Birthday Tea

Wednesday | Dec. 16
3 pm | Willow
Music with Jesse

Russell C.	Dec 02
Hei N.	Dec 10
Joanne S.	Dec 13
Eva I.	Dec 15
Xiang S.	Dec 16



Be generous in offering help to coworkers who might be behind, and if that's you, remember to return the favour!







WRAP PARTY

MONDAY | DEC 14
10 AM - 12 PM & 1-3 PM

All volunteers are welcome to join in the fun for one or both shifts! We'll be in the MPR preparing and wrapping the Residents' Christmas Gifts. Christmas music, snacks & beverages for both shifts, plus Pizza lunch!



We have birth year poster templates from1908 -1964. You can order a personalized one for yourself, friends or family through the Chaplains for only $20, including the 11X17 frame. The proceeds enhance the Spiritual Health programs for the residents.

The perfect birthday or Christmas gift!





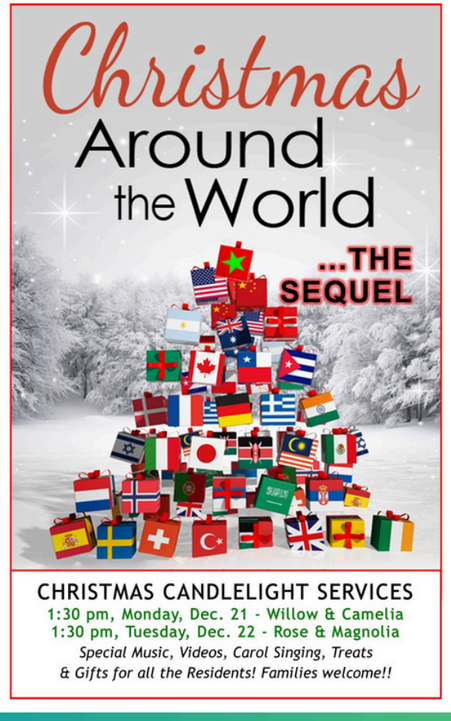
Buchanan Buzz

NEWS FROM 409 BLAIR AVE. DECEMBER 2026

Precious Memories



Congratulations Buchanan on receiving the 2026 "Leading Practices: Just and Right Relations Award" from the Health Employers Association of BC (HEABC). The reason for this prestigious award was a workshop we presented to our families called: "Walking Together: Understanding Care, Strengthening Partnership, and Supporting Families." A special thank you to Ruth Lai, who collaborated with Garrison in developing the workshop, and to our exceptional team: Harjender, Nicky, Trish and the Rec Team, Ross and our Spiritual Care Team, and Dr. Halai for their expertise, valuable content, participation, and support in bringing this initiative to life. This recognition also reflects the work all of us do together every day. Well done!



CHRISTMAS CANDLELIGHT SERVICES
1:30 pm, Monday, Dec. 21 - Willow & Camelia
1:30 pm, Tuesday, Dec. 22 - Rose & Magnolia
Special Music, Videos, Carol Singing, Treats & Gifts for all the Residents! Families welcome!!





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THOUGHT FOR DECEMBER

INTRODUCING TRISH

Continuing on in our series of staff introductions, we are now featuring some of our “old-timers”! Few have been here longer, nor look any younger, than our Recreation and Volunteer Coordinator, Trish Foley. Believe it or not, Trish is now in her 34th year here at Buchanan Lodge! In fact, she started as an activity worker with the residents of our first facility, known as Buchanan Memorial Sunset Lodge. Our new facility was under construction and the residents of Sunset had joined together with Royal City Manor until our new building was finished.

For Trish, this journey into senior care started long before that, while she was growing up in Squamish. She always had a desire to help others. After high school graduation, she moved to New West to attend Douglas College. She began her studies thinking of working with kids who have special needs. But a practicum opportunity led her to serving extended care residents in Mission. She remembered a time when she had to leave her work suddenly with a severe case of appendicitis. When she returned to her practicum work two weeks later, she was so encouraged by the compassion and appreciation shown by these thoughtful seniors that she decided to change her focus. Her work in Mission led to her new “mission” - therapeutic recreation with seniors.

After her college graduation, a friend she went to school with recommended her for a recreation job here, starting in June, 1993 (while we were still in Royal City). In February, 1997, Trish followed her boss, Ginny Bryson, to the brand new renamed “Buchanan Lodge.” In 2005, after returning from maternity leave, Trish was offered the then vacant position of Recreation & Volunteer Coordinator.

Trish says she has always loved her work here and especially loved the residents. They are the fuel for her passion. She decided early on in her career that every decision she makes in her department will be based on what is best for the residents, not necessarily for her staff or for her own convenience. She has always believed in our mission statement of meeting the “needs of those we serve through resident-centered compassionate care”!



I’ve had the privilege of working with Trish for over 12 years. In assessing staff, I look for what I call “big plate” leaders. Trish falls into that small group. She effortlessly juggles a multitude of programs, events, immediate demands, and challenges. Sometimes they gang up on you all in one day. But with Trish, they are met with her bright smile and resilient optimism. Her enthusiasm and obvious love for the residents she serves, puts her staff and all of us at ease. She embodies one of my favourite Bible passages: “Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others” (Phil. 2:3-4). Let Trish know how much we appreciate her example!

~ Chaplain Rob



December 3 | Thursday | 2 pm | MPR | Andante Choir
December 5 | Saturday | 1:30 pm | MPR | Salve
December 7 | Monday | 3 pm | Camelia | Alastair
December 9 | Wednesday | 3 pm | Magnolia | Pete
December 12 | Saturday | 3 pm | Rose | Greg
December 16 | Wednesday | 3 pm | Willow | Jesse
December 19 | Saturday | 10:30 am | Rose | Pete
December 21 | Monday | 3 pm | Camelia | Greg
December 24 | Thursday | Christmas Caroling
2 pm Rose | 2:30 Willow | 3 Camelia | 3:30 Magnolia
December 30 | Wednesday | 5:30 pm | Willow | Alastair

DECK THE HALLS

CHRISTMAS DECORATING

Dec 1 - 5
10 am - 3 pm

If you are interested in decking our halls please email patricia.foley@salvationarmy.ca with times you can help the Rec Dept. We have 4 houses to decorate, plus the reception area, chapel, and wreaths on the office doors. The more the merrier the Christmas season and the more time the Rec staff can spend on resident programs! As they say… “Many hands make light work”!



Residents & family can join the recreation staff for a morning of games. Your choice - board games, cards, and/or the exciting new Tover - from the simple to the more advanced. Drop in or stay for the whole time. Enjoy coffee, tea or hot chocolate, plus Christmas goodies, while having fun together!

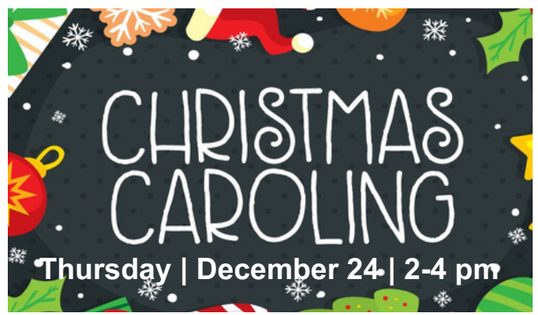


Thursday | Dec. 17 | Dinner | MPR | 4:30 pm

Lights Tour following from 5:30-7:30pm.
There are limited spots left. Please email if you want your family member to participate and we will confirm availability asap.

Christmas Decoration Tour

Wednesday, Dec. 23 1:30-4 pm.
Again, space is limited so please email soon if you want your family member to participate and we will confirm asap.



Recreation staff & our musical entertainer will be caroling through the 4 houses. We start in Rose at 2 pm, Willow at 2:30, Camelia at 3 & Magnolia at 3:30. Please join in singing traditional carols Christmas Eve.

MUCH MORE MUSIC

Dec 30 | 5:30 pm | Sing along with Alastair in Willow

Jan 7, 2027 | Welcome to a New Year Celebration! In the MPR room | Entertainment TBD.