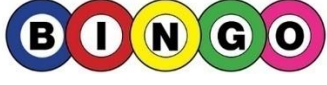
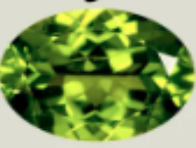
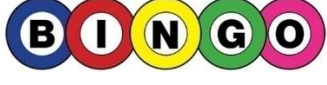
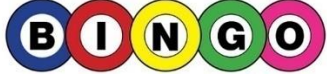
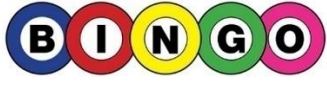


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 AUGUST 2026						10:00 Chair Yoga 10:30 Balloon Toss 11:00 painting 
 AUGUST Gladiolus 2	BC Day Happy 155 th BC  3	10:00 Racketball 10:30 Manicures 2:00  4	11:00 Catholic Mass 10:00 Dice Game 11:00 Rolls and Strolls 1:45 Bowling  3:00 Board Games 5	11:00 Chapel 9:30 Bus outing  1:45 Garden Time 2:45 Table activities 3:30 one to ones 6	10:00 Chair Yoga 10:30 Balloon Toss 11:00 Trivia 2:00  7	10:00 Chair Yoga 10:30 Balloon Toss 11:00 painting 2:30 Music with Greg- Rose  8
August  Peridot 9	11:00 Spiritual Reflection 3:00 Racketball 10	10:00 Racketball 10:30 Manicures 2:00  11	10:00 Dice Game 11:00 Trivia 1:45 Bocce 3:00 Birthday Celebration for July and August with Steven-Willow 12	11:00 Chapel 9:45 Active Game 10:45 Hand massage 13	2:00  14	Sorry No Programs  15
Human eyes focus on 50 different objects every second.  16	11:00 Spiritual Reflection 3:00 Racketball 17	10:00 Music with Alastair 11:00 one to ones 2:00  18	11:00 Communion 10:00 Dice Game   11:00 Rolls and Strolls 1:45 Bowling 3:00 Board Games 19	11:00 Chapel 2:00 Social Hour 5:00 BBQ Beef Tenderloin Dinner  20	10:00 Chair Yoga 10:30 Balloon Toss 11:00 Trivia 2:00  21	10:00 Chair Yoga 10:30 Balloon Toss 11:00 painting  22
You share your birthday with around 19 million people  23	11:00 Spiritual Reflection 3:00 Racketball 24	10:00 Racketball 10:30 Manicures 2:00  25	10:00 Dice Game 11:00 Trivia 1:45 Ice Cream Social  3:00 Board Games 26	11:00 Chapel 9:30 Bus outing 9:45 Active Game 10:45 Hand massage 1:45 Garden Time 2:45 Table activities 3:30 one to ones 27	10:00 Chair Yoga 10:30 Balloon Toss 11:00 Trivia 2:00  28	10:00 Chair Yoga 10:30 Balloon Toss 11:00 painting  29
 it's SUMMER TIME 30	11:00 Spiritual Reflection 3:00 Racketball 31	 Willow 				