EAT

Quiche $20
Butter pastry, custard, cheese, seasonal ingredients, served with organic green salad

Croque Monsieur $26
Toasted ham, gruyere, béchamel sandwich served with organic green salad

Smoked Salmon Plate $24
Montreal bagel, cold smoked salmon, cream cheese, capers, pickled onion, sprouts, lemon

Smoothie Bowl $18
Pureed raspberry, banana and mango topped with: granola, bee pollen, chia, almond butter, seasonal fruit

Curried Chicken Salad $20
Organic greens, poached chicken, celery, apple, fresh herbs, currants, aioli, lemon

Mushroom Toast $19
Sourdough, chèvre, roasted mushrooms

Seasonal Soup with Toasted Sourdough $18

Sides:
Croissant $5.25 | Scone $5 | Toast $4 |
Smoked Salmon $7| Bacon $6
Jam or Almond Butter $2.50

See our pastry counter for further additions

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DRINK

Brewed Coffee	$3.75
Cappuccino	$4.5
Latte	$6.5
Chai Latte	$6.5
Matcha Latte	$6.5
Loose Leaf Tea	$3.5
Sparkling Water 375ml | 670ml	$3.25 |$7
Hot Cider	$6
Fresh OJ	$6
Cold-Pressed Juice	$8
Smoothie	$12
Mimosa	$13
Aperol Spritz	$14
Burdock Beer 355ml	$7.5
Wines by the Glass 5oz | Bottle	$MP

All of our food reflects place and season.
We use organic produce, McIntosh Farms meat and eggs, small batch butter and local quality ingredients.

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