



JACKIE GIANNELLI

FNP

MEET Jackie

Jackie Giannelli is a board-certified family nurse practitioner specializing in women's health with extensive expertise in hormonal health, menopause, women's sexual health, and urogynecology. Jackie is a Menopause Society-certified practitioner, and an active member of the International Society for the Study of Women's Sexual Health. Her clinical focus has been shaped by over a decade of dedicated work at the intersection of complex gynecology and sexual medicine.



Previously, Jackie has served as the founding nurse practitioner and **Director of Clinical Practice at Elektra Health**, a digital women's health company on a mission to smash the menopause taboo. She also spent time as an **Operator-in-Residence at 25m Health**, a health-tech venture platform incubating new companies and investing in breakout startups. She advises and consults regularly in the digital health and startup space, and often mentors clinicians who are looking to pivot from the bedside into a non-traditional clinical role. She also continues to practice bedside medicine as the **Director of Women's Sexual Health at Anna Barbieri, MD in NYC** and as a **clinical strategist for the new Carolyn Rowan Center for Women's Health and Wellness at Mount Sinai**.

CONNECT WITH JACKIE



Jackie

CEO OF WELL + VERSED COLLECTIVE

Jackie is now the CEO and Founder of the Well+Versed Collective, a media platform with the goal of empowering women's health literacy. She is also passionate about using technology to expand access to care, as well innovation in clinical strategy and private practice enablement. Jackie aims to democratize access to evidence-based midlife wellness education using her social media platform, through her newsletter In the Saddle, her digital clinical frameworks and as the co-host of the Well Kept podcast.

Jackie earned her nursing degrees at New York University and San Francisco State University and a B.A. in Health Studies from Georgetown University. Her work has been featured in Well+Good, PopSugar, and Everyday Health. She is a sought-after national speaker and educator in the field of women's health. She lives in CT with her husband and two tween children but will never tire of trips to NYC for theater, culture, shopping and endless inspiration.

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BRAND COLLABORATIONS

MOVING WITH MENOPAUSE:

PVOLVE

CLINICAL ADVISOR:

LumiVita

INTERVIEWS/Q&A's:

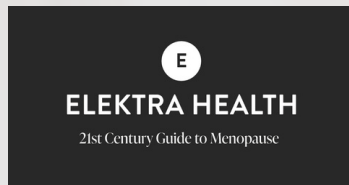
- **The Drop by Rythm:** [Humans of Rythm: Jackie Giannelli](#)
- **Capsule:** [Best Practices: Elektra Health](#)
- **Wellen:** [Ask The Expert: Jackie Giannelli, FNP-BC, NCMP](#)
- **Holos:** [Demystifying Sexual Health in Midlife](#) & [Sexual Health in Mindlife](#)
- **Hello Gloria:** [When Sex is the Last Thing on Your Mind](#)
- **Uqora:** [What Every Female Needs to Know About Incontinence](#)
- **Bonafide:** [Does Menopause Cause Sleepless Nights?](#)
- **CanvasRebel:** [Meet Jackie Giannelli](#)
- **Fox2 KTVU San Francisco:** [Addressing workplace challenges for older employees](#)
- **Smart Design:** [Redefining Menopause through Education](#)
- **Goop:** [Hormone Replacement Therapy Has Entered the Longevity Chat Room](#)
- **The 19th Menopause Newsletter:** [Making Sense of Peptide Mania](#)

BRAND COLLABORATIONS

GUEST PODCAST EPISODES:

- **A Certain Age:** Low Libido, Women and Testosterone, and Smashing the Menopause Taboo with Nurse Practitioner Jacie Giannelli
- **Fearlessly Facing Fifty:** Smashing the menopause taboo with Jackie Giannelli and Elektra Health
- **Circling the Drain:** We're Smart. We're Educated. We're Grown-Ass Women. with Laura Stratte and Jacqueline Giannelli
- **Pleasure in the Pause:** Extend Your Sexspan, the Key to Lifelong Pleasure
- **Under the Sisterhood:** Under the Hood of Sexual Health with Jackie Giannelli
- **Eat My Words:** Rewriting the Story of Women's Sexual Health
- **Hear from Her:** The Power of the Pivot: How Nurse Practitioners are Closing Care Gaps for Women

AUTHORED CONTENT



How Being A Women's Health Provider Helped Me Navigate A Difficult Genetic Decision

FEATURED IN

well+good

POPSUGAR

goop

TOWN&COUNTRY

 Mass General Brigham
Health Plan

KaramMD®

EVERYDAY  HEALTH

92NY

oviahealth™

TAUCK 

solvwellness®

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FEATURED QUOTES

- **Mass General Brigham Health Plan:** What you should know about menopause
- **Well+Good:** These 4 Kinds of Exercise Can Help YOu Take Back Control of Your Body During Menopause
- **Conceive:** Can I Get Pregnant During Perimenopause?
- **Ovia Health:** Speed postpartum recovery? Start with your pelvic floor
- **Pop Sugar:** If You're Feeling Itchy While on Your Period, Your Tampons Could Be to Blame
- **Everyday Health:** Hot Flashes at Work? Here's Why It Matters — and What You Can Do About It
- **Town & Country:** A Heavy Load to Carry
- **Everyday Health:** 10 Urgent Questions About Perimenopause and Menopause, Answered

SPEAKING ENGAGEMENTS/EVENTS

- **Menopause and More:** Thriving in Midlife
- **Harvard Business School:** Healthcare Meetup - Hormones, Health & Work
- **AANP National Conference 2023:** Thriving Through Transformation Product Theatre
- **Georgetown University Women's Forum** panelist, 2024 Washington, D.C.
- **Hoyas in Health and Georgetown Digital Health Serial Alumni Speaker and Panelist** 2024-current
- **Tauck Tours:** Cruise Control

let's COLLAB

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