

Christina Vasquez is driven by a deep desire to make a difference in the lives of others. With a natural gift for connection and a passion for simplifying the complex, she creates experiences that feel more like conversations than presentations. Whether working with individuals or teams, Christina is known for her holistic and approachable style that builds instant trust.

After 20 years in education—serving students, parents, and staff across all levels—she stepped out of the school system to focus fully on inspiring and empowering others through counseling, coaching and transformational workshops. Christina is a Licensed Professional Counselor with a B.S. in Interdisciplinary Studies and a M.Ed. in Guidance and Counseling from UTPA. She is a John Maxwell team member, Why Institute Coach and a Project Insight: Creative Journal Expressive Arts Institute Certified Instructor.

Christina brings her energy, insight, and heart in everything she does, helping people and organizations align with their purpose and grow with intention.