Triple R Ranch Camp Handbook

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About Us

Camp Philosophy

Triple R Ranch seeks to provide an environment that is distinctively different from those environments commonly experienced in the civic community, schools, churches, and in home. The activities available at Triple R Ranch should represent an array of experiences, which can only be found in the dynamic ministry of Christian camping. This approach of providing a distinctively different environment, combined with the goal of presenting biblical truth through the entirety of the Triple R Ranch experience, forms the foundation upon which our program is built.

Through the activity program, Triple R Ranch seeks to provide a recreational environment that will gratify, strengthen, and renew all those involved. The principles studied in Bible Hour are tried out in the laboratory of camp activities. Those placed in the position of leading these activities are responsible for relating their spiritual experience and biblical principles to attitudes and behaviors displayed during the activity.

The educational, recreational, and special activity aspects of the program use both decentralized and centralized approaches to provide individual and small group experiences as well as the excitement and identification felt in all-camp specials.

The total program of Triple R Ranch, built upon this philosophy is also derived from distinctive ideas that a Christian Camp should:

- Be different from the types of activities and experiences that a child may have at home, school, church, and in his community.
- Create an outdoor experience that will bring the camper into contact with the beauty and design of God's creation.
- Teach new skills and appreciation both in the physical and practical as well as in the vital area of human relations.
- Bring each camper into a vital, saving relationship with God through instruction in His Holy Word and introduction to His Son, Jesus.
- Provide wholesome fun and enjoyment through an exciting, well-planned program that reflects the joy and zest of the Christian Life.
- Create opportunities for self-discovery, personal growth, and leadership training through work and camping experiences.
- Teach and practice Philippians 2:3-4 "Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others."

Camp Goals

It is the basic purpose of Triple R Ranch's program to provide youth opportunities to experience Jesus Christ. We utilize outdoor activities, instruction, and recreation as a tool to point individuals closer to Him. We believe that the depth to which campers will come to know Jesus Christ is directly proportional to how well we

reveal His love and His attitudes as we instruct and supervise in the various phases of the program. We incorporate dedicated time to effectively teach God's word to them. It is vitally important that these attitudes be carried over into all phases of camp and that each activity be a vehicle by which we may dynamically present Jesus Christ as Lord and Savior. In addition to our primary goal, our program is designed to achieve growth in various stages of development as well. The following information list the various areas of growth we have designed our program to accomplish:

Spiritual Growth:

- Be sensitive to teachable moments
- Present Christ in your attitude and example, being prepared to give account
- Show a reverence for God's word and stress spiritual application in all aspects of the camp program.
- Plan and teach quality bible studies and devotions so as to effectively communicate the truths in God's word.

Physical Growth:

- Be actively involved in programmed activities.
- Encourage active involvement of all campers in programmed activities.
- Display good hygiene, manners and eating habits.
- Display and maintain an environment of safety awareness.
- Maintain an atmosphere of relaxation and fun allowing for failure and offering praise.
- Through preparation and planning, facilitate quality instructional classes.
- Encourage natural ability in campers while patiently fostering skills in those less able.

Social Growth:

- Encourage and motivate individual campers so as to build self-esteem.
- Demonstrate acceptance of all campers so as to develop unity within the cabin unit and camp as a whole.
- Show by example wholesome attitudes and conduct to the opposite sex, through uplifting speech, self-control, and refraining from touch.
- Create an atmosphere through work and deed which demonstrates Christian standards of behavior.

Mental Growth:

- Provide times of group discussion and problem solving.
- Make application of principles of life.
- Counsel closely with campers who progress more rapidly while being patient with those who do not.

Emotional Growth:

- Treat all campers with equal love and attention
- Counsel and calm campers in stressful situations.
- Demonstrate personal patience and self-control.
- Maintain a positive attitude concerning all activities.
- Get all campers involved in some way.

- Give praise and reward to those campers who demonstrate responsibility.

Triple R Ranch Statement of Faith

With this Statement of Faith: We will not unwelcome any guests due to their personal beliefs, as experience will confirm. We are presenting our beliefs for the sake of those who wish to know our position. We welcome calls for clarification.

- There is one God eternally existing in three persons; the Father, the Son and the Holy Spirit.
- Jesus Christ died shedding His blood for our sins, and was bodily raised from the dead for our justification.
- The Holy Scriptures are verbally inspired of God and are our only infallible rule of faith and practice.
- Jesus will return visibly and bodily with great power and glory.
- Man is by nature and practices a sinner, separated from God, and can become God's child only by faith in Jesus Christ, and submission to the will of God as revealed in the Gospel.
- Those who are thus born into God's family have eternal life, and those who are not remain spiritually dead, and will be separated from God forever in hell.
- The Holy Spirit lives in the believer and enables him to walk in purity of life and in submission to the will of God.
- All believers are united in the body of Christ.

Contact Information:

Website: www.triplerranch.org
Registrar Email: camp@triplerranch.org
Office phone: (757) 421-4177 Fax: (757) 421-4178

Address (office and camp property): 3531 Bunch Walnuts Road, Chesapeake, VA 23322

Hours of Operation

Overnight camp:	Sunday 5:00PM – Friday 5:30PM
Day Camp:	Monday – Friday 8:00AM – 5:00PM
Office Hours:	Sunday: 3:00PM – 6:00PM
	Monday – Friday 9:00AM – 5:00PM

Holiday Policy

Triple R Ranch provides camp every day during the session period that is listed online and on the registration form.

Getting Started

How to Register for Camp:

Fill out the registration form (online or on paper) and make a $200 deposit. You're in!

All communication to parents about summer camp will be sent through the email(s) provided on the registration. We may also make phone calls to communicate directly. All information will be confirmed via email communication. Please add the domain @triplerranch.org to your safe sender's list to ensure you receive all communication.

Remember your account information for the Parent Portal.

- If you registered online, your username is the email with which you signed up.
- If you registered on paper or PDF, it is the email you put in the household information, and you will be sent an activation email within a few business days to access your online account.

The online account is called the "Parent Portal" and can be accessed at any time through the "Login" button on the top of the website at https://triplerranch.org/ or directly to the log in page at https://triplerranch.campbrainregistration.com/. Please let us know if you have trouble accessing your account, and we will be happy to assist you.

All the required forms and registrations are accessible digitally through the Parent Portal. The links for viewing photos and One-Way Emailing are also in the Parent Portal. These are secured for only those who have access to the Parent Portal to ensure your camper's safety.

Put the camp dates on your calendar. If you don't remember, the session will always be listed in your online Parent Portal and on your account statement. The complete list of sessions and dates can always be found on our website.

Eligibility

To participate in all summer camp activities campers should be able to:

- Turn 8 within 30 days of attending overnight camp
- Turn 7 by first day attending day camp
- Turn 14 within 30 days of attending teen camp
- Follow basic instructions and camp rules
- Functional use of legs and arms
- Exhibit basic swimming skills (Triple R Ranch will assess each camper's ability to swim before campers are allowed off the diving boards.)

If you have any questions regarding the above eligibility statement or if your child needs special accommodation to participate (other than food allergies) please contact the office.

Required Forms and Documents

Required Forms to be completed in the Parent Portal:

- Financial Policy and Media Release
    - Required at time of registration.
    - Please let us know if you do NOT want your child photographed, and we will respect your wishes.
- Medical Form
    - Please be aware that we require additional medical information for each camper such as an immunization record and a physical that is not covered in the Medical Form.
    - If you need to change the medication information, please let the office know, and we can reopen the form for you. You will be required to sign a medical authorization form upon arrival at camp (pulled from your submitted Medical Form) to confirm the correct medication information for your camper.
    - We highly recommend completing initial registration first and then coming back to finish forms such as the Medical Form. There is much information required, and your cart will only be reserved for 30 minutes.
- Code of Conduct
    - Make time to review the Code of Conduct with your camper and refresh them before you arrive at camp (once submitted online, you can find a PDF version on the website).
- General and Horse-Riding Release of Liability
- *Day Camp Only:* Day Camp Permission and Information
    - This information is required by the Virginia Department of Education.
- *Day Camp Only:* Additional Household Information
    - This information is required by the Virginia Department of Education.
    - Anyone listed on this form will be included in your camper's list of approved contacts for pick up.

Required Uploads of the following documents to your Parent Portal:

- Camper Immunization Record
    - This must be the most accurate and current shot record for your camper from a doctor, the DoE, or a statement claiming religious exemption for each camper.
- Child's Physical
    - This must be in the past two years before arriving at camp.
- Food Allergy and Anaphylaxis Emergency Action Plan
    - Required only if applicable to your camper.
    - This must be filled out and signed by a doctor.
- *Day Camp Only:* Proof of Identity of Child
    - This must provide proof of a child's identity in the form of a birth certificate, report card, or passport.

- Required for Day Camp only

Additional Forms to be completed in the Parent Portal:

- Horsemanship Morning Track & Private Lesson
  - This applies to campers if they are signed up for the week-long Horsemanship Track or one-time Private Riding Lesson electives.
- Cabinmate Request
  - This applies if campers want to bunk with a sibling or a friend.
  - Cabinmates may not be more than TWO years apart in age. If you are requesting more than four cabinmates, the campers may be split up among two cabins.
- Request for Discount
  - This form will be reviewed within a few business days to check eligibility.
  - All time-sensitive and Sibling discounts will be automatically applied upon completion of your initial registration.

Make sure your required forms are completed ONE WEEK PRIOR to your camper's arrival!
This is required, and we cannot accept late forms. If you're unsure if your required forms are completed, log into your online Parent Portal, the forms with an asterisk (*) should have the word "complete" next to them, and the documents should say "complete" for which ones are applicable according to the titles. If you need to change something prior to your arrival at camp, please reach out to the office, and we will be happy to reopen the form for you (don't forget to resubmit when you're done!).

When Camp Gets Closer:

Review the packing list below.
Old clothes are great for camping because campers will get dirty outside (we can almost guarantee!). All campers will ride a horse, so they need at least one pair of long pants (jeans are preferred) and close-toed shoes (boots with a 1" heel are preferred but tennis shoes work fine). Crocs do not qualify as a close-toed shoe.

Packing List for overnight camps (Adventure, Teen, and Mini)
Please bring all items in one container and label them clearly with your camper's name. We suggest one of the large Rubbermaid-type containers which slide underneath the bunks easily.

- Twin-size bedding or sleeping bag
- Pillow
- Toiletries
- Socks & underclothes
- Tennis shoes
- One-piece bathing suit (or conservative two-piece tankini for girls)
- Beach towel for the pool

- Towels & washcloths
- Rainwear & extra shoes
- Bible, notebook, and pen or pencil
- Flashlight
- Pajamas or nightshirt
- Casual clothes appropriate for the weather
- Flip flops (for pool & showers)
- Insect repellent & sunscreen (spray bottles ONLY; campers aged 8 and younger will be assisted in applying)
- Hamper bag or garbage bags with names on bag for dirty clothes
- All medications in a separate bag to turn into the Camp Nurse at check-in
- All campers need closed-toed shoes for horseback riding (tennis shoes are fine). Crocs may be worn at camp but not for horseback riding.
- **Adventure and Mini Camp:** color-specific shirt for team (color will be emailed a week prior to camp)
- **Teen Camp:**
    - Sleeping bag and pillow for campout
    - Clothes for messy games
- H**orsemanship Track or Private Lesson:** closed-toed shoes or boots with a 1" heel and long pants

Cabins and Food

Due to the number of insects at the Triple R Ranch, we would appreciate no food to be brought from home. Open food is prone to insects and other unwanted animals. Snacks can be purchased at the Trading Post several times daily. If snacks are sent in care packages or from home, please make sure they are in tightly sealed containers.

Packing List for Day Camp

- Please bring all items in one container and label them clearly with your camper's name. We suggest your camper brings a backpack that will fit extra items. They will be carrying their bags to each activity.
- Wear clothes appropriate for the weather
- Shoes with a closed-toe are needed for most skill areas. Sneakers or Crocs are great. Crocs may not be worn for horseback riding.
- One-piece bathing suit and flip flops for pool (or conservative two-piece tankini for girls)
- Towel
- Bible, notebook, and pen or pencil
- Insect repellent & sunscreen if needed (spray bottles ONLY; campers age 8 and younger will be assisted in applying)
- Extra change of clothes
- Rainwear if rain is expected
- All medications in a separate bag to turn into the Camp Nurse at check-in
- All campers need closed-toed shoes for horseback riding (tennis shoes are fine). Crocs may be worn at camp but not for horseback riding.

- **Horsemanship Track or Private Lessons:** closed-toed shoes or boots with a 1" heel and long pants.

Trading Post (Camp Store)

The camp store will be open during free time all day. Items available include: chips, crackers, candy, sodas, juice, snacks, souvenirs, t-shirts, and other items. Each camper's money is deposited into an account for them.

Make a Trading Post Account

The Trading Post is the camp store where campers go at least once a day to refresh with snacks, drinks, and souvenirs. Campers will only be able to make purchases on their pre-paid account and not with physical money; it is against camp rules for campers to bring money with them to camp. If they do, it will be turned into the office and can be picked up at the end of the week.

Suggested amount to deposit

We recommend $50 as adequate spending money for the week. However, we encourage each family to deposit an amount that is reasonable for their budget. Parents pre-pay an amount for each camper's account before the week arrives. Campers will only be able to make purchases on their account and not with physical money; it is against camp rules for campers to bring money with them to camp. If they do, it will be turned into the office and can be picked up at the end of the week.

If you did not add an amount at registration, you can log back into your online Parent Portal, click "View Details" under your camper's name, and click "Add Deposit" under the Trading Post section on the right-hand side of the page. If you need assistance, please email or call, and we will be happy to assist you or add it for you.

Campers MUST have a Trading Post account set up BEFORE check-in day. If this is not set up, this will make the check-in process longer. Please let us know ahead of time if you do not wish to set up an account for your camper.

You can also find CARE PACKAGES at our ONLINE STORE at www.triplerranch.org. Care Packages can be purchased anytime once available and are delivered daily at lunchtime.

Trading Post Unused Funds

All unused Trading Post funds will be refunded upon request by email to the registrar at camp@triplerranch.org. Our college staff leave their family & friends to serve our campers. Tips, gift cards, etc. are a great way to say Thank You. You may tip individually or place in the Tip Bucket. *Any money not picked up will automatically be contributed to the counselor tip fund.*

When camper arrives:

Arrival at camp

Confirm your designated check-in time. You can find this on our website, on the Guide to Camp at Triple R Ranch (go to the "Check-in" section), and on the camp brochure. If you know you may be running late, we are happy to have your camper join in; please reach out to the office on when we should be expecting your camper if it is outside the designated check-in window. We do not accept early check-ins.

When you drive in, our staff are so excited to greet you and your camper! Please stay in your vehicle until you are directed to park and follow all instructions given to you. Our staff will ask you to unload all luggage, and they will label it and take it to your camper's area where they will be staying. You will be directed to the appropriate check-in location. The nurse will be at check-in if you need for any reason. Then, you bring your camper's luggage to the cabin, help them unpack, and meet the counselors that will be caring for your campers all week. This is the "goodbye for now" moment until Friday (or Tuesday if signed up for the August 9-11 session of Mini Camp)!

You will be emailed your camper's cabin name and specific check-in instructions the week prior to arrival. There will be staff around camp directing check-in. Your camper will receive a nametag with their schedule for the week, including electives that are scheduled for them.

Transportation Policy

Triple R Ranch does not provide transportation to and from camp. Teen campers may NOT drive themselves and leave cars at camp.

**Exception: Triple R Ranch may, at its discretion, provide transportation to alternate pickup locations due to hazardous road conditions with written permission from parents.*

Check-in for overnight camps (Adventure, Teen, and Mini)

Check-in is between 4:30 and 5:30pm on Sunday for overnight camps check-in (except for Camp Session 3 which starts on Monday) You will be emailed specific instructions and timeframe a week prior to your arrival. Parking, assistance, and housing will NOT be available before that time. After 6:00 pm, Check–in will be conducted at the front office. Sunday dinner is at 5:30pm. Any campers who arrive after this time must make other arrangements for dinner. No arrivals will be accepted after 8:00 pm.

Early check-in is not possible. Staff will be available to assist you with parking, luggage, and directions for the checking-in process promptly as check-in begins.

We will NOT be taking any payments or forms at check-in. Please make sure all forms are completed and all payments, including Trading Post deposits, are done online prior to check-in.

All medications must be checked-in with the camp nurse at the Ponderosa on Sunday. **Please note that we can only accept medications in the original container, no exceptions. All medications should be picked up at check-out.** Any medications left at camp will be held for two weeks and then disposed of. The Nurse will have your Medical and Medication information on hand at check-in, pulled from your camper's medical form that was previously submitted online. Parents (or guardians) of campers with medications must sign the medication authorization form at check-in when dropping off medication to confirm all information in the medical form is accurate at time of dropping off camper.

Check-in for Day Camp (Every Day)

Please arrive between 7:30 and 8:00am on Monday for check-in. (except for Day Camp Session 3 which starts on Tuesday) Camp will begin for the day promptly at 8:00am. Early check-in is not possible. Staff will be available to assist you with parking and directions for the checking-in process at 7:30am. Breakfast starts each day at 8:15 am. Any campers who arrive after this time must make other arrangements for breakfast.

We will NOT be taking any payments or forms at check-in. Please make sure all forms are completed and all payments, including Trading Post deposits, are done online prior to check-in.

Meals at Camp

When you greet your camper's counselors, you will get a menu of what your campers are eating for the week. There is a space at the bottom for any food allergies or dietary restrictions. Any food allergies or dietary restrictions listed in the Medical Form are sent to the Kitchen Manager prior to your arrival.

Our kitchen staff work diligently to accommodate everyone, and if need be, they will make your camper a separate meal if they are unable to eat what is offered at the meal. Feel free to speak with the counselors as well about what your camper may or may not be able to eat because they will be with their counselors at every meal.

Horsemanship Track Elective

In the morning your camper will participate in two hours of activity at the barn including riding lessons and theory. Each morning they will also participate in two skill areas with their cabin. Campers are placed according to their experience. If you are a current student at Triple R Ranch, you will be placed in the level at which you are currently riding. This is very important for safety reasons.

Showdeo

Horsemanship Track camper parents are invited to attend the Showdeo, which begins at 11:00am. At the end of each session with the Horsemanship Morning Track, the campers who participated will present their skills in the Showdeo. (Please refer to the "Check-out" section for the time). Your campers will join their counselors at the end to continue on with the rest of the day. If you would like to check-out early, please review the early check-out procedures below.

Proper Attire

Please be aware that flip-flops are never allowed in the barn or around the horses. Your camper will not be allowed to ride in open-toed shoes. Long pants and shoes with an actual heel are required for all campers taking Riding Lessons.

Check-out for overnight camps and Friday check-out for Day Camp

Camp ends on Friday at 5:00pm (Tuesday for Mini Camp)

When camp ends:

We are happy to welcome back parents and guardians to reunite with their campers and hear all about the camp stories! Please remember, you cannot pick up a camper unless you are listed as a designated contact and must present photo identification to verify identity.

At the end of each session of camp, check out will take place at the Grace Pavillion. You will be directed to drive up to the Pavillion where your camper will be waiting and staff will be present to assist in loading luggage into your vehicle. Medications will be handed out by the front office on your way out. You will be notified the following week of your camper's trading post balance, and given the option for a refund, or to have it given as a staff tip. If we do not receive a response to that email, any remainder will be evenly divided into the staff tip.

Camper Sign Out Security

You may sign your camper out with the head counselor after 5:00. Your camper MUST be signed out with the counselor. All persons authorized to pick-up the camper must be listed as contacts in the Additional Household Form. You must sign the Counselor's sign-out sheet and present photo identification that matches a designated contact for that camper to check-out your camper. No Exceptions. If someone arrives to pick up your child from camp that is not listed as a designated contact for that child, then the child will not be released from camp and the primary contacts will be called by phone.

Check-out for Day Camp

Camp ends at 5:00pm each day. Please refer to your registration to verify the check-out day for your camper. You will be directed each day on where to drive to pick up your camper. Have your photo identification ready each day (see above) to check out your camper.

Late pick up:

All campers are to be picked up on time at the close of camp. Parents that are late should notify the office immediately as to their ETA. Parents who do not contact the office will be notified via phone call to determine their ETA. If the parents/guardians cannot be reached, then emergency contacts will be notified to pick up the child. If neither primary parents/guardians nor emergency contacts cannot be reached, then Triple R Ranch will contact local authorities to assist in either contacting the parents/guardians or assuming custody of the

child. TRIPLE R RANCH DOES NOT PROVIDE CHILDCARE OR SUPERVISION FROM FRIDAY EVENINGS UNTIL SUNDAY AT 5:00PM.

Emergency pick up policy:
In the case of a camp wide emergency where a portion or the whole camper's population must be picked up early, parents will be notified via email and phone calls. Instructions will be sent through email on pick up procedures if they differ from normal check-out. If individual campers are dismissed early due to emergencies, the parents/legal guardians will be notified by phone. If a camper or campers needs to be dismissed early, parents/guardians will be reached first followed by emergency contacts. If no members of the family are reached after two hours, Triple R Ranch will contact local authorities to assist in either contacting the parents/guardians or assuming custody of the child. If there is an emergency that hinders parents from picking up there child and the parents have been reached, the Program Director will coordinate will work with the parents on any additional steps that need to be in place

Early Check-Out
If early check-out is a necessity, please let us know at check-in. Early check-out times must be finalized at check-in. You will be given a form to fill out with the check-out time and date, so your camper's counselor can have them packed and ready for your arrival. We do not issue refunds for leaving camp early.

You will be given a Camper Check-Out Form at check-in on Sunday. You will need to keep this form and present it to the counselor in order to sign out your camper at any time. You must sign the Counselor's sign-out sheet, present Camper Check-Out Form, and present photo identification in order to check-out your camper.

Rules and Policies:

Camper Rules
These simple rules are explained to all campers. We hope giving them to you now will help your child know more of what to expect at camp.

- We want every child to feel loved, accepted, and safe. Therefore, Triple R Ranch has a "no tolerance" policy for fighting and aggressive behavior. A camper will be given one warning if he/ she is physically or verbally aggressive, and a call will be placed to the parent. If there is a second incident, the camper will be sent home.
- Boys are not allowed in the girl's cabin area. Girls are not allowed in the boy's cabin area.
- Shoes and shirts should be worn at all times, even going to and from the pool.
- Let's keep Triple R Ranch looking good, don't be a litterbug!

- No talking when those leading an activity or making announcements are talking. That's the best way to make sure everyone gets to hear what's going on.
- We would appreciate everyone wearing modest clothing. No underclothes (bottoms or tops) should be visible and shorts should have at least a 2" inseam. Bathing suits need to be conservative one piece suits (or conservative two-piece tankini for girls).

CAUSE FOR IMMEDIATE DISMISSAL:
POSSESSION OF DRUGS, ALCOHOL, TOBACCO PRODUCTS, OR ANY TYPE OF WEAPON.

PROHIBITED ITEMS:
CELL PHONES, LAPTOPS, TABLETS, iPODS, TV'S, RADIOS, MAGAZINES, WEAPONS OR ANYTHING THAT CAN BE BRANDISHED AS A WEAPON, ANIMALS, ELECTRONIC GAMES, PAGERS, ETC.

If you have a service animal, please contact Triple R Ranch for more information on accommodations.

Triple R Ranch is not responsible for lost or damaged personal items brought to camp.

Disciplinary Measures
Staff are trained to appropriately administer disciplinary actions for inappropriate behavior. The following list of appropriate and inappropriate disciplinary measures informs you of what to expect from our staff:

Appropriate Disciplinary Measures
- Timeouts from an activity not exceeding the number of minutes per age of the child
- Conferences with the head counselor or Camp leadership
- Phone calls to parents
- Removal from activity (only if the child demonstrates that by participating he or she is putting his or hers and or others safety in jeopardy.)
- Moving to the end of the line

Inappropriate Disciplinary Measures
- Take away or inhibit rest hour
- Withhold or force food
- Make threats
- Separate from the group to shame or ridicule the child
- Strike or rough handle a camper
- Use exercise as punishment
- Use any sort of unpleasant or harmful substance
- Enclose a camper in a small or confined place where the child cannot freely exit
- Gossip about campers

Lines of Authority

All summer counselor staff report directly to the summer leadership staff (Head Counselors) and the Summer Camp Manager. The designated medical staff member reports to the Program Director. The summer camp manager reports directly to the Program Director. The Program Director reports to the Executive Director who reports to the Board.

Sunscreen and Insect Repellent Policy

According to the Virginia Department of Education standards, Triple R Ranch staff assist all campers ages 8 and below with applying sunscreen and insect repellent. We recommend using spray sunscreen and spray insect repellent. Campers ages 9 and above are responsible for applying their own sunscreen and insect repellant with the supervision of our staff.

Visits, Phone Calls, and Mail

Visiting during the week by family and friends is discouraged for scheduling and safety reasons. However, Parents/Guardians do have the right to visit their child at any time. Arrangements can be made by contacting the office where we will bring the child for a visit. We do not allow parents into the cabin areas or activity sites without staff escort. Meeting about concerns with either staff members or program activities will take place in the office with the appropriate staff.

Phone Calls

Phone calls to and from home are discouraged. Emergency phone calls will be received at the office number during office hours. An emergency number is available on our directory after office hours.

Parent Communication

If a situation develops where parents need to be notified, the office staff will determine the best way and which to do so. Counselors are never to notify parents of any situations at camp without permission from the Program Director. Parent notification may include alternate pickup routes and locations as well as incident information and child location.

Situations include but are not limited to:

- Running a temperature
- Vomiting
- Allergic reactions
- Serious injuries that decrease mobility for extended periods of time
- Cuts that require or may require stiches
- Moderate to severe head injuries
- Difficulty breathing
- Behavioral issues

Mail

Mail is a highlight of your camper's week and is distributed to the campers daily at lunch. We recommend prewriting mail and bringing it with you at drop-off, as mail sent through the postal service often is not delivered until Thursday or Friday. We also have a one-way email link that we send to all our camper families that can be utilized for daily messages to your camper.

If you would like to send mail through the postal service, please address mail to:

Camper's Name
Week attending (Session #)
c/o Triple R Ranch
3531 Bunch Walnuts Road
Chesapeake, VA 23322

If we receive camp mail after Friday of your camper's session, you are responsible for picking up packages, and we will return letters in the mail. Triple R Ranch is not responsible for lost mail or packages.

Camper Photos and Camper Emails

Care packages are a great way to say "I miss you" to your camper. To send a care package, go to www.triplerranch.org and click on the Camp Store at the top of the Home Page. Secure online purchases can be made there and can be purchased anytime. Packages are created here at Triple R Ranch and delivered daily! They will be available for purchase by the first week of camp.

Please note that camper photos are limited and taken by one staff photographer. We understand this is a way to connect with your child while they are away at camp, but we are not able to take extra photos.

Staff/Camper Mail Policy

We ask our staff not to contact campers using any form of social media such as Facebook, Instagram, email, etc. In an effort to help you monitor the influences in your child's life, we ask our staff to only correspond by post cards. If your camper wishes to write their counselor, they can send letters addressed to their counselor at Triple R Ranch's address: 3531 Bunch Walnuts Road, Chesapeake, VA 23322 or email with the subject "Counselor Mail" to camp@triplerranch.org. We will be happy to forward letters and emails to staff during and after camp.

Health and Wellness Information/Policies

Medical Staff

Our medical staff normally consist of an RN, and, if available, an EMT assistant. There will always be at least one person on site who is CPR and First Aid certified and certified to distribute medications. If you have any questions about the qualifications of our staff or any concerns about Triple R Ranch's ability to care for a specific medical condition, please contact the office to speak with our Program Director.

Medications

All medications must be checked-in with the camp nurse in the check-in building on Sunday. There will be a separate line directly to the nurse. **Please note that we can only accept medications in the original container, no exceptions. All medications should be picked up at check-out.** Any medications left at camp will be held for two weeks and then disposed of. The Nurse will have your Medical and Medication information on hand at check-in, pulled from your previous submission online. Parents (or guardians) of campers with medications must sign the medication authorization form at check-in when dropping off medication to confirm all information in the medical form is accurate at time of dropping off camper.

Please make sure you pick up all medicine prior to leaving camp. We will not mail medicine and any medicine left at camp will be held for two weeks and then disposed of.

Special Needs Statement

The nature of the program does require a level of physical, mental, social, and emotional health. If you have any concerns about your child's health needs or concerns about participating in activities, please call the office.

Homesickness

Counselors begin by trying to keep campers busy with all the activities, asking them to help with things and trying to keep their mind off feeling homesick. For most campers, this works. If time passes and none of these things work, someone (usually the Summer Camp Director, Counselor, or Nurse) will give the parents a call to make them aware of what is going on so the parents can decide how they wish to handle it. Campers then call home if needed. We want your child to succeed at their camp experience. Homesickness is contagious in a cabin and we will do all we can to help him/ her. However, if a child goes home because of homesickness, there is no refund.

Mandated Reporting Policy

Triple R Ranch staff are all considered mandatory reporters for any suspicion of child abuse. These reports are kept confidential and documented by the staff member who took the initial report. The Program Director or the Summer Camp Manager are responsible for making the report to the department of Social Services.

Emergency Procedures

Please refer to the separate Emergency Procedures packet for all camp emergency procedures, off-hours emergency contact information, etc.

Mandates for Virginia Summer Camps

When you register for summer camp at Triple R Ranch, you do so knowing that Triple R Ranch will comply with all government mandates and best health and safety practices to keep all of our campers and staff safe.