

August Birthdays

BIRTHDAY TEA

Wednesday | August 12
3 pm | Willow
With the music of
Steve Marriot !!



Ted W.
Malcolm H.
Gerry A.
Yue T.
Anna Z.
Leslie S.
Joginder S.
Bing T.
Franco P.

August 1
August 1
August 5
August 6
August 11
August 11
August 20
August 23
August 29



Look for ways to celebrate staff and volunteers who go above and beyond expectations.

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Craft Fair & Bake Sale

Friday | November 27 | 12-4 pm

Saturday | Nov 28 | 10 am -3 pm

If you or someone you know is interested in renting a table to sell their goods, contact patricia.foley@salvationarmy.ca.

Thank you
for your donation

Our Rec Department is looking for any donations to use in gift baskets for our upcoming Christmas Craft Fair. If you have something you would like to donate, please contact: patricia.foley@salvationarmy.ca.

Items can include but are not limited to:

- ♦ Tickets for sporting/other events
- ♦ Gift cards
- ♦ Bath products (new loofas, body wash or lotions, nail files, nail polish, manicure sets)
- ♦ Kitchen items (new serving dishes, Tupperware, pampered chef, herbs or spices, mixes, etc.)
- ♦ Reusable drink cups/mugs
- ♦ Writing supplies (note books, pens, stickers)
- ♦ Scented candles
- ♦ Bottles of wine or other bottled beverages
- ♦ Empty baskets to use for gift baskets

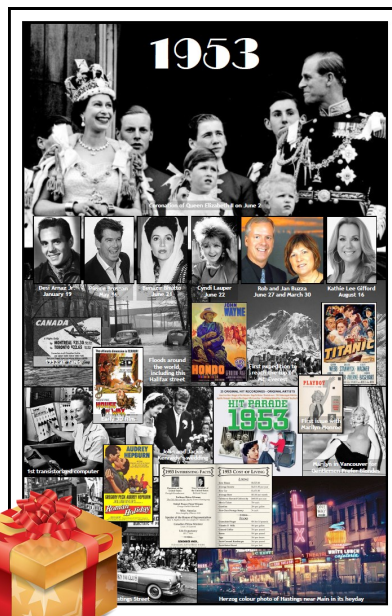
Also, stuffed animals for Bingo prizes are greatly appreciated!



Available for Orders

The perfect Birthday or Christmas gift idea!

We now have birth year poster templates from 1908 -1965, so if you would like to have an individualized one for yourself, friends or family members, they can now be ordered through the Chaplains. The cost is \$20, including the 11X17 frame, and the proceeds will be used to enhance the Spiritual Health Programs for the residents.



BUCHANAN LODGE



Fun Facts about B.C.

- ♦ B.C. was the sixth province added to Canada, in 1871.
- ♦ B.C.'s motto is "Splendour without Diminishment."
- ♦ The provincial flower of B.C. is the Dogwood.
- ♦ There are only 30 countries larger than B.C. (and one state: Alaska).
- ♦ Mile 0 of the 7,699 km Trans Canada Hwy is in Victoria.
- ♦ Fairweather Mountain is the highest point in B.C. at 15,299 feet.
- ♦ Osoyoos is the warmest freshwater lake in Canada.
- ♦ Ogopogo has been a protected species since 1989.
- ♦ B.C. Place was the first covered stadium in Canada.
- ♦ The world's largest hockey stick resides in Duncan.
- ♦ Although the Canucks have come up short three times, two B.C. teams have won the coveted Stanley Cup - 1915 Vancouver Millionaires & 1925 Victoria Cougars.
- ♦ Vancouver is 2nd only to Los Angeles in TV production and 3rd in movie production.

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Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

AUGUST 2026



Precious Memories



Thought For August

Among the many hard lessons learned through immigration, Soraya firmly believes “no job is beneath someone who dreams big!”



Introducing Soraya

This month we are featuring Soraya Da-Rocha-Britto, our Manager of Support Services. She began her career in Brazil, balancing teaching, conferences, a master's degree in Nutrition, and the publication of an article in the *Revista de Nutrição* at PUC-Campinas in 2015. It was a chapter filled with learning, achievement, and pride - one that came to a beautiful close. But life had other plans for Soraya!

After a series of misadventures, including a job loss, a divorce, and a robbery, Soraya began looking for new purpose and a fresh start. In 2016, filled with hopes, fears, and uncertainty, she left Brazil to begin again in Vancouver, Canada. She started a new professional journey as an educational consultant, helping Brazilians pursue their dream of studying abroad. At the same time, she became a student once again and earned her Associate of Arts Degree from Alexander College.

Starting over meant rebuilding her career from the ground up, beginning as a Dietary Aide in long-term care homes and at hospitals like St. Paul's and Vancouver General. With every opportunity she learned, grew, and embraced new challenges until becoming a Support Services Manager. Among the many hard lessons learned through immigration, Soraya firmly believes “no job is beneath someone who dreams big!”

But what truly gave meaning to her new life here was love. In 2017, she met Boni Junior. Together, they've built their home, a family - which includes their dog, Ruby - and countless memories that help her feel very much at home. Nearly ten years after moving to Canada, Soraya has come to understand the invisible scars of immigration can become a story of courage, resilience, and inner peace. Starting over was never easy, but every challenge shaped the person she is today. Soraya joined the Buchanan Team in January 2025 and we very much like the person she's become and the good work she is doing with our staff and residents!

We have much to learn from Soraya's story. What impressed me most was how, in the middle of making her own many adjustments to a new life here in Canada, she also began to help others do the same. Of all the incredible immigration stories in the Bible (e.g. Abraham, Moses, Ruth, Esther, and Daniel, to name a few), none are more impressive than Jesus Himself. He came from Heaven to earth, “*not to be served but to serve others and to give his life as a ransom for many!*” (MATTHEW 20:25). We can learn from Jesus, and from our wonderful co-workers like Soraya, that our lives are blessed when we bless others. “*For you have been called to live in freedom, my brothers and sisters. But don't use your freedom to satisfy your sinful nature. Instead, use your freedom to serve one another in love. For the whole law can be summed up in this one command: 'Love your neighbor as yourself'*” (GALATIANS 5:13,14).
~ Chaplain Rob



BBQ STEAK DINNER REC FUNDRAISER

August 13 - MAGNOLIA & CAMELIA
August 20 - ROSE & WILLOW
Thursdays | 5pm | Cost \$20 each

MARVELOUS MENU

BBQ Beef tenderloin steak (4 oz)
Garlic mashed potatoes
Green beans
Ice cream novelty
Sparkling lemonade punch, coffee or tea

Email patricia.foley@salvationarmy.ca
with your name, number & names joining
& resident's name (to help with seating)



FOR ALL HOUSES
Wednesday | August 26 | 2 pm

On The Road Again! Scenic Bus Drives

9:30 am
MORNING DRIVES
Thursday | August 6
Thursday | August 27



Please let Trish or the Recreation Team know if you would like a family member to go on one of these drives.



Wednesday - Aug 5 | 3 pm | Jesse | Camelia
Saturday - Aug 8 | 2:30 pm | Greg | Rose
Monday - Aug 10 | 1:30 pm | Pete | Camelia
Wednesday - Aug 12 | 3 pm | Steven | Willow
Thursday - Aug 13 | 2 pm | Bruce | Rose
Tuesday - Aug 18 | 10 am | Alastair | Willow
Wednesday - Aug 19 | 3 pm | Jesse | Magnolia
Tuesday - Aug 25 | 10 am | Alastair | Rose
Friday - Aug 28 | 10 am | Pete | Magnolia



The Tover Projector

has a new home in the MPR and is available for staff, volunteers, and family members to play fun, interactive games with the residents. See the Rec Department for access, set-up and simple instructions.