



... you will find guideposts for living, and how to navigate the worst life brings with the healing beauty and light of God's love.

~ Adriana Trigiani, NYT Bestselling Author

All proceeds
donated to Mayo
Clinic's Poverello
Foundation



About the Book

Lynette's heartwarming memoir, ***What Are The Chances? A Faith-Led Journey of Hope, Healing, and Hell on Earth***, gives a raw, astonishing account of what it's like to beat the odds in every aspect of life, all while facing debilitating illnesses. Over decades, God led Lynette through an inferno and watched her hit rock bottom—many times. He rescued her over and over, blessed her beyond imagination, and cheered her on as she lived out incredible dreams.

Because Mayo Clinic plays an oversized role in Lynette's medical care, all book proceeds will be donated to Mayo Clinic's Poverello Foundation, a program that provides financial assistance to patients in need.

About the Author

Lynette Ebberts had a distinguished career as a public affairs officer for the U.S. Department of Defense, working closely with top military officials, global media outlets, and White House leadership during the George W. Bush administration. Her prominent assignments included serving as public affairs officer for U.S. Navy Chief of Chaplains Dr. Barry C. Black and for Secretary of Defense Donald H. Rumsfeld during the Iraq and Afghanistan wars, which notably included a civilian deployment to Iraq in 2006.



Although she retired prematurely due to catastrophic illnesses, Lynette remains deeply active in her faith, her church, and special events at the White House. Centering her life on Jesus Christ, she is a devoted wife, mother, and grandmother.

Lynette and her husband, Doug, reside in Florida with their dog, Jax.

Memoir/
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Lynette Ebberts is available
for media interviews,
commentary, and panel
discussions on the topics
covered in the book.

Complimentary review copies
are available to the press
upon request.

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Praise for *What Are The Chances?*

"What are the Chances?" is a fabulous memoir about what happens on the way to fulfilling our dreams and how to pay it forward when we achieve them. The talented storyteller Lynette Ebberts has written a deeply moving, courageous and often funny book about life and how to live it on your own terms. This memoir will resonate with readers looking for inspiration and hope. There are surprising twists in Lynette's life story as she faces health challenges, loss of loved ones and even a sojourn to Iraq. Faith is the bedrock of her life. Within the pages of this unputdownable autobiography, you will find guideposts for living, and how to navigate the worst life brings with the healing beauty and light of God's love. Lynette is a beautiful writer, who persisted to tell her story, and I am so happy she did. This memoir will lift you up. A perfect choice for book clubs. What are the Chances? could have easily been titled Take a Chance! as Lynette never missed an opportunity to change her life. The journey was hard fought, but the destination was always love.

- Adriana Trigiani, New York Times bestselling author

I'm a big fan of Lynette's perseverance and resourcefulness as she relies on her Lord for strength during her daunting trials and extraordinary experiences. I admire her tenacity as she continues her journey with passion, humor, and love of life.

- Kathie Lee Gifford, Author and TV Personality

Lynette's memoir takes me back to a very challenging time between 2006 and 2007, when my Marine and Army advisors had the immense responsibility of advising a fledgling Iraqi infantry division at war. While we were not in a command role, we were influencing, mentoring and leading the Iraqis towards successfully ensuring the long-term security and economic viability of their country. Lynette's writing also reminds me of a time when I had the privilege of leading some of the finest men and women that our country has to offer. It also reminds me of how important personal relationships are, and why we humans, no matter where we come from, are more alike than different. We became extremely close with our Iraqi allies, and we lived, ate, fought, and endured every hardship, side by side. I recall the day we left Habbaniyah in January of 2007—there were very few dry Iraqi or American eyes at the end of our tour. Lynette captivates all of us who served in combat and her readers as she recalls her extraordinary, singular experience of representing the United States Secretary of Defense, while traveling with nationwide radio hosts to the most dangerous, tip of the spear, war zones in Iraq. She takes readers to the blurry front lines of combat and highlights how warfighters fought and survived while serving their country. Her words shed light on some of the bravest and most underreported people who go to war, and civilians such as Lynette who unselfishly risk their own lives to highlight stories of America's sons and daughters who keep our nation free. We owe Lynette and all who deploy to war, an immense debt of gratitude.

- Juan G. Ayala, Major General (USMC Retired)

This book is a gift for anyone who is going through a season of disillusionment, disappointment, or despair. It is written with transparent candor and will enable people to better use spiritual resources to navigate through life's inevitable storms. Before finishing this book, I wanted to give it as a gift to many of my friends. This is clear, articulate, and practical guidance on how to take a licking and keep on ticking.

- Barry C. Black, US Senate Chaplain

Author Lynette Ebberts To Donate All Book Proceeds To Mayo Clinic's Poverello Foundation

FERNANDINA BEACH, FL - The release of first-time author Lynette Ebberts' memoir *WhatAreTheChances?AFaith-LedJourneyofHope,Healing,andHell on Earth* on July 21, 2026, is the culmination of more than a decade of a writing dream. Ebberts, a former public affairs officer for the US Department of Defense, has announced a philanthropic mission for the book's debut: all proceeds will be donated to Mayo Clinic's Poverello Foundation, a program that provides financial assistance to patients in need.

The memoir delivers a raw account of Ebberts' ability to beat the odds while facing catastrophic medical challenges. Her journey includes over fifty surgeries from head to toe, many of which were performed by specialists at Mayo Clinic's Rochester campus, including nine complex jaw surgeries, resulting in complete bilateral jaw joint replacements. Because the clinic plays an "oversized role" in her survival and recovery, Ebberts is dedicated to "paying it forward" by supporting the foundation established by Sister Generose Gervais.

In addition to her medical battle, the book chronicles Ebberts' high-stakes career working with the highest levels of military and civilian leadership. Major highlights include:

- **Witnessing the 9/11 Terrorist Attack:** Ebberts provides a firsthand account of the "day from hell," watching the attack on the Pentagon from less than a mile away and sheltering in Arlington National Cemetery.
- **Active War Zone Deployment:** Representing Secretary of Defense Donald Rumsfeld, Ebberts experienced a "once-in-a-lifetime" assignment, deploying as a civilian with US troops to the dangerous "Red Zone" in Iraq in 2006.
- **Triumphs of Faith and Humor:** The book details her unlikely personal experiences, such as being chosen as a "Fan of the Week" on the *Today Show* with Kathie Lee Gifford and Hoda Kotb, and even singing on stage with her idol, Barry Manilow.

Praise for the memoir has come from notable figures, with US Senate Chaplain Dr. Barry C. Black calling the book "clear, articulate, and practical guidance on how to take a licking and keep on ticking."

New York Times bestselling author Adriana Trigiani describes it as a "deeply moving, courageous and often funny book that offers guideposts for living through life's inevitable storms."

What Are The Chances? is now available at all booksellers in paperback and ebook formats. For more information about the book or the author, please visit lynetteebberts.com.

