ALABASTER PHOTOS

NEWBORN · MATERNITY · FAMILY

What to *Expect* at Your Newborn Session

A little guide to help you feel ready, relaxed, and fully present for these first fleeting days.

APNPI SAFETY-CERTIFIED · QUALIFIED NEWBORN PHOTOGRAPHER

THE CROIX STUDIO · NEW RICHMOND, WISCONSIN

FIRST, A WARM WELCOME

Hi, and *congratulations*.

I'm so honored you've trusted me to photograph your little one during a season that passes far too quickly. My whole goal is simple: for you to relax, soak up your baby, and let me quietly capture the tiny details you'll ache to remember.

This guide walks you through exactly what to expect — before, during, and after — so there are no surprises and nothing to stress over. Read it once, then let it go. On session day, all you have to do is show up and be present. I've got the rest.

BEFORE YOUR SESSION

A few gentle things that make a big difference

- **Keep baby awake for about an hour beforehand** if you can. A little "awake time" helps them sleep deeply once we begin — and a sleepy, full baby is a dreamy baby.
- **Feed right before we start** (or the moment you arrive). We are never in a rush, and full tummies make for content, snuggly newborns.
- **Dress baby in something loose** — a simple zip sleeper is perfect — so there are no elastic marks on that fresh, soft skin.
- **For newborns, the sweet spot is 5–14 days.** If we haven't locked your exact date yet, reach out as soon as baby arrives and we'll protect that window together.

SETTING THE SCENE

What to *bring* & what to know

What to bring

- **Anything meaningful** — a special blanket, a knit from grandma, a name sign, an heirloom you'd love woven in.
- **The essentials** — an extra bottle, pacifier, wipes, and a spare outfit for baby (little surprises happen!).
- **Something for you** — a change of top if you'll be in photos, just in case.

Good to know

- **The studio stays toasty warm** (around 80°+) so baby stays cozy and calm — dress yourself in light, comfy layers.
- **Plan for 2–3 hours.** We move entirely at baby's pace, with feeding breaks and snuggles built right in.
- **Come as you are.** Tired is welcome. Messy buns are welcome. This is a soft, unhurried space.

THE DAY OF

How our time together flows

When you arrive, we'll settle in, get baby fed and cozy, and simply begin. I'll guide every single moment — how to hold, where to sit, when to pause — so you never have to wonder what to do with your hands. We'll capture those curled-up solo shots of baby, the details (lashes, lips, tiny toes), and the connection ones: you, your partner, big siblings, even a very good dog if that's your family. If baby needs to eat or fuss, we stop and cuddle. There is no "behind schedule" here — only your baby's rhythm, and me quietly following it.

THE PART THAT MATTERS MOST

A note on *safety*

CERTIFIED · TRAINED · HELD TO A STANDARD

Always supported. Always safe.

I'm a *Qualified Newborn Photographer (QNP)* and *APNPI Safety-Certified* — so your baby's safety isn't just something I care deeply about, it's formal training I've earned and am held accountable to.

Every pose I use is gentle and fully supported. Any image where a baby appears to be balancing or suspended is created with careful compositing — two safe photos blended into one — so your little one is *never* at risk for even a second. I keep the studio warm and sanitized, work slowly and calmly, and if baby (or you) needs anything at all, we simply pause.

— a promise I make to every family

AFTER YOUR SESSION

What happens next

- I'll send a **sneak peek** soon after — a little something to hold you over. 💛
- Your **full gallery** arrives in about **2–3 weeks**, every image hand-edited with love.
- When it's ready, I'll help you choose **prints, albums, and heirlooms** — the pieces that turn these days into something you can hold.

Thank you for letting me tell the story of your baby's very first days.

It is, truly, the greatest honor.

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mandie@alabasterphotos.com · alabasterphotos.com