

Unshakable Women's Bible Study

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4-Part Series — Seen & Strengthened: Becoming A Woman Established in God

PART 3 — The Woman Who Builds

Main Texts: Proverbs 14:1; Proverbs 31:10–27; Proverbs 24:3–4

Main Truth: A godly woman doesn't just get through life—she builds something with it.

RECAP:

Part 1 — The Woman God Sees

I know who I am and who sees me.

Part 2 — The Woman God Strengthens

I know where my strength comes from.

Part 3 — The Woman Who Builds

Now I use that strength and wisdom to build what God has entrusted to me.

This isn't just about building a house. It's our own lives and others around us. What are the things women build? Homes, marriages, children, ministries, businesses, friendships, atmospheres, people, and legacies.

Intro: What are you building?

Proverbs 14:1—“A wise woman builds her home, but a foolish woman tears it down with her own hands.”

Notice: She builds. Just as easily, **she can tear down.**

This verse puts responsibility in her hands.

We can be guilty of spending a lot of time talking about what has happened to us, but eventually we have to ask ourselves:

FOOD FOR THOUGHT: What am I building with what God has put in my hands?

Part 1 taught you that people may overlook you, but **God sees you.**

Part 2 taught you that pressure doesn't have to destroy you because **God strengthens you.**

REMINDER: God doesn't strengthen you simply so that you can survive. He strengthens you so that you can build.

Strength without purpose only helps you survive. Strength submitted to God helps you build.

**The Proverbs 31 woman wasn't sitting around waiting for the perfect circumstances before she became productive. She took what was in her hands and faithfully worked with it.

KEY 1 — A Wise Woman Builds On Purpose

Proverbs 14:1 — “A wise woman builds her home...” (we’ll cover 2nd half of verse in Key 2)

Notice it doesn't say a wise woman *accidentally ends up with* a strong home.

****She builds it. Building requires intentionality.**

Nobody accidentally builds a house. There is a plan. There are materials. There is a foundation. There is work. And there is consistency.

The same is true spiritually. You don't accidentally build:

- a strong marriage
- children who know the Word
- a peaceful home
- a disciplined mind
- healthy friendships
- a strong ministry
- a godly reputation
- a life of faith

Those things are built. Moment by moment. Faith by faith.

Proverbs 24:3–4 NLT: “A house is built by wisdom and becomes strong through good sense. Through knowledge its rooms are filled with all sorts of precious riches and valuables.”

3 tools: Wisdom, Understanding, and Knowledge.

You should ask: “Lord, give me wisdom to build it your way.”

Sometimes you pray for God to change something when He's already given you the wisdom to start building. There are things only God can do. But there are also things He has put into your hands.

I can't control everybody around me, BUT I can decide what kind of woman I will be.

Stop waiting for the perfect conditions to start building what God has already put in your hands.

KEY 2 — Be Careful Not To Tear Down What You're Praying For God To Build

Continuing...Let this part stick out: Proverbs 14:1 finishes by saying: "...a foolish woman tears it down with her own hands."

MAIN FOCUS: She's not fighting an outside enemy. She's tearing down her own house!

That means sometimes the greatest threat to what we're building isn't what is happening **around you**—it's what you're allowing to happen **through you**.

What are some examples?

Your words

Your attitudes

Your reactions

Offense

Unforgiveness

Pride

Constant criticism

Uncontrolled emotions

FOOD FOR THOUGHT: Could I be praying for God to build something while my own behavior is tearing it down?

Examples:

"Lord, strengthen my marriage."

But what are you speaking?

"Lord, help my children. Guide my children. Deliver my children."

But what atmosphere are you creating?

"Lord, give me good friendships."

But what kind of friend are you?

"Lord, use me."

But are you faithful with what He's already asked you to do?

Proverbs 18:21 NLT—"The tongue can bring death or life; those who love to talk will reap the consequences."

Your words carry tremendous power!

A builder (what we are calling ourselves in part 3) has to learn: Not everything you feel needs to become something you say.

Strength doesn't mean you don't feel something. Strength means your feelings don't get to decide what you build or destroy.

*****Don't tear down in one emotional moment what you've spent years praying to build!**

KEY 3 — Build What God Gave You

One of the biggest enemies of building is comparison.

2 Corinthians 10:12 AMP—"We do not have the audacity to put ourselves in the same class or compare ourselves with some who [supply testimonials to] commend themselves. When they measure themselves by themselves and compare themselves with themselves, they lack wisdom *and* behave like fools."

Galatians 6:4-5 NLT— "Pay careful attention to your own work, for then you will get the satisfaction of a job well done, and you won't need to compare yourself to anyone else. For we are each responsible for our own conduct."

If you're constantly watching what another woman is building, you'll become dissatisfied with what God put in your hands. How big is that in our society?!

Let's look again at Proverbs 31 — it tells us this woman did many things: she cared for her household, worked, planned, purchased property, helped others, and prepared for the future.

NOT the point: Every woman must do exactly what she did

THE point: She was faithful with what was *in her hands*

Your assignment may look different from mine

Your family may look different

Your season may look different

Your gifts may look different

Your capacity may look different

You don't need someone else's assignment to build something significant for God.

Stay in your lane!!!

FACT: You cannot build effectively if you're constantly leaving your construction site to inspect everybody else's.

Social media makes it very easy to spend our lives watching other women build. *But God didn't call you to observe their assignment.* He gave you one!! No building gets done in observing.

FOOD FOR THOUGHT: What has God actually put in my hands in this season?

Start there.

KEY 4 — Building Requires Consistency, Not Just Intensity

Proverbs 31:17 AMP—“She equips herself with strength [spiritual, mental, and physical fitness for her God-given task] And makes her arms strong.”

How is the Proverbs 31 woman described? Strong and hardworking.

Look at the connection with our Part 2 teaching and Hannah:

Part 2: “The Lord has made me strong.”

Part 3: Now I take that strength and put it to work.

There are moments when faith feels dramatic. But most building isn't dramatic. Or very intense or magnified. But actually:

It's repetitive.

Brick.

Brick.

Brick.

Day after day.

Prayer after prayer.

Choice after choice.

Forgiveness after forgiveness.

Showing up again.

Doing the right thing again.

Keeping your word again.

Teaching your children again.

Serving again.

Believing again.

You can celebrate breakthroughs, but most strong lives are built through consistency.

You don't build a godly life in one church service. **You do** build it by repeatedly choosing God's Word. **You don't** build trust with one conversation. **You do** build it through consistent character. **You don't** build strong children with one Bible lesson. **You do** build it through years of modeling faith.

Galatians 6:9 AMP—“Let us not grow weary *or* become discouraged in doing good, for at the proper time we will reap, if we do not give in.”

There is a harvest connected to refusing to quit!!

Don't underestimate what God can build through an ordinary woman who simply refuses to stop being faithful.

KEY 5 — A Godly Woman Builds People, Not Just Things

Proverbs 31 can sound like a productivity seminar if we misinterpret it.

The goal in life isn't: "How much can I accomplish?"

The goal is much bigger: "Who is stronger because God placed me in their life?"

We have to think past ourselves. It's like a rock thrown in a pond with a ripple effect.

Proverbs 31 shows a woman whose strength reaches beyond herself.

She cares for her household. She helps the poor. She speaks wisdom. She prepares those entrusted to her. Her strength becomes a blessing to other people.

Proverbs 31:26 AMP— "She opens her mouth in [skillful and godly] wisdom, And the teaching of kindness is on her tongue [giving counsel and instruction]."

Her mouth is characterized by wisdom and kindness. That's building.

Every time you encourage someone, you're building.

Every time you teach your children truth, you're building.

Every time you pray for someone, you're building.

Every time you forgive instead of retaliate, you're building.

Every time you speak faith instead of fear into your home, you're building.

Every time you help another woman become stronger rather than competing with her, you're building.

FOOD FOR THOUGHT: Do people become stronger after spending time with me—or weaker? That's a heart-check question.

A strong woman doesn't need to be the strongest woman in the room. She helps make the women around her stronger.

KEY 6 — Build With The Future In Mind

In Part 2, we discussed Proverbs 31:25... "She is clothed with strength and dignity, and she laughs without fear of the future."

Why isn't she terrified of tomorrow? Partly because she has been building today.

She's preparing. She's using wisdom. She's stewarding what she has. She's thinking beyond the immediate moment.

A Proverbs 31 woman doesn't just live for today's comfort. She builds for tomorrow's fruit.

There are decisions you're making right now that may not produce visible fruit this week. But just like natural fruit, it takes time to grow. But you're building something.

Every prayer matters. Every act of obedience matters. Every time you choose integrity matters. Every time your children see you trust God matters. Every time you refuse bitterness matters. Every time you stand on the Word matters.

Legacy isn't only what you leave when you die. Legacy is what you're putting into people while you're alive.

RECAP: All 3 women we have discussed so far:

Hagar taught us: God sees me.

I don't need applause to establish my worth.

Hannah taught us: God strengthens me.

Pain doesn't get the final word over my life.

Proverbs 31 teaches us: Now I build.

I build with wisdom.

I build with my words.

I build through faithfulness.

I build what God gave me.

I build people.

And I build with generations in mind.

Weekly Declaration: *I am a woman who builds. God has given me wisdom, strength, and purpose. I will not tear down with my words, my attitudes, or my emotions what God has called me to build. I will be faithful with what He has placed in my hands. I will build my home, strengthen people, cultivate what God has entrusted to me, and live with the next generation in mind. I will not compare, compete, or quit. God sees me. God strengthens me. And by His wisdom, I will build.*

Discussion Questions:

1. What has God specifically put in my hands to build in this season?
2. Is there anything I'm doing or saying that could be tearing down what I'm asking God to build?
3. Where has comparison distracted me from my own assignment?
4. What area of my life needs more consistency rather than another emotional burst of motivation?
5. Who should be stronger because God has placed me in their life?
6. What am I building today that could still produce fruit in the next generation?

Weekly Challenge:

1. Identify one thing God has entrusted to you and intentionally build it this week.
2. Don't try to fix everything.
3. Ask yourself: What is one brick I can lay today?

One conversation.

One prayer.

One act of obedience.

One habit.

One apology.

One boundary.

One act of kindness.

One step of faith.

You don't have to build everything today. You just have to keep laying the right bricks!!

*******See you for Part 4- The Woman Who Rejoices // Oct 20th @ 6:30p
(new location for in-person, see MWCregister.com for details)**