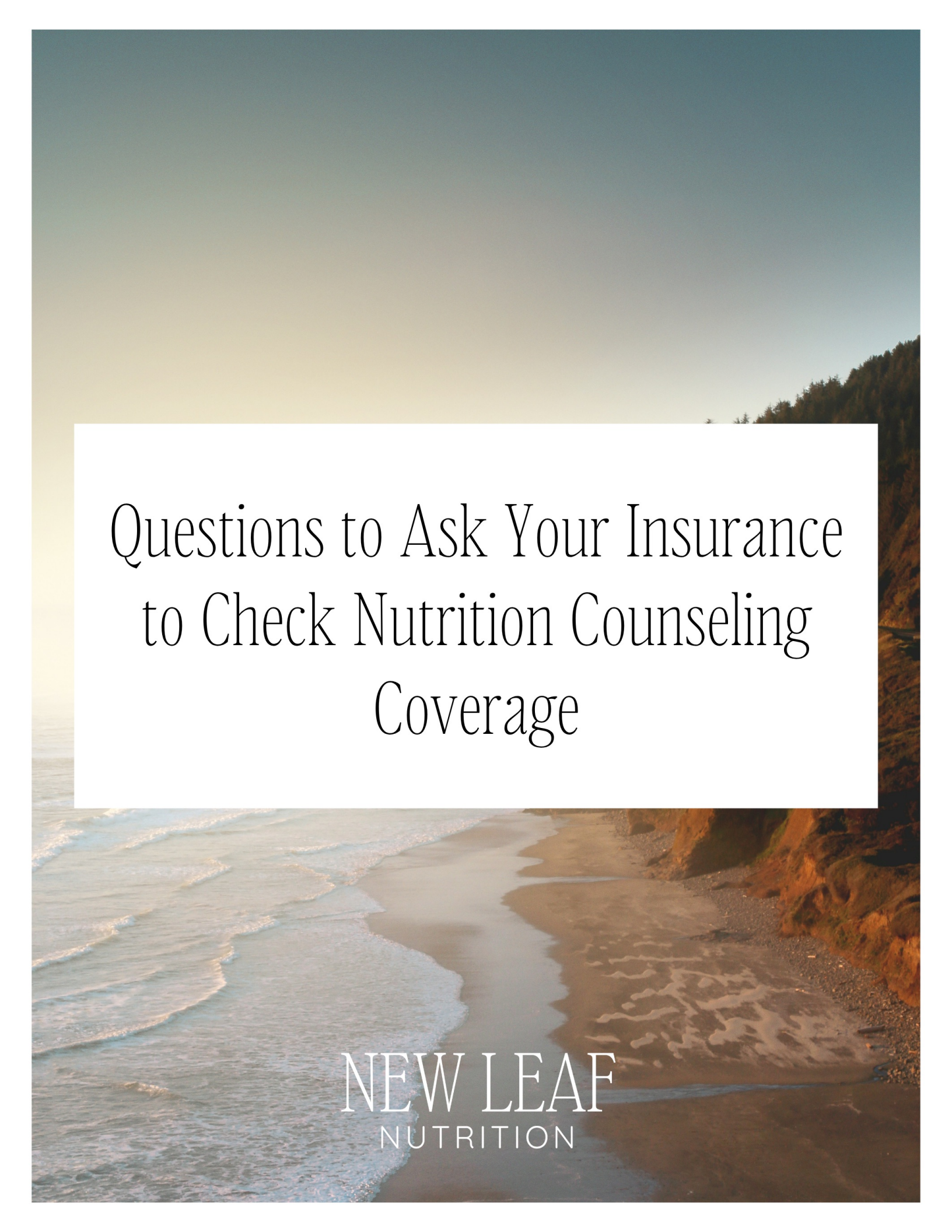




Questions to Ask Your Insurance to Check Nutrition Counseling Coverage

NEW LEAF
NUTRITION

Verifying Your Insurance Coverage

We recommend that you ask your insurance the following questions to understand your benefits. You are responsible for knowing what your plan covers.

1) Do I have coverage for nutrition counseling with the CPT codes 97802 (initial assessment) and 97803 (follow-ups) for my specific diagnosis?

- Ask about any diagnoses you have, such as an eating disorder diagnosis, digestive diagnosis, iron deficiency, diabetes, PMOS, etc). If you do not have a diagnosis, see the next question.

2) Do I have coverage with the diagnostic code Z71.3 for dietary counseling?

- Sometimes people have coverage with this code, particularly those with Blue Cross Blue Shield, Regence, and Premiera.

3) Will a deductible apply?

- If so, what is my deductible amount? How much has been applied to my deductible so far?

4) Will I have a copay or coinsurance?

- If so, what is the amount?

5) How many appointments are covered per year?

6) Is New Leaf Nutrition Counseling in-network with my plan?

- To identify our group, you can provide our tax ID: 871836061
- Alyssa Cohn NPI #: 1346909090
- Kelsey Vanden Heuvel NPI #: 1003606294
- Lydia Fredeen NPI #: 1750838751

7) Can I get the reference number for this call?

Be sure to save the reference number because you may be able to appeal if your insurance bills you differently than what you were told.