

the WHOLEBEING^{co.}

THE WHOLEBEING CO. ARE EXPERIENCED DIETITIANS AND CREDENTIALLED EATING DISORDER CLINICIANS COMMITTED TO PROVIDING HAES ALIGNED, WEIGHT INCLUSIVE AND TRAUMA INFORMED DIETETIC CARE

We are now accepting new referrals.

How to refer:

- A general letter (patient receives no rebate)
- Enhanced Primary Care Plan (ECP)
- Eating Disorder Management Plan (EDMP)

More information about EDMP and referral template can be found at www.thewholebeingco.com

We believe in collaborative, client centred care.

Our compassionate Accredited Practising Dietitians and Credentialed Eating Disorder Clinicians have a special interest in eating disorders and conditions impacting people assigned female at birth, as well as the management of medical conditions including IBS, diabetes, and other chronic conditions.

We celebrate the extraordinary diversity of people's bodies, ability, genders, sexualities and relationships they represent. We are LGBTIQA+ inclusive, neurodiversity affirming, disability inclusive, and sex work positive.

Referral details

The Wholebeing Co.

providing in person and telehealth appointments

Ph: 03 9087 3553

Fax: 03 9960 7587

Email: hello@thewholebeingco.com

Website: www.thewholebeingco.com

L 6/51 Langridge Street Collingwood 3066

**NUTRITION
FOR THE
WHOLE BEING**



Meet Our Team

GEORGIA HEXTER



Special interest areas -

- Eating disorders, disordered eating and mental health (all ages)
- PMOS, endometriosis, pelvic pain, peri-menopause and menopause
- Nutrition and behaviour change alongside GLP-1 medication
- Nutrition and neurodivergence

JORDAN BURKE



Special interest areas -

- Eating disorders and disordered eating
- Endometriosis and pelvic pain
- Fertility and pregnancy nutrition
- Chronic disease management Gut health and IBS
- Nutrition and behaviour change alongside GLP-1 medication use

ELLEN SIMPSON



Special interest areas -

- Endometriosis and PMOS
- Chronic disease management
- Food intolerances and gastrointestinal conditions
- Eating disorders and disordered eating
- General healthy eating

GEORGIA COGAN



Special interest areas -

- Eating disorders, disordered eating and mental health (all ages)
- PMOS, endometriosis, pelvic pain, perimenopause and menopause
- Fertility and pregnancy
- Food intolerances, IBS, and gut health

LAUREN MARINO



Special interest areas -

- Eating disorders and disordered eating (adolescents and adults)
- Sports nutrition
- Chronic disease (diabetes, high cholesterol, cardiovascular disease)
- Gut health (IBS, IBD, coeliac disease)

LUCY EISHOLD



Special interest areas -

- Eating disorders and disordered eating
- PMOS, endometriosis and pelvic pain
- Intuitive eating and improving relationships with food and body
- Gut health
- Chronic disease

HELENA MCDONALD



- Fertility, pregnancy, gestational diabetes and postpartum
- Nutrition and behaviour change alongside GLP-1 medication use
- Perimenopause and menopause
- Hormonal conditions (insulin resistance, prediabetes, thyroid health)
- Chronic disease and general wellbeing

THE WHOLE BEING®