



OUTPATIENT THERAPY

REFERRAL FORM

For outside agencies, medical practices, schools, and community partners referring a client.

1 CLIENT INFORMATION

CLIENT LEGAL NAME		PREFERRED / CHOSEN NAME	
DATE OF BIRTH	PRONOUNS	GENDER IDENTITY	
STREET ADDRESS		APT / UNIT	
CITY	STATE	ZIP CODE	
CLIENT PHONE		CLIENT EMAIL	
SAFE TO CONTACT CLIENT BY: ☐ Phone call ☐ Text ☐ Email ☐ May leave voicemail			
PREFERRED LANGUAGE		INTERPRETER NEEDED?	
		☐ Yes ☐ No	

2 PARENT / GUARDIAN INFORMATION (IF APPLICABLE)

PARENT / GUARDIAN NAME	RELATIONSHIP TO CLIENT
PHONE	EMAIL

3 INSURANCE INFORMATION

INSURANCE COMPANY / PLAN	MEMBER ID
POLICYHOLDER NAME	POLICYHOLDER DATE OF BIRTH



OUTPATIENT THERAPY

REFERRAL FORM

4 REFERRAL DETAILS

PRIMARY REASON FOR REFERRAL / PRESENTING CONCERNS

REQUESTED SERVICE(S) - CHECK ALL THAT APPLY

- ☐ Individual therapy
- ☐ Couples / relationship therapy
- ☐ Family therapy
- ☐ Teen therapy
- ☐ LGBTQ+ affirming therapy
- ☐ Sexual health therapy

CLINICAL / DIAGNOSTIC INFORMATION (IF KNOWN)

CURRENT SAFETY CONCERNS

- ☐ None known
- ☐ Suicidal thoughts / risk
- ☐ Risk to others
- ☐ Other

EXPLAIN CURRENT OR RECENT SAFETY CONCERNS

This form is not monitored for emergencies. For immediate danger, call 911 or go to the nearest emergency department.

- REFERRAL PRIORITY
- ☐ Routine
- ☐ Soon (within 1-2 weeks)
- ☐ Urgent (not an emergency)

- FORMAT PREFERENCE
- ☐ In-person
- ☐ Virtual
- ☐ Either

- LOCATION PREFERENCE
- ☐ Naugatuck
- ☐ West Hartford
- ☐ Virtual / no preference

SCHEDULING AVAILABILITY / CLINICIAN PREFERENCES / ACCESSIBILITY NEEDS

5 REFERRING PROVIDER / AGENCY

REFERRER NAME & CREDENTIALS

AGENCY / PRACTICE

PHONE

EMAIL

FAX

RELATIONSHIP TO CLIENT

DATE OF REFERRAL

- ☐ I confirm the client/guardian is aware of this referral and has authorized contact by MisterHealth.

SUBMIT COMPLETED FORM

Email: Hello@MisterHealth.com

Fax: (860) 920-7320