan

Schweers, Jackie & Jackie

Bowman, Bruce & Kathy

O'Reilly, Patty & Tom

Keenan, Kevin & Margret

Larson, Marilyn & WB

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