



Inconceivable: A Raw Account of Endometriosis, Infertility and Unwavering Hope Through Misdiagnosis, Surgery, and Loss.

Inconceivable is a poignant memoir following Sinead's journey with infertility and endometriosis. It's a story of hope through despair, misdiagnosis, surgeries and loss, and encourages women to never give up.

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UNITED KINGDOM: Published 19th May 2026, *Inconceivable* is a raw, intimate, and ultimately uplifting memoir tracing Sinead Wade's long and painful journey through endometriosis and infertility. As she battles to be heard in a system that routinely dismisses women's pain, Sinead discovers a resilience she never knew she possessed.

Told with warmth, candour, and a chatty, easy-to-read style, Wade invites readers directly into her world. Her story offers solidarity to women who have felt dismissed, unseen, or alone in their suffering, and empowers them to speak up, seek answers, and trust their own bodies.

A powerful testament to perseverance and self-advocacy, *Inconceivable* will resonate deeply with fans of *Knocking Myself Up: A Memoir of My (In)Fertility* by Michelle Tea and *The Art of Waiting: On Fertility, Medicine, and Motherhood* by Belle Boggs.

Blurb:

After every knock, no matter how severe, I would find a renewed strength to try again. And again.

Endometriosis affects 1 in 10 women worldwide, yet on average it takes 8 years to get a diagnosis. Why? Because the medical profession regularly dismiss women's pain as 'normal'.

In this intimate, heartfelt memoir, we follow Sinead's journey with endometriosis, through her struggles with pain, miscarriage, medical gaslighting, heartbreak, misdiagnosis, botched procedures, betrayal, and numerous treatments, before she finally found her happy ending – her inconceivable future.

For women who have suffered debilitating pain and not been listened to; for women facing fertility struggles; for women who have been betrayed and had their hearts broken, *Inconceivable* is an uplifting and empowering reminder that we are not alone, and that once we put ourselves and our own needs first, wondrous things can happen.

Above all, this is a story of hope through despair; about what is possible if you keep pushing, keep persevering, and never give up.

The author says:

"I have been writing a version of this book my whole life. It was only when I was years into fertility treatment that I started to realise I had a story to share. So, I dusted off all the pages that documented my fairytale childhood romance and started the book. I wrote this for any woman trying to bring their baby into the world, for any woman who has not been heard by their Dr, for any woman who has been betrayed or had their heart broken. Once you let go and put yourself first, wondrous things can happen. My life is clear evidence of that."

Published by Cranthorpe Millner Publishers, *Inconceivable* (ISBN: 9781803783741)

is published on 19th May 2026 and is available in paperback (£10.99) and eBook format.

[Waterstones](#) | [Amazon](#)

About the author:

Sinead Wade has been writing about real life events for as long as she can remember, but it was only when she found herself struggling to conceive that she felt a real story emerging, one that deserved to be shared. She hopes that her story will help to encourage, inspire and empower women facing a similar situation, or who simply want to know more about the reality of women's health and fertility. She now lives in Co. Limerick with her husband and miracle daughter Lucy.

Social media:

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