ALL DAY MENU

BREKKY BURGER (VO,GFO) **$18**
Smoked Bacon, Fried Egg, Tasty Cheese, Tomato Relish
+ Hashbrowns $6
+ Smashed Avocado $5

BREKKY BURRITO (VO) **$21**
Scrambled Eggs, Bacon, Cheese, Mexi-beans, Avocado & BBQ Sauce
+ Hashbrowns $6

AVO BRUSCHETTA (V, GFO) **$25**
Avocado, Tomato, Basil topped with Lemon Whipped Ricotta on Multigrain
+ Bacon $6
+ Smoked Salmon $7

EGGS BENEDICT (GFO) **$28**
Two Poached Eggs, Pressed Pork Belly, Apple Chutney, Cider Hollandaise on Sourdough
+Hashbrowns $6

SPICY SCRAM (GFO,V) **$24**
Scrambled Eggs, with Fermented Chilli, Crispy Shallots & Persian Feta on Sourdough
+ Bacon $6
+ Chorizo $7

EGGS ON TOAST **$16**
Poached or Fried Eggs on Sourdough or Multigrain Toast
+ Gluten Free $2

SCRAMBLED EGGS **$18**
Fluffy Scrambled Eggs on Sourdough or Multigrain Toast
+ Gluten Free $2

ON THE SIDE

$3.5
Tomato Relish
Hollandaise

$4
Extra Egg

$4.5
Mushrooms
Roasted Tomatoes
Wilted Greens
Persian Feta

$6
Bacon
Hashbrowns
Smashed Avocado
Halloumi

$7
Smoked Salmon
Chorizo
Grilled or Fried Chicken

$1 Fresh Chilli, Chilli Sauce, Aioli

Kitchen Hours
Monday - Friday (7am-2pm)
Weekends (8am - 2pm)
Public Holidays (8am-1pm)

ALL DAY MENU

GRANOLA (VO, DFO) **$19**
Vanilla Yoghurt, Caramelised Stone Fruit, Poppy Seeds, Pepitas and Fresh Seasonal Fruit

CHURRO WAFFLES **$24**
Cream Cheese Frosting, Cinnamon Sugar, Macerated Strawberries, Walnut Biscuit Crumb

TURKISH EGGS **$26**
Crispy Chorizo, 2 Poached Eggs on a Bed of Confit Garlic Yoghurt, Smoked Paprika Butter Sauce, topped with Crunchy Seeds & served with Pita

B.L.T (GFO, DF) **$22**
Bacon, Lettuce, Tomato and Aioli on a Sourdough
+ Avocado $5
+ Fried Egg $4

FISH TACOS - 3 (GFO) **$29**
Thai Marinated Barramundi with a Charred Pineapple Salsa, Lime and Jalapeño Mayo on Flour Tortillas

CHICKEN TOASTIE (GFO) **$22**
Chicken, Cheese, Avocado on Sourdough served with Chips

ITALIAN SANDO (VO) **$22**
Mortadella, Stracciatella on a Blanc Baguette with House-made Basil Pesto, Rocket, Red Onion and Roasted Capsicum

BEEF BURGER(GFO) **$29**
2 Crispy Smashed Beef Patties, Burger Cheese with Pickles, Lettuce and House-made Burger Sauce, in a Milk Bun served with Chips

CALAMARI SALAD (GF) **$28**
Crispy Fried Calamari, Asian Slaw, Pickled Ginger, Red Chillies, Cashews and Honey Soy Dressing

POKE BOWL (GF) **$28**
House Cured Beetroot Salmon, Quinoa, Fresh Avocado, Edamame, Red Cabbage and Pickled Carrot, Charred Broccolini topped with a Sesame Dressing & Furikake

CHICKEN & CHIPS (GF) **$22**
MG Popcorn Chicken served with Coleslaw, Chips and a side of Ranch

VEGAN (VG) OR VEGAN OPTION (VGO)
VEGETARIAN (V) OR VEGETARIAN OPTION (VO)
GLUTEN FREE (GF) OR GLUTEN FREE OPTION (GFO)
DAIRY FREE OPTION (DFO)

SOMETHING SMALL

TOAST **$10**
Blanc Sourdough, Multigrain, Croissant or Fruit Bread
+ Gluten Free $2
Vegemite, Peanut Butter, House Made Jam, Nutella, Butter or Honey

MG BANANA BREAD **$9**
Toasted with Butter

HERB SALTED CHIPS SMALL **$7** LARGE **$12**
Aioli & Tomato Sauce

POPCORN CHICKEN (GF) **$16**
Ranch Sauce & Paprika

CROQUE MONSIEUR **$17**
Ham, Cheese, Bechamel and Mustard, Pan Fried on Sourdough
+ Fried egg $4

SENIORS MENU

(For Seniors Only)

SENIORS SMASHED AVO (V, GFO) **$19**
Smashed Avocado, Poached Egg, Persian Feta, Dukkah and Lemon on a Slice of Multigrain Toast
+ Extra Egg $4
+ Bacon $6
+ Smoked Salmon $7

SENIORS BENEDICT (GFO) **$19**
Bacon, Poached Egg, Spinach, Apple Cider Hollandaise on Sourdough
+ Extra Egg $4
+ Hashbrowns $6

FRIED FISH & CHIPS **$19**
With Coleslaw and Aioli

QUICHE AND SALAD **$19**
House Made Quiche with Garden Salad and Relish

At Middle Ground we accommodate food allergies and intolerances to the best of our ability, please advise our staff of your requirements.
Please note we are unable to guarantee that our dishes will be completely allergen-free as there is always a risk of cross-contamination and potential traces.

10% surcharge on weekends.
15% surcharge on public holidays.

COFFEE

INGLEWOOD COFFEE

Long Black $5.5/$6.5
Latte, Cappuccino, Flat White, Magic $5.5/$6.5
Espresso $4
Piccolo $4
Pour Over $7.5
Single Origin (Please ask our staff)

HOT DRINKS

Hot Chocolate $5.5/$6.5
White Hot Chocolate $5.5/$6.5
Mocha $5.5/$6.5
Vanilla Chai $5.5/$6.5
Spiced Chai $5.5/$6.5
Monks Chai (Loose Leaf) $6.5
Dirty Chai $6/$7
Matcha $6/$7
Turmeric $6/$7
Babyccino $3
Puppaccino $3

EXTRAS

Extra Shot $1
Decaf $1
Honey 50c
Syrups 80c
*Vanilla, Caramel, Hazelnut
*Sugar Free Vanilla, Caramel
Alternative Milk $1
*Almond, Oat, Soy, Coconut, Lactose Free

TEA $5

English Breakfast
Earl Grey
Chamomile
Green Tea & Jasmine
Peppermint
Lemongrass & Ginger

COLD DRINKS

ICED DRINKS

Latte $7
Coffee $8
Mocha $8
Chocolate $7
Cold Brew $7.5
Long Black $6
Chai $8
Matcha $9
Strawberry Matcha $10

SOFT DRINKS

Sparkling Water $4.5
Coke, Coke Zero, Lemonade, Ginger Beer $5.5
Lemon Lime & Bitters $6.5

FRESH JUICE

Just Orange $9.5
Green Apple $9.5
Rise and Shine (Orange, Ginger, Carrot) $9.5

MILKSHAKES

Vanilla, Strawberry, Chocolate, Caramel,
Banana, Blue Heaven $8
Thick shake + $2

SMOOTHIES $12.5

GOLDEN HOUR

Pineapple, Banana, Mango, Passionfruit & Coconut Milk
+ Vegan Protein $4

GREEN GODDESS

Banana, Spinach, Kale, Pineapple, Mango & Coconut Milk
+ Vegan Protein $4

BERRY SORBET

Strawberries, Mango, Lemon Sorbet & Coconut Water
+ Vegan Protein $4

GONE BANANAS

Banana, Oats, Honey, Cinnamon & Milk
+ Vegan Protein $4

COCKTAILS

MIMOSA $16

Sparkling Wine, Orange Juice

TOM COLLINS $18

Gin, Lemon, Soda

APEROL SPRITZ $18

Prosecco, Aperol, Soda, Orange

PINK LADY $20

Gin, Prosecco, Lemonade, Berries

PASSIONFRUIT MOJITO $20

Rum, Soda, Mint, Lime

COSMOPOLITAN $22

Vodka, Cranberry, Triple Sec, Lime

PORNSTAR MARTINI $22

Vanilla Vodka, Passionfruit, Lime, Prosecco

ESPRESSO MARTINI $22

Vodka, Kahlua, Inglewood Coffee

MARGARITA $22

Tequila, Triple Sec, Lime, Agave

MOCKTAILS

SUMMER FLING $16

Mango, Guava, Passionfruit

CRANBERRY SANGRIA $16

Ginger Beer, Orange, Cranberry

WINE

SPARKLING $12/$45

Prosecco
Sparkling Wine

WHITE $12/$45

Sauvignon Blanc
Pinot Gris
Rosé
Chardonnay

RED $12/$45

Pinot Noir
Shiraz

BEER

BOTTLED $10

Please ask our staff what is available

ON TAP $12

Carlton Draught
Great Northern Super Crisp
Hard Rated

CIDER

APPLE $10

PEAR $10

SPIRITS

MIXED SELECTION AVAILABLE

Please ask our staff what is available

MIDDLE GROUND

@middleground.melbourne

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Beaconsfield

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