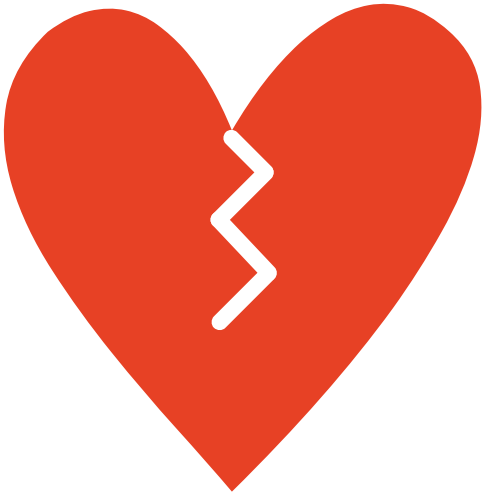
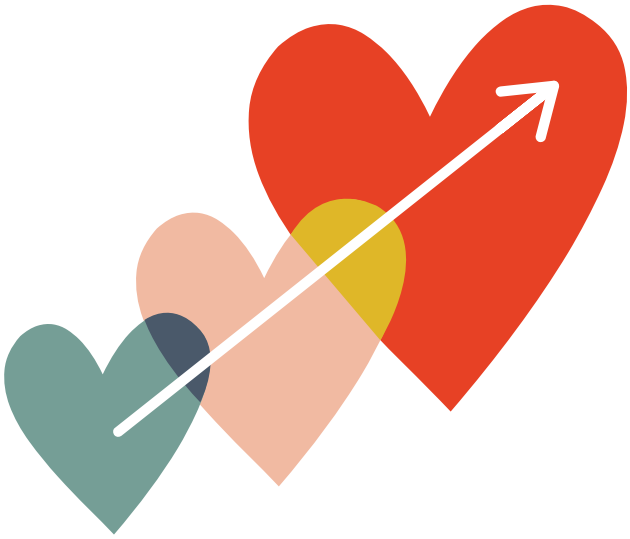


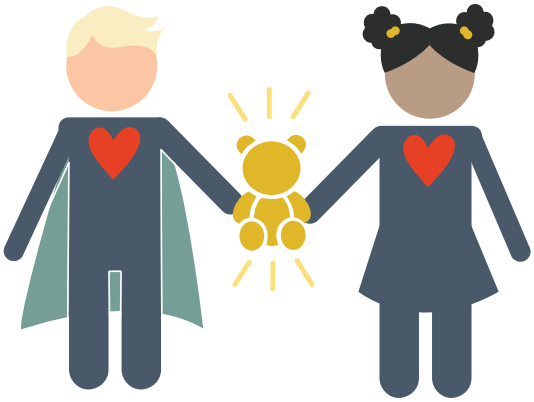
hurts a heart



grows a heart



asking a friend to play



sharing a toy

Print, cut and laminate the header cards and picture cards.

Sort the ways to grow a heart and ways to hurt a heart.

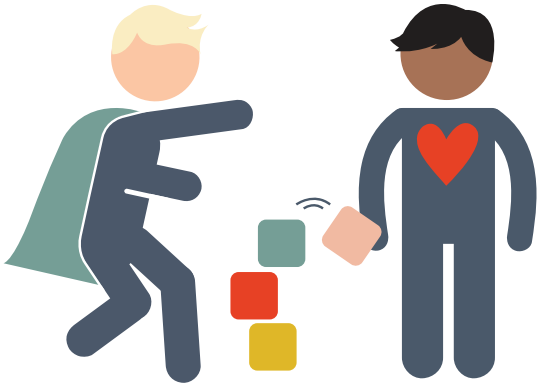
This activity can be used as a whole group or small group activity after reading the book Grow a Heart.



helping someone in need



not listening to friends or teachers



making a bad choice



using unkind words



smiling at someone



using kind words



giving a high five

write your own idea.

write your own idea.

write your own idea.

write your own idea.

write your own idea.