Faith's Nutrition Counseling

INSURANCE VERIFICATION GUIDE

You can use the information below to better understand your nutrition counseling benefits. When contacting your insurance company, use this guide to help ask the right questions

Do I have nutritional counseling coverage on my insurance plan?

If your insurance company ask for a specific CPT code, provide them with the following codes: 97802 & 97803

If they say you do not have coverage for either of those codes, ask them to check your coverage for the following codes: 99401 & 99404

Will my diagnosis be covered?

If the representative asks for a diagnosis code - please tell them the visit is coded in the ICD 10 code: Z71.3 (Dietary surveillance and counseling).

We code your visit using preventative coding when possible to maximize the number of visits you receive from your insurance provider. However, if you get a referral from a doctor and it lists a specific diagnosis (ie. Diabetes,Hypertension) then we will use that but code in a preventative manner.

How many visits do I have per calendar year?

Your insurance provider will let you know how many visits they are willing to cover. Depending on the insurance company that number of visits will vary from 0 to unlimited depending on medical need.

Have I met my deductible?

In the event that you have a deductible that has not yet been met, the cost of the session will go towards your deductible. However, you are then responsible for paying us that amount. (For example, "X" insurance company said $XXX went towards your deductible for the nutrition counseling session. Since we did not receive any payment from your insurance that goes towards your deductible, you will be responsible for paying the full nutrition counseling session amount.)

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Do I have a copay for nutrition counseling?

For most insurance companies I am considered a specialist. This information is often available on the front of your actual insurance card. Whenever possible we will try to bill for preventative nutrition so that a copay is not always required. Copays are due when we receive the EOB for the session and we will charge the credit card on file.

What is my reference number?

Please make sure to ask for and record the reference number of the conversation you just had with the insurance company. This will be helpful in case there are any difficulties with coverage.

Is Telehealth covered? And if so, is there a copay, and how many sessions are covered?

Be sure to ask this question to receive telehealth services.