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THE SCHOOL OF GRIEF COURSE



Dr. Dave

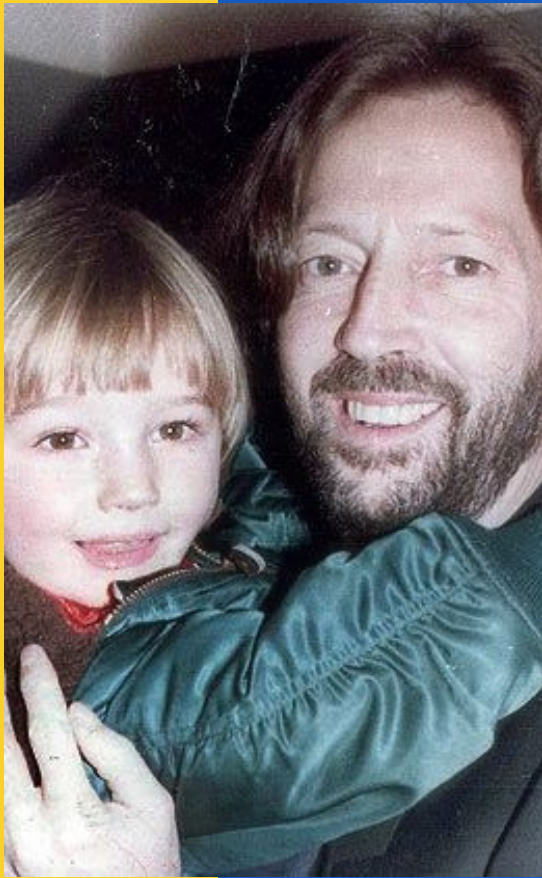
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RELEASE YOUR BURDEN OF GUILT

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“Guilt is perhaps the most painful companion to death.”

ELISABETH KÜBLER-ROSS



“Time can bring you down, time can bend your knees. Time can break your heart, have you begging please” could be an example of bargaining.

TEARS IN HEAVEN - ERIC & CONOR CLAPTON

3 CATEGORIES OF GUILT:

- Present Day Issues
- Not Being Able to Save Them
- Doing Things Differently

My observations of 3 Categories of Guilt that people experience

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We All Have Choices

- Story of Naomi
- Story of Job's Wife
- Have you chosen to become BITTER?

Forgiveness is the Key

- Acts 3:19; 1 John 1:9; Romans 8:1
- Accept God's forgiveness and forgive yourself
- Remember what you did right

