

Unshakable Women's Bible Study

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July Topic: Rooted, Resilient, and Victorious

Psalm 92:12–15 (NLT)

“But the godly will flourish like palm trees
and grow strong like the cedars of Lebanon.
For they are transplanted to the Lord’s own house.
They flourish in the courts of our God.
Even in old age they will still produce fruit;
they will remain vital and green.
They will declare, ‘The Lord is just!
He is my rock!
There is no evil in him!’”

Main Truth

We have not been called to live like the world, think like the world, fear like the world, or respond like the world.
We have been planted in God’s house, filled with His Spirit, and equipped to flourish in every season.

Part 1: Planted on Purpose (5 Keys)

Declare I am Rooted, Established, and Unshaken

Intro: Flourishing Is Our Identity

To Flourish:

to grow luxuriantly: Thrive
to achieve success: Prosper
to be in a state of activity or production
to reach a height of development or influence

The Bible does not say the righteous *might flourish* if everything goes perfectly.

“The godly *will flourish* like palm trees.” (Vs 12)

Flourishing is not the absence of storms. Flourishing means the storm does not have the authority to determine what you become. Who created you? Who is the author of your life?

Hebrews 12:2 (ESV)— looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

Key 1: You Must Know Where You Are Planted

Psalm 92:13 (NLT) — “For they are transplanted to the Lord’s own house. They flourish in the courts of our God.”

The palm does not flourish merely because it is a palm. It flourishes because it has been planted where its roots can become established. Palm Trees can’t be planted just anywhere. They require specific climate conditions. (Read Jeremiah 17:5-8, Isaiah 25:4, Isaiah 49:10)

Living in Florida, you understand that palm trees experience hurricanes, tropical storms, intense heat, drought, and coastal conditions. Healthy and established palms can be remarkably resilient.

Palms have masses of fibrous roots that help anchor them, and many have flexible structures that allow their leaves and trunks to move under pressure.

The palm tree gives us a picture of a believer who may bend under pressure but refuses to abandon their position.

In the same way, we cannot flourish spiritually while remaining disconnected from God’s presence, His Word, and His house.

Things you must know and be confident in:

- Who planted you.
- Where He planted you.
- What He placed inside you.
- What He called you to produce.

You were not planted by your circumstances. You were planted by the Lord. Always by an instruction. People may misunderstand your position. Circumstances may challenge your position. The enemy may question your position. But none of those things have the authority to remove you from the place where God planted you.

Psalm 1:2–3 (AMP) — But his delight is in the law of the Lord, And on His law [His precepts and teachings] he [habitually] meditates day and night. And he will be like a tree *firmly* planted [and fed] by streams of water, Which yields its fruit in its season; Its leaf does not wither; And in whatever he does, he prospers [and comes to maturity].

****The stable believer is not rooted in popular opinion, emotions, social media, or society’s changing standards. You are rooted in the Word of God.**

Reminder: You cannot expect the fruit of Psalm 1 while ignoring the roots of Psalm 1.

The flourishing life begins with delighting in and continually meditating on God’s Word.

Key 2. Pressure Does Not Cancel Your Position

Florida palms do not avoid storms. They are designed to endure the climate in which they have been planted.

Established and healthy palm trees may lose fronds or appear battered after a hurricane, yet the tree can remain standing and continue growing.

You may have lost some things.

You may have experienced pressure.

You may have been bent emotionally.

You may have had days when you did not feel strong.

But you are still planted. There's life in the roots that stay planted. (Psalm 1)

Reminder: God never promised that we would never experience pressure. He promised that pressure would not have the final word!!

Proverbs 31:25 “She is clothed with strength and dignity, and she laughs without fear of the future.”

The Proverbs 31 woman is not fearless because she knows everything that will happen. She is fearless because she knows the God who holds her future.

What does she wear daily? She is clothed with:

- **Strength:** the ability to stand and carry what God has assigned to her.
- **Dignity:** an awareness of her God-given value and position.
- **Confidence:** not in herself alone, but in the faithfulness of God.

She can laugh without fear of the future because **she refuses** to let an unknown season make her forget her known God. Who's bigger in her eyes? Her Savior or the opposition?

Just because you do not see God working instantly does not mean He is not working constantly on your behalf.

Roots develop where people cannot see them. You don't see into the ground where the seed was planted, and you don't see the roots grow out of the seed into the ground. Much of the Lord's work in us happens below the surface before the fruit becomes visible.

Key 3: You Cannot Flourish Without Knowing Who You Are

You HAVE TO know your IN CHRIST identity. Game changer. We cannot consistently walk in spiritual authority while remaining confused about our spiritual identity.

I. You Are a New Creation

2 Corinthians 5:17 “Anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!”

You are not simply an improved version of your old self. In Christ, you have been made new. No Goodwill stores in heaven. No heavenly Band-Aids. Brand new!

Your past may explain some of your experiences, but it does not define your identity.

II. You Are a Child and an Heir

Romans 8:16–17 “For his Spirit joins with our spirit to affirm that we are God’s children. And since we are his children, we are his heirs.”

You are not begging Jesus to treat you like family. *Through Christ, you belong to his family.*

Things YOU ARE:

- A child of God.
- A joint heir with Christ.
- A new creation.
- The righteousness of God in Christ.
- Filled with the Holy Spirit.
- Equipped for your assignment.
- Clothed with strength and dignity.

You cannot flourish while continually speaking against the identity God has given you. Stay in the mental arena of faith. Speak from your spirit, not your mind/feelings.

Stop allowing *temporary feelings* to overrule eternal truth.

Key 4: Hannah Knew Her Strength Came From the Lord

1 Samuel 2:1 —“My heart rejoices in the Lord! The Lord has made me strong. Now I have an answer for my enemies; I rejoice because you rescued me.”

Hannah had experienced disappointment, grief, waiting, misunderstanding, and provocation. Yet when she prayed, she did not glorify her pain. She shifted what she was magnifying. She glorified the God who had strengthened her. Do you tend to magnify the problem in prayer?

Hannah’s identity was no longer controlled by what Peninnah said about her or by what had previously been missing from her life.

SHE DECLARED:

“The Lord has made me strong.”

Her strength was not based on everything being easy. Her strength came from knowing the Lord.

Emotionally driven living can distort how we see the Kingdom. Emotions are real, but they were never designed to become our lord. They cannot remain in the driver's seat of your life.

When emotions lead, truth gets filtered through feelings.

When the Spirit leads, feelings are brought under truth.

Romans 8:6 — “So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.”

Natural sight asks, “What does this look like?”

Spiritual sight asks, “What has God said?”

Key 5: Comfort Must Never Cause Compromise

A palm tree cannot flourish if its roots and trunk become diseased. In the same way, we cannot flourish spiritually while tolerating compromise.

Judas walked with Jesus, heard His teaching, witnessed miracles, and held a position among the disciples. Yet he allowed greed and personal interest to compete with devotion to Christ.

Matthew 26:14–16 “Then Judas Iscariot, one of the twelve disciples, went to the leading priests and asked, ‘How much will you pay me to betray Jesus?’ And they gave him thirty pieces of silver.”

Judas exchanged closeness to Jesus for something temporary.

****Compromise always exaggerates the value of what we are receiving and hides the value of what we are surrendering. Or you can say it this way— Compromise shows you the price you can gain, but hides the purpose you could lose.**

The enemy will always advertise the pleasure of compromise, but he will never honestly advertise the consequences. (John 10:10)

In the moment, compromise says: “Look at what you’ll gain—comfort, money, acceptance, relief, pleasure, or an easier path.” **DON’T LIVE IN THE MOMENT.**

Compromising does not show you clearly what you may be giving up: Your peace, integrity, spiritual strength, influence, relationships, calling, or closeness with God.

One example: Jesus was not teaching that money itself is evil. He was warning us that anything allowed to master our hearts will compete with our devotion to God.

Matthew 6:24 (NLT) — “No one can serve two masters. For you will hate one and love the other; you will be devoted to one and despise the other. You cannot serve God and be enslaved to money.”

We must not allow:

- Comfort to cause compromise.
- Money to become our master.
- Culture to rewrite Scripture.
- Emotions to overrule obedience.
- Popularity to weaken conviction.
- Temporary relief to cost us permanent purpose.

For something to be accepted as Scriptural, it must be supported by Scripture.

Not everything society/culture celebrates agrees with God.

Not every popular idea belongs in the mind of a believer.

Not every voice deserves access to your heart.

Romans 12:2 “Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think.”

RECAP: Your position is sure because:

1. God planted you.
2. His Word is sustaining you.
3. Pressure cannot redefine you.
4. You know who you are in Christ.
5. You refuse to trade your calling for comfort.

Weekly Declarations:

I am planted in the house of the Lord.

I am rooted in the Word of God.

I will not be uprooted by pressure, disappointment, or fear.

I am a new creation and a child of God.

I am clothed with strength and dignity.

I will not compromise my convictions for temporary comfort.

I may bend under pressure, but I will not break or abandon my position.

I will flourish in every season because the Lord is my Rock.

Grab your Unshakable journal // Discussion Questions:

1. What has God said about your identity that your emotions sometimes challenge?
2. Where have you been tempted to choose comfort over obedience?
3. Are there voices or ideas influencing your mind that are not supported by Scripture?
4. What does being “planted in the house of the Lord” look like practically?
5. In what area do you need to stop interpreting God’s faithfulness by what you currently see?
6. What can you learn from Hannah’s declaration, “The Lord has made me strong”?

Weekly Challenge: Strengthen Your Roots

Read Psalm 1 and Psalm 92 a few times until we meet again.

Grab your Unshakable journal:

1. Write down five statements describing who you are in Christ.

When fear, insecurity, or discouragement comes, answer it with those Scriptures rather than with your emotions.

****See you July 28th @ 6:30p est**

**Part 2— YOUR VICTORY AND HARVEST ARE SURE: Faith-Filled,
Fruitful, and Ready to Fight.**