

RADIAH RHODES

LIVE SOVEREIGN

THE SOVEREIGN OPERATING SYSTEM

STOP.

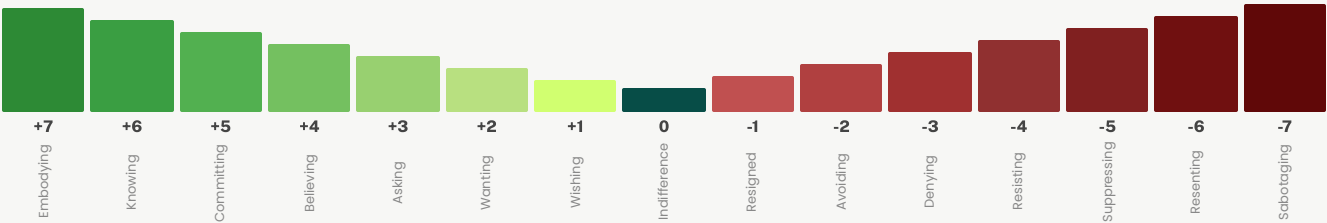
ASSESS.

MONTHLY FOCUS: INTENTION — YOUR POWER LEVEL

This is not a journal. It is a command document. Move fast. Be honest.
Select your current level, name what is driving it, and choose where you
are operating from this month.

- 01
SELECT
- 02
NAME
- 03
CHOOSE
- 04
DECLARE

THE INTENTION SCALE — REFERENCE



01

AREA ONE

SELF

CURRENT LEVEL — SELECT ONE

+7	+6	+5	+4	+3	+2	+1	0	-1
-2	-3	-4	-5	-6	-7			

WHAT IS DRIVING THIS LEVEL

I CHOOSE TO OPERATE FROM

INTENTION CHECK

What level am I actually at with myself — and
does it match who I declared?

02

AREA TWO

WORK

CURRENT LEVEL — SELECT ONE

+7	+6	+5	+4	+3	+2	+1	0	-1
-2	-3	-4	-5	-6	-7			

WHAT IS DRIVING THIS LEVEL

I CHOOSE TO OPERATE FROM

INTENTION CHECK

Am I operating from purpose or from pressure
in my work right now?

03

AREA THREE

RELATIONSHIPS

04

AREA FOUR

HEALTH

CURRENT LEVEL — SELECT ONE

+7	+6	+5	+4	+3	+2	+1	0	-1
-2	-3	-4	-5	-6	-7			

WHAT IS DRIVING THIS LEVEL

I CHOOSE TO OPERATE FROM

INTENTION CHECK

What is the quality of energy I bring to the people who matter most to me?

CURRENT LEVEL — SELECT ONE

+7	+6	+5	+4	+3	+2	+1	0	-1
-2	-3	-4	-5	-6	-7			

WHAT IS DRIVING THIS LEVEL

I CHOOSE TO OPERATE FROM

INTENTION CHECK

Is my body being treated as a partner — or as a resource to be used up?

DECLARATION OF INTENTION

SIGNED · DATED · BROUGHT TO THE SESSION

SELF

I CHOOSE LEVEL

level + energy word

WORK

I CHOOSE LEVEL

level + energy word

RELATIONSHIPS

I CHOOSE LEVEL

level + energy word

HEALTH

I CHOOSE LEVEL

level + energy word

SIGNATURE

Sign your name

DATE

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SOVEREIGNTY
SESSION FOCUS

One thing. Come ready to work.

"YOU DON'T MOVE UP THE SCALE BY THINKING ABOUT IT. YOU MOVE BY **CATCHING YOURSELF** AND CHOOSING AGAIN."

— Radiah Rhodes · Live Sovereign Issue 02

LIVE SOVEREIGN · RADIAH RHODES

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