



CASE STUDY

Nurturing Resilient Educators: How the CommUnify Early Childhood Centers Champion Well-Being with *Empowered Educator*

About CommUnify

Children's Services offers Head Start and California State preschool programs for low-income families with children ages 3 to 5. These culturally responsive programs support academic, social, emotional, and physical growth in a safe, nurturing environment, preparing children for lifelong success. Skilled teachers create a supportive learning space that fosters confidence, curiosity, and a strong foundation for future learning. Beyond the classroom, the programs partner closely with families to connect them to resources and support, ensuring each child's growth is reinforced at home and throughout the community.

"How I show up impacts my students learning. My emotions effect their emotions which in turn invite or shut down the doors to learning. I feel like I now have a better connection with my students, and feel more patient, calm, and empowered."

-CommUnify Teacher

Why Empowered Educator

CommUnify partnered with Empowered Educator because of our shared belief: when teachers are well, everyone benefits. Our holistic approach to professional development supports both educator growth and well-being leading to stronger retention, deeper impact, and healthier classrooms.

Results

100%

Reported Improved Communication Skills

Empowered Educator training resulted in more open communication, fostering an environment where teachers and directors felt heard and understood, contributing to an improved school culture.

98%

Reported Increased Passion for Teaching

The self-awareness and reflection strategies reignited teachers' enthusiasm for the profession, and teachers reported feeling more compassionate and motivated.