

SAI AASHRAYA TRUST



# ANNUAL REPORT 2025-26





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# From The Founder's Desk



**SAI PRASAD  
VENKATCHALAM**

Founder - Sai Aashraya Trust

Namaskaar!

Nine years ago, a little girl from Syria asked one of us a simple question: "Do you also serve food to children like us in India?" That little Angel lit a spark of Love in our hearts, and that is how Sai Aashraya's Mission of Love and Service began. We are still answering her question every day.

The past year, 2025–26, has been the most demanding of our journey so far. It has also been one of the most fulfilling. As we write this, the hospital we have carried in our hearts for so long is nearly ready to open. At the same time, in schools, villages and cities far apart, all our other Seva Projects carried on as before.

Much of our energy this year went into Sai Aashraya Super Speciality Hospital (SASSH) at Vemagal, Kolar District. Over these twelve months, we have seen our Temple of Healing move steadily towards completion. All four blocks are complete, and the operating theatres, intensive care units, laboratories and Central Seva Kitchen are now being tested and commissioned. This 400,000 sq. ft. world-class facility will soon be ready for full-fledged operations.

There were delays along the way, and some hard decisions. Each time, we chose quality over speed. We kept asking ourselves whether something was good enough for the very first child who will undergo surgery here. That question settled most of our debates.

The question we are asked most often is, "When is the inauguration?" Our answer is always the same: we are nearing commissioning. The inauguration will happen, but this institution has to stand the test of time and serve the millions of people who will walk through its doors. So we are making sure that everything is impeccable before we open, and the delays are part of that journey.

As of today, we expect to be up and running by the end of 2026. Our team is working tirelessly to be ready in every respect, and we will be getting all the licences needed to begin operations.

What moves us most are the people. Many who first came to us as professionals, in architecture, design, IT and hospital systems, stayed on as volunteers and are today part of the Sai Aashraya family. Our core team of doctors, nurses and technicians has now come together, and nearly three-fourths of them will serve in an honorary capacity. Once open, this 220-bed Temple of Healing will offer Paediatric and Adult Cardiac Care and Mother & Child Care, completely free of cost. No Bill; Only Dil.

Even with so much focus on the hospital, none of our other Seva Projects slowed down. In fact, some of them have expanded. We are grateful to every volunteer and team member who made this possible.

Breakfast Seva now serves nearly 2,500 children in 10 schools, and more than 2.8 million breakfasts had been served by June 2026. Once again, there were no dropouts in these schools this year. We have also begun serving lunch where there is a need. At two schools near the hospital, senior students were going without a midday meal, and today more than 700 of them are served a fresh, cooked lunch. In the coming year, Breakfast Seva will expand further into rural areas around Kolar District.

Our screening camps continued to find children with congenital heart disease, sometimes long before any major symptom appeared. These children are now being empanelled for surgery at SASSH. At Sai Aashraya Adarsh Gram, the monthly Medicare Camp recorded more than 2,500 consultations this year, with patients coming from nearly 20 villages. In Arunachal Pradesh, when our doctors could not travel, telemedicine kept care going for about 300 patients in each session. Our Sociocare teams helped workers and families enrol in government welfare schemes, and our volunteers in the USA served at least 500 people every day in Oakland, Dallas and San Francisco.

A young boy at one of our schools recently told us, "Amma, we will become doctors in your hospital!" We think of his words often. They remind us that Seva, offered with Love, comes full circle.

In this Annual Report, you will find updates from all our Seva Projects, along with our financial statements for the year. We share them so that everyone who has placed their trust in Sai Aashraya can see how their support has been used. Beyond this Annual Report, we would like to stay in touch with you through the year. For this, we have started Sai Aashraya - Chronicles of Love, our journal on Substack. Hridaya Spandanam now continues there, along with regular updates from our Seva Projects, experiences of our volunteers and the communities we serve, and reflections from Seva. Please do subscribe at [SaiAashraya.substack.com](http://SaiAashraya.substack.com).



As always, it has been moving to see that a very significant part of the support for our hospital has come from ordinary middle-class and lower-middle-class families. Many of them are our own patients. Vegetable vendors. Fruit vendors. Flower sellers. Daily-wage earners. Brothers and sisters working in the unorganised sector, for whom every single rupee matters.

As of today, it has been our Sowbhaagyam (great good fortune) to see, touch and serve more than 3.6 million lives over the past nine years. Every child, patient and elder we have met has taught us something that will stay with us for life. We firmly believe that we are not merely helping others. It is through this Seva that we are being transformed. The true gift of Seva is the change it brings to our own hearts, helping us discover who we really are.

All of us in Team Sai Aashraya convey our heartfelt Gratitude to our donors and CSR partners, the Indian Army, the Government of India, the Government of Karnataka and other State Governments, the District Administrations and every government department that has worked alongside us, and to all our volunteers. Every one of you is an integral part of this Mission of Love and Service.

As SASSH prepares to open its doors, we wholeheartedly welcome you to be a part of this living, breathing Mission of transformation. Volunteer with us, support a Seva Project, or simply share news of this Seva with others. Let us all work hard together as one team to realise this one dream that all of us share.

Namaskaar! Jai Hind!

With Abundant Love,

Sai Prasad Venkatachalam

Founder Trustee, Sai Aashraya Trust



# SAI AASHRAYA – AN OVERVIEW



Sai Aashraya is a non-profit organisation headquartered in Bengaluru, India. Our Seva initiatives, centred around the four pillars of Food & Nutrition, Medicare, Educare and Sociocare, have touched millions of lives over the last nine years. Here is a brief introduction to our organisation.



## VISION & MISSION

At Sai Aashraya, we believe that true service transcends mere charity; it is a holistic embrace. Sai Aashraya's work is centred around the following four pillars:

- **Food & Nutrition:** Nourishing the body and igniting the mind
- **Medicare:** Delivering state-of-the-art healthcare with Love
- **Educare:** Illuminating minds and enriching hearts
- **Sociocare:** Empowering communities

Through the various Seva initiatives undertaken under these four pillars, we aspire to achieve:

- **समता (Samata)**—Equality
- **समग्रता (Samagrata)**—Integrity
- **समैक्यता (Samaikyata)**—Unity
- **सौभ्रातृत्व (Saubhratritva)**—Fraternity

Achieving these ideals in every location where we serve is our vision. These four ideals are the hallmarks of a self-reliant society and are pivotal to achieving Global Harmony and Universal Peace. This is our guiding philosophy, and we strive to play our humble role in humanity's collective efforts to make our world a better place to live in.

All of Sai Aashraya's Seva Projects take the highest-quality Seva offerings to the doorsteps of people living in some of the most underserved, diverse and challenging locations. "Love All, Serve All" is the Mission that Sai Aashraya is on.

"To Love All - Serve All." By operating within the framework of these four pillars in every project, we successfully provide holistic care, enabling growth and self-sustainability for families and entire communities.



Sai Aashraya was born out of one heartfelt question that a little Syrian girl asked one of us: “Are there children like us in India too? Do you also serve food to children like us in India?” That one question, straight from the heart of that little Angel, lit the spark of Love in our hearts, and Sai Aashraya was born.

**WHAT BEGAN AS A WHISPER OF EMPATHY HAS NOW BECOME A RESOUNDING CHORUS OF LOVE, TOUCHING MILLIONS OF LIVES ACROSS BHARAT AND BEYOND.**

## TRANSFORMATIVE IMPACT CREATED OVER THE LAST 8 YEARS



**8.5 + Million**  
Fresh Nutritious  
Meals Served



**1,30,000 +**  
Patients treated with  
Holistic Medicare



**6**  
Villages Adopted  
under SAVIP –  
**Sai Aashraya Village  
Integrated Programme**



**10**  
Schools with  
2,000 children  
being enriched



**2.8 + Million**  
Lives touched  
over the last  
8 years



# SAI AASHRAYA SEVA PROJECTS



## Breakfast Seva

Breakfast Seva, one of the Seva Projects closest to all our hearts, continues to gather tremendous momentum. With 10 schools and nearly 2,500 children under our wings, we feel immensely Blessed to be a part of the journey of these young minds whose dreams hold so much promise for the future.

While breakfast was the starting point, the real essence of this initiative has always extended far beyond the morning meal. At its heart is Educare, which is education that combines learning with human values and nurtures both the mind and the heart.



The journey has taken time, patience and consistent engagement. Today however, we see the children radiating confidence and taking small but meaningful steps towards becoming role models within their schools, families and communities. Empathy has taken root in their hearts, and many of them already speak about caring for others and giving back to society when they grow older. With the loving guidance of our experienced volunteers, the children are steadily blossoming into compassionate, confident and responsible individuals.

Remarkably, there have been no dropouts in the schools we serve this year as well. In fact, several schools have witnessed a substantial increase in new admissions. One mother shared with us that the assurance of at least one fresh and nutritious meal every day gave her the confidence to enrol her child in school. Her words reminded us that a simple meal, when offered consistently with Love, can open the door to an entire lifetime of learning.

To learn more about this first Seva Project of Sai Ashraya please visit <https://SaiAshraya.org/Breakfast-Seva>

Every day, the children and their families overwhelm us with heartfelt expressions of happiness and gratitude. Attending school has now become a source of anticipation and joy for many of these children. This is a big change from the time when hunger weighed upon them through the morning as they waited for their first meal of the day.

Our dedicated volunteers have become not only educators, but also loving mentors who listen to the children, understand their challenges and respond to their immediate needs. The transformation is seen clearly in every classroom and school corridor. Breakfast Seva has brought warmth, belonging and renewed enthusiasm into the school day, turning every morning into a celebration of togetherness.



## 2.8 + Million

Fresh and Nutritious breakfast meals served to children through Breakfast Seva as of May 2026

One young boy recently shared that Breakfast Seva had given the children a much larger family and the confidence to dream big. We regularly witness older students taking care of the younger children, helping them during mealtimes and reassuring them that school is a place where they will be loved and supported. These seemingly simple moments become lasting memories. They remind us that Breakfast Seva is nurturing not only education, but also belonging, aspiration and empathy in these ignited minds with golden hearts. A divine combination indeed!

Senior students, carefully trained by our volunteers in the spirit and discipline of Seva, now take responsibility for managing the serving counters. They choose to eat only after every child has been served. Watching the older students take care of the younger ones, sometimes feeding them by hand and encouraging them to stay in school, is a reflection of the family spirit that has grown through Breakfast Seva.

FRESH AND HEALTHY MEALS ARE PREPARED WITH LOVE EVERY MORNING IN SAI AASHRAYA'S CENTRAL SEVA KITCHEN BY OUR DEDICATED TEAM OF CHEFS BY FOLLOWING THE HIGHEST STANDARDS OF HYGIENE AND NUTRITION. THE MEALS ARE THEN TRANSPORTED TO THE SCHOOLS THROUGH SAI AASHRAYA'S FOOD VEHICLES, WHERE OUR VOLUNTEERS LOVINGLY COORDINATE THE SERVING.

# TRANSFORMATION

The transformation in the behaviour, attitude and outlook of our students has been remarkable. With each passing year, we see young minds blossoming into compassionate, confident and responsible individuals. Parents frequently approach us with gratitude, sharing their happiness at seeing their children grow in the right direction.

Their academic progress reflects this inner transformation. Many children have performed beyond expectations in their examinations. Yet, their growth cannot be measured by marks alone. It can be seen in the resilience with which they face challenges, the kindness they show towards one another and the confidence with which they now look towards the future.

When financial constraints threatened to interrupt the education of some students, our Trustees and volunteers counselled their families and extended the support required for them to continue their studies. Together, we stand beside these children as an extended family, united in our commitment to nurturing their education, character and dreams.



Over the years, we have also had the joy of watching several children from underserved communities complete their schooling and move forward into college education. Having mentored them through some of the most formative years of their lives, Sai Aashraya continues to support them through educational assistance, counselling and personal guidance.

It is very moving to see these children, once uncertain about whether they would be able to continue their education, now preparing themselves for purpose filled careers. Many of them have expressed their heartfelt desire to return and serve in Sai Aashraya's institutions after completing their studies. They wish to offer other children the same encouragement and opportunities that they themselves received. In their aspirations, we see a beautiful circle of Seva taking shape, where those who were once supported become the ones who support and uplift others.



# EXTENDING OUR SEVA FROM BREAKFAST TO LUNCH



In addition to Breakfast Seva, we have now expanded our food and nutrition initiatives to provide lunch at two schools situated approximately half an hour from Sai Aashraya Super Speciality Hospital. Students in Classes 11 and 12 at these schools remain on campus until late in the evening. As no government programme or other organisation was supporting their midday meal requirements, many of them had to continue through a long academic day without adequate nourishment. When we learnt of this need, Sai Aashraya immediately took up the responsibility. Today, more than 700 students at these two schools are served a fresh, healthy and nutritious cooked lunch prepared in our Seva Kitchen.

Our interactions with these students have been particularly inspiring. When we asked them about their aspirations, their responses reflected their close connection with the communities in which they had grown up. Some wished to pursue agricultural sciences and contribute to better farming practices. Others aspired to study veterinary sciences, nursing or enter the administrative services.



Although their chosen paths were different, a common purpose united them all. Each wished to serve society and express gratitude for the support and opportunities they had received. Their clarity, humility and sense of responsibility moved our hearts. Sai Aashraya will continue to mentor these children and actively explore opportunities to support their higher education, helping them transform these noble aspirations into reality.

Dear Readers, we feel compelled to revisit an experience shared in our previous newsletters, for its message continues to remain alive in our hearts. A mother once spoke to us about her unfulfilled desire to provide the very best for her child, a dream constrained by the difficult circumstances she faced. Her prayer to the Universal Mother was answered through the collective efforts of Sai Aashraya.

In us, she found an extended family. She described Sai Aashraya as **"Maa Certified,"** a title that all of us connect with. To witness the indescribable happiness in a mother's eyes as her child grows, learns and thrives is the most precious certification we could ever receive. It continues to strengthen our dedication every single day.

# 2,500

Children are part of our  
Everyday Breakfast Seva



As the academic year progresses, the children are becoming increasingly interactive and opening their hearts to us in ways that leave us moved beyond words. Recently a young boy approached us with tears in his eyes and said:

**“YOU ARE NO DIFFERENT FROM OUR PARENTS. WHILE THEY WORK TIRELESSLY, GOD HAS SENT YOU TO CARE FOR US. WE PROMISE THAT WHEN WE GROW UP, WE WILL SERVE CHILDREN JUST AS YOU DO. AMMA, WE WILL BECOME DOCTORS IN YOUR HOSPITAL!” – THESE INNOCENT YET POWERFUL WORDS REMIND US WHY WE DO WHAT WE DO.**

Another memory remains etched in our hearts as a reminder of the innocence and generosity of children. Around this time a few years ago, a young boy approached us clutching a small envelope in his tiny hands. With a tender smile, he said, **“Akka, this is for Sai Aashraya.”** When we opened the envelope, we found ten, twenty and fifty rupee notes, together with a handful of coins. As we looked up, a tear glistened on his cheek and his face was flushed with emotion. He said: “This is our last week at school, and we wanted to make a humble contribution to Sai Aashraya so you can continue serving breakfast to our juniors. Over the past year, we saved this money by skipping small treats like chikkis, kulfis and buns. This is our first contribution as a group. All we want to be when we grow up is like you. Whether we become engineers, doctors or join the Army, everything we have learned from you will stay with us forever.” His words spoken with such sincerity and Love, reminded us that real impact lies in the values we inspire. The Love, trust and dreams of these children encourage us to continue serving with even greater dedication.

The continued growth of Breakfast Seva has been made possible through the generous support of organisations that believe in the importance of nourishing and educating children. We remain especially grateful to Visa and NTT DATA for their valuable support towards this Seva Project. Their partnership has strengthened our ability to serve fresh and nutritious meals consistently and to reach more children in need.

What has made this association even more wonderful is the wholehearted participation of their team members as volunteers. They have come forward not only to support the initiative, but also to personally take part in Seva, interact with the children and experience the spirit of Breakfast Seva firsthand. Their enthusiasm, humility and willingness to serve have brought immense happiness to the children and to all of us at Sai Aashraya.

We convey our heartfelt gratitude to Visa, NTT DATA and every organisation and volunteer who has walked alongside us on this journey. Their support is helping us nurture healthier children, strengthen their education and give them the confidence to dream of a brighter future. We look forward to expanding this Seva Project further and to receiving the continued support of these organisations in the times to come.

Imagine a child who once saw going to school as only a dream, now sitting in a classroom with bright eyes, eagerly awaiting a nutritious meal and looking forward to a future filled with opportunities. Such moments reaffirm our belief that true education goes far beyond textbooks. It nourishes the mind, strengthens character and enriches the heart.

**WITH LOVE AS OUR GUIDING LIGHT, THIS JOURNEY OF INNER TRANSFORMATION CONTINUES, ONE STUDENT, ONE STORY AND ONE DREAM AT A TIME.**

10

Schools Adopted for Breakfast  
Seva Program as of June 2026



# Medicare Seva

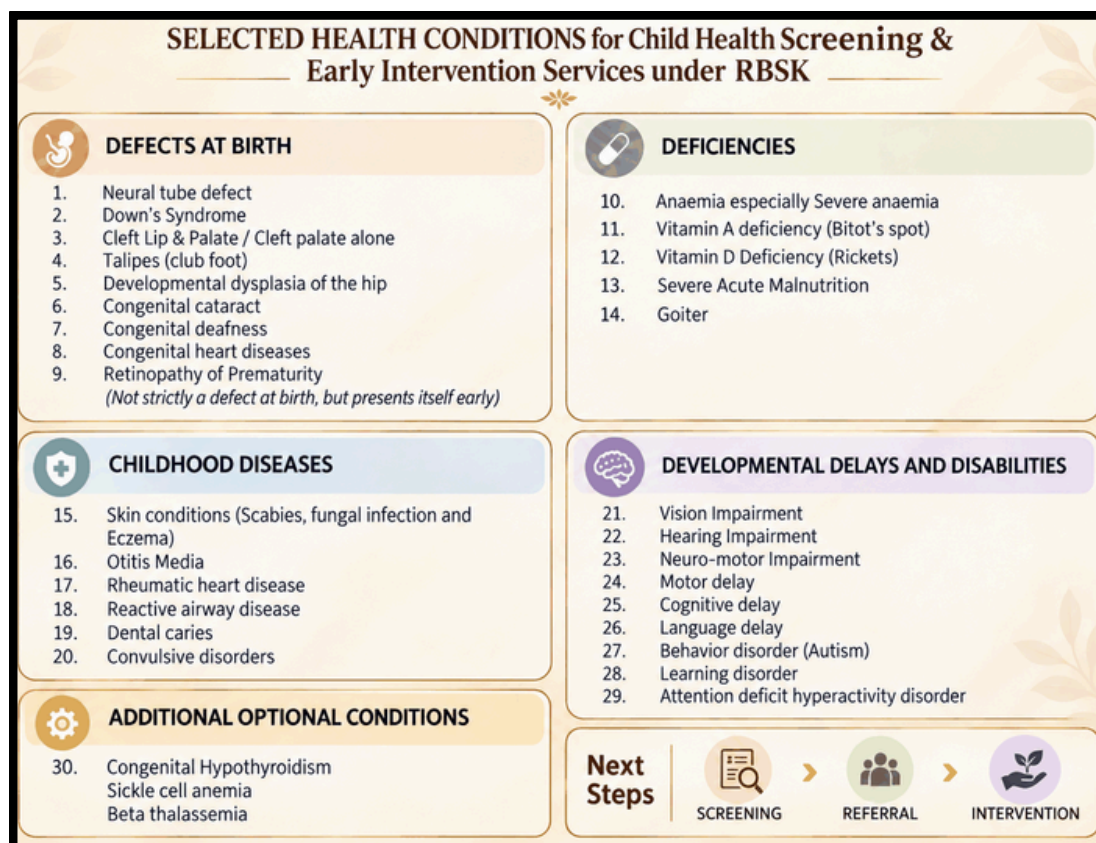


Congenital Heart Disease (CHD) is the most frequently occurring congenital disorder and has been reported to account for approximately 28 per cent of all congenital birth defects worldwide. In Bharat, an estimated 2,40,000 children are born with CHD every year, based on a prevalence of approximately 9 per 1,000 live births. Behind each of these numbers is a child, a family and a future waiting to be protected.

In this immense need, Sai Aashraya saw an opportunity to be of Seva. Over the past year, Sai Aashraya has continued conducting specialised screening camps in underserved communities to identify children who may require medical intervention for congenital heart disease and other health concerns, including dental and ophthalmological conditions. The emphasis is on reaching children early, identifying concerns before they become critical and ensuring that those requiring further care receive timely guidance, referral and treatment.

## HEALING LITTLE HEARTS: OUR CARDIAC SCREENING JOURNEY

Many of these conditions, when left unidentified or untreated, can result in serious illness, developmental challenges or the loss of precious lives. Early screening and timely medical management can significantly change a child's future. By taking preventive, promotive and curative healthcare closer to underserved communities, we also seek to reduce the immense emotional and financial burden placed upon families. Parents should not have to travel long distances or incur expenses beyond their means merely to discover whether their child has a serious medical condition. When screening, diagnosis and treatment are provided free of cost, healthcare becomes not only accessible, but also an expression of dignity and Love.



Under the National Health Mission, RBSK's Child Health Screening and Early Intervention Services currently encompass 32 common health conditions. Through comprehensive screening, early identification, referral and free treatment, the programme seeks to ensure that children receive the care they require during the most important years of their growth and development.

# TRANSFORMATIVE IMPACT



Our cardiac screening camps have already identified many children requiring advanced medical attention. Using portable echocardiography systems and other diagnostic tools, our teams have screened thousands of children in schools, villages and underserved communities. For several families, a screening camp has become the moment when an unseen medical condition was identified and a child received a second chance at life.

Parents sometimes bring their children to us with concerns that appear simple. A child may not be eating well, may tire easily while playing, may not be gaining weight as expected or may not be meeting certain growth milestones. In other cases, the child may appear completely healthy and show no visible symptoms.

Yet when our doctors conduct a detailed clinical examination and an echocardiogram, an underlying congenital heart defect is sometimes discovered. These experiences repeatedly remind us that CHD can remain silent and unnoticed for years. For families with limited access to specialised healthcare, a timely screening can make the difference between prolonged uncertainty and the beginning of healing, the post-operative care and continued support for their families.

One case involved a boy aged 7 who was diagnosed with a rare form of CHD during a routine screening. Although he had no apparent symptoms, his condition required urgent medical attention. Upon learning of the diagnosis, his parents were overcome with worry.



They shared: “We never imagined, even in our dreams, that our son could have a serious problem. We cannot express our relief knowing you will fully take care of him. We could never afford to travel to Bengaluru or pay for his treatment.”

Our responsibility towards a child and family does not end with diagnosis. Children identified through these camps are carefully counselled, followed up and connected with the medical care they require. Those requiring surgical intervention are being empanelled at Sai Ashraya Super Speciality Hospital, where they will receive world-class treatment, completely free of cost, along with post-operative care and continued support for their families.

# RESEARCH & AI FOR EARLIER DIAGNOSIS



Alongside our screening initiatives, a dedicated team of volunteers comprising doctors, echocardiography specialists, researchers and Artificial Intelligence scientists is working to develop AI and Machine Learning models that can support the earlier identification of congenital heart disease.

The team is studying how multiple forms of clinical information, including heart sounds, ECG signals, echocardiographic images and moving echocardiography sequences known as cine loops, can be brought together within a unified diagnostic framework. The aim is to develop tools that can recognise patterns associated with CHD, support faster clinical assessment and help identify children who require urgent specialist attention. These technologies are intended to assist doctors and trained healthcare professionals, not replace their clinical judgement. In remote and low resource settings, such tools could eventually help frontline teams prioritise high-risk children, share relevant clinical information to specialists and reduce the time between initial screening and definitive diagnosis.



With the commissioning of Sai Aashraya Super Speciality Hospital and its Research Centre, this work will enter an important new phase. The hospital will provide an integrated environment in which clinical care, cardiac imaging, research and technology can come together. Our teams intend to expand and carefully validate these models using ethically collected and appropriately protected clinical data representing children from diverse regions and communities across Bharat.

Over time, we hope to deepen our understanding of the clinical, imaging, genetic and molecular factors associated with CHD. This work may help us identify risk earlier, improve diagnostic accuracy, understand patterns unique to our population and support meaningful research into prediction and prevention wherever scientifically possible.

Our bigger vision is to develop accessible and reliable screening solutions that can travel beyond advanced hospitals and reach children in districts where specialist paediatric cardiac care is not readily available. Knowledge created within the hospital must ultimately return to the communities from which our Mission began.

WE OFFER ALL OUR ATTENTION AND LOVE TO:  
**ONE HEARTBEAT AT A TIME, ONE CHILD AT A TIME, ONE MIRACLE OF LOVE AT A TIME.**

# INNOVATIVE APPROACHES FOR GREATER IMPACT



## Portable Diagnostics

Through handheld echocardiography systems and other portable diagnostic tools, our medical teams take specialised care directly to the places where it is needed most. Instead of requiring families to undertake long and expensive journeys to distant hospitals, we meet them in their villages and schools. In familiar surroundings, children feel more comfortable and parents find reassurance. Initial screening can be completed close to home, and those requiring further investigation or intervention can be identified without unnecessary delay.



Here are a few pictures from Sai Ashraya's Child Health and Cardiac Screening Camps. Through clinical examination, echocardiography and early screening, our teams work to identify congenital heart disease and other health concerns in children at the earliest possible stage. These camps are aligned with the RBSK approach of early detection and timely intervention, helping ensure that children who need further care are identified, guided and supported without delay.

## Training Community Health Workers

We believe that lasting transformation must grow from within the community. Our teams therefore work with local healthcare personnel to strengthen their ability to recognise possible warning signs of congenital heart disease and support initial screening and timely referral. Sharing this knowledge helps create a sustainable network of caregivers who remain within the community even after our medical camps conclude. A warning sign recognised early and a referral made at the right time can protect a child's entire future. This is healthcare flowing from one heart to another, with knowledge shared today continuing to serve generations to come.

## Holistic Healthcare on the Move

Our doctors, technicians and volunteers do not wait for children to come to us. We travel to them, crossing long distances to reach remote villages and schools through our mobile medical teams. Equipped with quality diagnostic systems and guided by a preventive and proactive philosophy, our teams assess not merely a symptom, but the overall wellbeing of every child. Where necessary, families receive counselling, referrals and continued follow-up, ensuring that screening becomes the beginning of care rather than a single isolated encounter.



# Sai Aashraya Adarsh Gram



Nine years ago, our association with this inspiring community began as a humble outreach effort to serve persons affected by leprosy who were living beneath a railway bridge in Bengaluru. What began with food, medical care and companionship gradually evolved into the adoption of an entire rural community in Dharmapuri District, Tamil Nadu. Today, Sai Aashraya Adarsh Gram is no longer only an adopted village. Owing to its strategic location and the consistent Seva carried out over the years, it has grown into a trusted Rural Centre of Development, touching the lives of people from nearly 20 surrounding villages. Families now travel from nearby and distant areas to receive medical care, medicines, guidance and support. A community that was once overlooked by society has become a welcoming centre of healing and hope for others.

## SAVIP: SAI AASHRAYA VILLAGE INTEGRATED PROGRAMME

At the heart of Sai Aashraya Adarsh Gram is the belief that true Seva must address every dimension of life: physical, emotional, social and economic. The project brings together **Food & Nutrition, Medicare, Educare and Sociocare**, ensuring that individuals and families are cared for holistically and supported on their journey towards dignity and self-reliance. This is the essence of the **Sai Aashraya Village Integrated Programme (SAVIP)**.

The Monthly Super Speciality Medicare Camp and Gram Seva remain at the centre of this transformation. On the third Sunday of every month, the village comes alive with the spirit of a festival. Doctors, medical students and volunteers arrive to serve, residents welcome patients from neighbouring villages, meals are prepared and shared, and the entire community is filled with healing, companionship and joy.



Over the last nine years, the residents have made an inspiring journey towards greater independence, confidence and self-reliance. They are no longer passive recipients of support. They actively participate in every Seva activity, welcome patients visiting from surrounding villages and ensure that everyone who arrives is treated with warmth and dignity. What began as an effort to support one community has become a shared journey in which the residents, volunteers and visiting patients continually care for and strengthen one another.

TO LEARN MORE ABOUT HOW THIS EXTRAORDINARY JOURNEY UNFOLDED, WE INVITE YOU TO WATCH [THE STORY OF SAI AASHRAYA ADARSH GRAM](#), A TESTAMENT TO THE TRANSFORMATIVE POWER OF LOVE IN ACTION.

OVER THE PAST YEAR, THE MONTHLY SUPER SPECIALITY MEDICARE CAMPS HAVE FACILITATED MORE THAN **2,500+** PATIENT CONSULTATIONS, WITH OVER 200 PATIENTS RECEIVING CARE EACH MONTH. THE IMPACT OF THESE CAMPS EXTENDS FAR BEYOND THE NUMBER OF PEOPLE TREATED.



Nine years ago, our association with this inspiring community began as a humble outreach effort to serve persons affected by leprosy who were living beneath a railway bridge in Bengaluru. What began with food, medical care and companionship gradually evolved into the adoption of an entire rural community in Dharmapuri District, Tamil Nadu. Today, Sai Aashraya Adarsh Gram is no longer only an adopted village. Owing to its strategic location and the consistent Seva carried out over the years, it has grown into a trusted Rural Centre of Development, touching the lives of people from nearly 20 surrounding villages. Families now travel from nearby and distant areas to receive medical care, medicines, guidance and support. A community that was once overlooked by society has become a welcoming centre of healing and hope for others.



Through regular medical reviews, diagnostic assessments, medicines and continued counselling, we have witnessed encouraging improvements in several health indicators. Many patients with Type 2 diabetes and hypertension have achieved better control of their conditions. Cardiac patients placed on appropriate medication have also shown meaningful improvement in their heart function and overall wellbeing.

These outcomes have been strengthened by the commitment of the residents themselves. Simple but consistent lifestyle changes, including reduced sugar consumption, regular physical activity, greater adherence to medication and improved management of emotional stress, have made a visible difference to their health.



OUR SUPPORT CONTINUES BEYOND THE MONTHLY MEDICARE CAMPS. ESSENTIAL PROVISIONS ARE REGULARLY DISTRIBUTED TO ALL 75 IN THE VILLAGE, INCLUDING RICE, DAL, COOKING OIL, TURMERIC, FRESH PRODUCE AND SEASONAL FRUITS.



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Today, Sai Aashraya Adarsh Gram is no longer only an adopted village. Owing to its strategic location and the consistent Seva carried out over the years, it has grown into a trusted Rural Centre of Development, touching the lives of people from nearly 20 surrounding villages. Families now travel from nearby and distant areas to receive medical care, medicines, guidance and support. A community that was once overlooked by society has become a welcoming centre of healing and hope for others.



The celebration of major festivals at Sai Aashraya Adarsh Gram fills the entire community with incomparable happiness. Ganesh Chaturthi, Deepavali, Christmas and other important occasions are celebrated together, bringing residents, children, elders and volunteers into a shared atmosphere of joy. The village is decorated, special meals and festive delicacies are prepared, and new clothes, sweets and savouries are distributed according to the occasion. More meaningful than any material offering is the warmth of gathering together as one family. These celebrations transcend differences of background and faith. They remind us that every festival carries a universal message of Love, gratitude and togetherness. The sight of elders dressed in new sarees and dhotis, children celebrating with excitement and families sharing food and laughter creates memories that remain with us long after the festivities conclude.



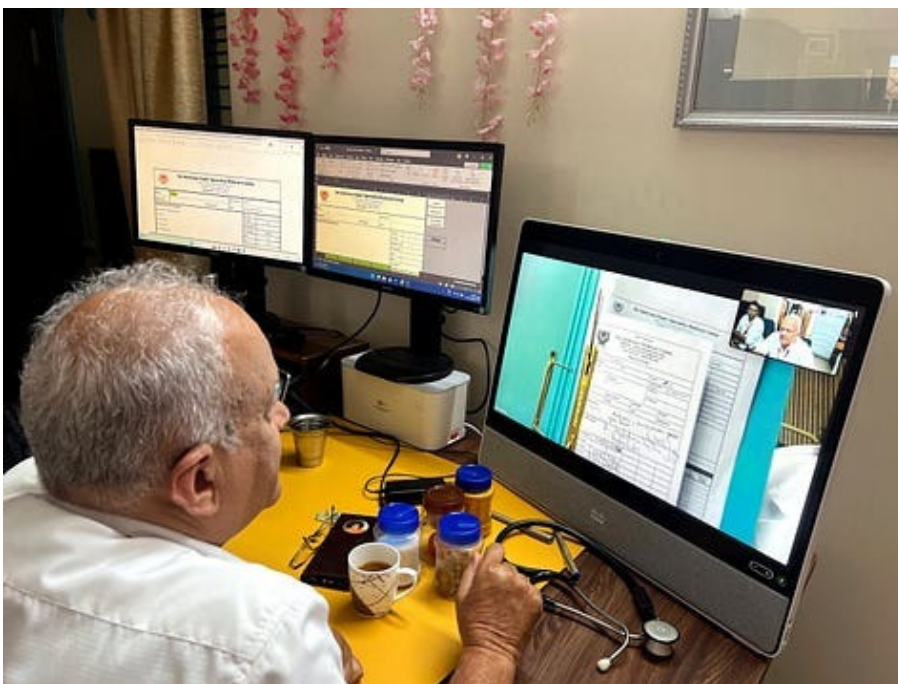
**LOVE IN  
ACTION  
IS SEVA**



# Arunachal Pradesh Medicare & Gram Seva

Since the commencement of Sai Aashraya's Seva initiatives in 2017, our commitment to serving communities in some of the remotest villages of Arunachal Pradesh has remained resolute. Over the years, our Super Speciality Medicare Camps and Gram Seva initiatives have brought sustained medical care, education, essential provisions and opportunities for self-reliance to thousands of people across this challenging terrain.

During the past year, the increasing demand for Medicare Camps in southern Bharat, together with the need for our physicians to focus on preparing Sai Aashraya Super Speciality Hospital for commissioning, made it difficult for our entire medical team to travel to Arunachal Pradesh as frequently as before. Yet, physical distance could never become a reason for interrupting care.



Through telemedicine, Sai Aashraya continued to remain connected with patients across the region. Healthcare teams from the Indian Army, District Hospitals, Primary Health Centres and Community Health Centres facilitated examinations and consultations locally, while our specialists joined remotely. Following each consultation, medicines were carefully packed and labelled for every individual patient and dispatched to the nearest healthcare facility for convenient collection.

# TELEMEDICINE: A LIFELINE ACROSS THE DISTANCE



Sai Aashraya remains committed to providing continued medical support to our patients irrespective of distance. Telemedicine has enabled us to maintain care for patients with cardiac conditions, hypertension, Type 2 diabetes and other chronic illnesses during periods when our medical teams have been unable to travel.

With the support of the Indian Army and the District Administration, our telemedicine camps in Arunachal Pradesh have reached approximately 300 patients during each session. Local healthcare personnel conduct the necessary preliminary assessments, while Sai Aashraya's doctors review patients, study their clinical information and prescribe the required course of treatment remotely.

Team Cisco played a pivotal role in helping us establish the secure digital and communication infrastructure required for these consultations. The technology created a reliable bridge between specialists in Bengaluru and patients living thousands of kilometres away.



Following every consultation, our volunteers carefully package the medicines prescribed for each patient, together with updated prescriptions and clear instructions. The medicines are dispatched to Tawang District and distributed through the dedicated teams at local Primary Health Centres and Community Health Centres.

This carefully coordinated process ensures that a digital consultation results in real and continued care. Telemedicine is not merely a conversation on a screen. It is a complete continuum that begins with local assessment, connects the patient to a specialist and concludes with medicines reaching individuals in their own community.



# Educare & Sociocare



Through **Operation Smiley**, Sai Aashraya continued expanding its reach to new underserved communities during the past year. Our engagement begins by listening to families, understanding their circumstances and identifying the support that can help them move towards greater security, dignity and self-reliance.

Through our **Educate and Facilitate** initiative, individuals and families are not merely informed about available opportunities. Our volunteers walk alongside them, helping them understand processes, prepare documentation, complete registrations and connect with the relevant institutions and government schemes.

Warm clothing and other essential items also continue to form an important part of our Sociocare Seva. Individuals and families in vulnerable circumstances have received quality woollen blankets, socks, mufflers, sarees, dhotis and other clothing suited to their needs.

Since 2020, approximately 15,000 pairs and sets of clothing have been distributed to people living in some of the most underserved areas. Our vendors support this effort by providing quality materials at cost, treating their contribution as a heartfelt offering towards the Mission.

Volunteers from organisations including Google India and Cisco have joined Sai Aashraya's volunteers in sorting and packing hundreds of these items. Their participation has transformed each volunteering activity into a shared experience of Love in Action. Every carefully packed blanket, saree or pair of socks carries the warmth of many hands and hearts working together.

## STATIONERY AND HYGIENE KITS FOR CHILDREN

During the past year, our volunteers prepared, packed and distributed more than 2,000 stationery and hygiene kits for children studying in Sai Aashraya's Breakfast Seva Schools. Each kit contains essential educational and personal hygiene supplies, together with a book of moral stories. These books form an important part of our commitment to Educare, which seeks not only to support academic learning, but also to nurture character, compassion and human values. The kits were distributed at different times during the academic year according to the needs of the students. For many families, the cost of basic stationery and hygiene supplies can become an additional expenditure. Receiving these materials allowed the children to participate in school with confidence and joy. Our volunteers came together on several occasions to sort, assemble and pack the kits. Every item was packed with care, carrying with it a simple message to the child receiving it: your education matters, your wellbeing matters and your dreams matter.



# CONNECTING WORKERS WITH GOVERNMENT WELFARE SCHEMES

Workers in the unorganised sector make an invaluable contribution to the functioning and growth of our Nation. Yet many remain unaware of the government welfare schemes available to them or face difficulty completing the required registration and documentation. Sai Aashraya's Sociocare teams therefore educate workers and their families about schemes that may provide health coverage, life and accident insurance, pensions and financial support during periods of incapacity. With their informed consent, volunteers assist eligible workers with e-Shram registration and guide them towards relevant programmes such as the Pradhan Mantri Shram Yogi Maandhan Yojana (PM-SYM), the Pradhan Mantri Suraksha Bima Yojana (PMSBY), health protection schemes and other welfare initiatives for which they may qualify.



The process does not end with filling out a form. Our volunteers help families understand the purpose of each scheme, the benefits available, the contributions or documents required and the steps necessary to maintain their enrolment. Where follow-up is needed, we continue supporting them until the process is completed. Access to even one appropriate scheme can significantly strengthen a family's future. Health coverage can prevent a medical emergency from becoming a financial crisis. Insurance can protect dependants after an unforeseen tragedy. A pension can offer an elderly worker greater dignity and security.

# TECHNOLOGY STRENGTHENING SEVA

As our Sociocare initiatives expanded across different regions, we recognised the need for a more systematic way to understand every individual and family we serve. Effective Seva requires not only compassion, but also continuity, accurate information and timely follow-up. With the dedicated support of volunteers from technology, healthcare and field service backgrounds, Sai Aashraya has developed its own application to help register and support the people reached through our various initiatives.

The application enables authorised volunteers to create individual and household profiles, record needs, map locations and document the services provided through Food & Nutrition, Medicare, Educare and Sociocare. It helps us track medical referrals, educational support, government scheme facilitation, distribution of essentials and other interventions over time.



This allows our teams to understand the complete journey of a family rather than viewing each interaction as an isolated activity. Volunteers can identify pending follow ups, recognise gaps in support, avoid duplication of effort and ensure that those requiring continued attention are not inadvertently left behind.

The application has also been designed with field realities in mind, including work in areas where connectivity may be limited. Information is recorded responsibly and with the consent of the individuals being served. As the platform evolves, it will help us better understand the impact of our work across communities, identify emerging needs and direct our resources where they can make the greatest difference. Technology thus becomes an instrument of compassion, enabling Seva to be more personal, coordinated and impactful.

# FROM IMMEDIATE SUPPORT TO LASTING SELF-RELIANCE



Sai Aashraya is driving these initiatives because we believe that workers in the unorganised sector and families in underserved communities are integral to Nation building. When people gain access to healthcare, insurance, education, pensions and livelihood opportunities, they are able to move forward with greater confidence and determination. We have witnessed how this security can transform not only an individual life, but the future of an entire family.



Our Sociocare initiatives have already touched communities across Karnataka, Tamil Nadu and Arunachal Pradesh. The lessons learnt from these regions, together with the application developed by our volunteers, will help us take this integrated approach to many more districts and states.

As Bharat moves towards the shared aspiration of becoming a **Viksit Bharat by 2047**, inclusive development must reach those who have historically remained at the margins. By combining compassionate personal engagement, community participation, government collaboration and appropriate technology, Sai Aashraya will continue striving to ensure that no individual or family is left behind. This is our journey from individual interventions to empowerment, and from Seva offered to a few towards self-reliance made possible for many.



# Sai Aashraya Super Speciality Hospital



The past year has been one of profound learning, collaboration and transformation. A project of this magnitude naturally brought with it immense challenges. Yet, with every challenge, our team emerged stronger, bound together by the shared dream of providing world-class healthcare, completely free of cost, to those who need it most. Each obstacle became an opportunity to deepen our bonds, strengthen our resolve and channel our collective energies towards creating something transformational. When Love leads the way and work is done with unity, even the most complex endeavours become achievable.



Over the last 12 months, the hospital has undergone a remarkable transformation. The physical construction and major internal works across all four blocks of the campus have reached completion, and SASSH has now entered the decisive phase of testing, commissioning and operational readiness. The interiors of the main hospital block, comprising the basement, ground floor and three upper floors, have been completed, along with the installation of the major Mechanical, Electrical and Plumbing systems. The carefully designed seamless flooring across critical clinical areas will ensure the highest standards of infection control, hygiene and durability.

## FROM CONSTRUCTION TO COMMISSIONING

Across the hospital, the spaces that were once drawings and plans have now taken their final form:

- Nine Modular Operating Theatres (four dedicated to Cardiothoracic and Vascular Surgery, three to Obstetrics and Gynaecology, and two to General Surgery) are nearing readiness.
- The Cardiac Critical Care Units, Intensive Care Units, Coronary Care Unit, Paediatric Intensive Care Unit and Neonatal Intensive Care Unit are being prepared for commissioning.
- Medical and non-medical furniture has been installed across most areas, bringing patient rooms, wards, consultation spaces and administrative areas to life.
- The Central Sterile Services Department, an essential backbone of safe surgical care and infection control, is also being prepared for commissioning.
- Laboratories, clinical support areas and other essential departments are steadily being equipped for the commencement of operations.



Every corridor, patient room, operating theatre and critical-care space now carries a visible sense of readiness. What stood before us for several years as an active construction site has today taken the form of a hospital waiting to open its doors and begin its sacred work of healing.

## A CENTRE FOR HEALING, LEARNING & DISCOVERY

Our Medical Education and Research Centre is also nearing completion. It comprises a 200-seater auditorium, four 100-seater training halls and a modern medical library, creating an environment in which healthcare professionals, students and volunteers can continually learn, teach and grow. The physical infrastructure for our Research Centre and laboratories is ready, and specialised equipment will be installed in the coming months. A dedicated Cell and Molecular Biology Laboratory will form an important part of this centre. The Research Centre is envisioned to support clinically relevant work in genetics, genomics, congenital and inherited disorders, maternal and child health, and inherited cardiac conditions. It will also enable advanced diagnostics, collaborative research and the translation of scientific discoveries into better patient care, particularly for children and families from underserved communities.

Through the coming together of compassionate clinical care, medical education and meaningful research, SASSH aspires not just to treat illness, but also to contribute to an in depth understanding of disease and the development of better pathways for prevention, early diagnosis and healing.

## A CAMPUS BUILT AROUND EVERY HUMAN NEED

All the essential ancillary services required to sustain a hospital of this scale are also nearing operational readiness. At the heart of these facilities is Sai Aashraya's massive Central Seva Kitchen, with the capacity to prepare and serve approximately 10,000 fresh, healthy and nutritious meals every day. Food, accommodation will be provided to patients' attendants at no cost, during their stay at the hospital. The dedicated accommodation facilities for patients' attendants and doctors in Blocks C and D are ready, while Block B will provide accommodation for Seva Dals, nursing staff and visiting doctors. These facilities reflect our belief that compassionate healthcare must embrace not only the patient, but also the family members who accompany and care for them.

## RESILIENT, SUSTAINABLE AND FUTURE-READY

The hospital's extensive engineering infrastructure is steadily moving through its final commissioning stages. The central chillers have been installed, the lifts are nearing commissioning, and the transformers and diesel generator sets have arrived. A large-capacity UPS system will provide uninterrupted power for critical hospital areas and medical equipment.

Our 1.3 MWp rooftop solar power plant will be commissioned shortly, significantly strengthening the hospital's commitment to sustainability. Discussions are also underway with organisations interested in supporting SASSH with a large-scale battery energy-storage system, complementing the existing UPS and generator-based backup infrastructure. The final cabling work for the hospital's IT and networking infrastructure is in progress. This digital backbone will support the Hospital Management Information System, clinical workflows, diagnostics, communications and the secure management of patient information across the campus. The Sewage Treatment Plant and Effluent Treatment Plant are also being commissioned. Treated water will be reused wherever appropriate, helping conserve precious natural resources and ensuring that the hospital operates responsibly and sustainably.

OUR LATEST PRE-INAUGURATION STATUS UPDATE OFFERS A GLIMPSE OF THIS TRANSFORMATION, FROM THE EXTERIOR OF THE HOSPITAL TO THE HEALING SPACES THAT HAVE TAKEN SHAPE WITHIN.



## THE PEOPLE WHO WILL BRING THE HOSPITAL TO LIFE

Another defining milestone has been the coming together of the hospital's core team of doctors, nurses, radiographers, technicians and key administrative professionals. They bring with them not only extensive knowledge and experience, but also a shared desire to make healthcare an expression of compassion.

Nearly three-fourths of the team is expected to serve in an honorary capacity, while the remaining staff will be supported at government-stipulated pay scales. Each of them has chosen to embrace a new challenge and a fulfilling journey, one in which professional excellence will be united with the spirit of selfless Seva. Later this year, Sai Aashraya Super Speciality Hospital will come alive, not merely as a medical facility, but as a Temple of Healing where healthcare offered with Love heals both the body and the heart.

Many first came forward as professionals offering their expertise. In time, drawn by the higher purpose of serving humanity, they became committed volunteers and integral members of the Sai Aashraya family. Their knowledge, sacrifice and passion have shaped every aspect of this hospital and will remain an inseparable part of its legacy. Nearly three-fourths of the team is expected to serve in an honorary capacity, while the remaining staff will be supported at government-stipulated pay scales. Each of them has chosen to embrace a new challenge and a fulfilling journey, one in which professional excellence will be united with the spirit of selfless Seva.



SASSH WILL DELIVER THE HIGHEST QUALITY OF HEALTHCARE TO SOME OF THE MOST UNDERSERVED COMMUNITIES OF OUR GREAT NATION. MORE THAN THAT, IT WILL STAND AS A BEACON OF LOVE AND HOPE, INSPIRING COUNTLESS OTHERS TO BELIEVE IN THE TRANSFORMATIVE POWER OF LOVE EXPRESSING ITSELF THROUGH SERVICE.

# GREEN INITIATIVES AT SASSH



Over the past year, the campus of Sai Aashraya Super Speciality Hospital has witnessed a remarkable transformation. What was once a vast construction site is now becoming a green and peaceful sanctuary, lovingly shaped by the collective efforts of Sai Aashraya's volunteers and teams from several supporting organisations. More than 1,300 trees and plants have been nurtured, planted or carefully transplanted across the hospital campus. This included several fully grown trees that had to be lifted with their root systems intact and moved using heavy equipment, including JCBs. Each transplantation required meticulous planning, physical effort and continued care to help the trees adapt and flourish in their new locations.

A large number of volunteers participated in these efforts throughout the year. Teams from organisations such as Cisco worked alongside Sai Aashraya's ever-expanding family of dedicated volunteers, tending to plants, preparing the soil, moving trees and creating green spaces around the hospital. Their collective effort has brought shade, colour and life to different parts of the campus.





## Sai Ashraya - Vasant Vanotsav

Smt. Sunitha Agarwal

एक पेड़ माँ के नाम

Disha Agarwal



A particularly memorable milestone was Vasant Vanotsav, held from 19 to 22 March 2026. Over these four days, volunteers came together in a beautiful celebration of nature and Seva, undertaking the transplantation and nurturing of trees across the campus. What made the occasion special was not merely the number of trees planted, but the Love and personal responsibility with which every sapling and tree was cared for. The spirit of “एक पेड़ माँ के नाम”, or “A Tree in the Name of my Mother,” added profound meaning to this initiative. Each tree became an expression of gratitude to the Mother who gives us life and to Mother Nature, who sustains all life.



Our vision is to have nearly **2,000** trees and plants surrounding the hospital by the end of 2026. As they grow, these green spaces will provide shade, cleaner air and a calming environment for patients, attendants, doctors, nurses, volunteers and everyone who enters this Temple of Healing. The trees will stand as living witnesses to the Love and Seva that built SASSH. Long after the construction teams have left, they will continue to offer comfort, beauty and healing to generations of patients and families.



# ANNUAL FINANCIAL SUMMARY



| <b>INCOMING &amp; EXPENSES</b> | <b>in LAKH (INR)</b> |
|--------------------------------|----------------------|
| Total Revenue                  | 2,813.10             |
| Operating Expenses             | 77.09                |
| Capital Expenses               | 2,295.52             |

| <b>PROJECT EXPENDITURE</b>   | <b>in % of TOTAL</b> |
|------------------------------|----------------------|
| Food & Nutrition Expenses    | 81 %                 |
| Medicare Expenses            | 13 %                 |
| Educare & Sociocare Expenses | 6 %                  |



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Sai Ashraya