

Faith Confessions

I am not ruled by what I feel, any fear, or what the enemy suggests.

I am not ruled by circumstance.

I am ruled by the Word of God. My mind belongs to Christ.

My identity is found in Christ. My strength comes from Christ.

My authority is exercised through Christ.

I Have a Sound and Disciplined Mind

I do not have a spirit of fear or timidity. God has given me power, love, and a sound, well-balanced, disciplined mind. My thoughts are not scattered, tormented, or out of control. Through the Holy Spirit, I have self-control and a calm, steady mind.

Lord, my heart is not proud, nor my eyes haughty; nor do I involve myself in great matters, or in things too difficult for me. Surely I have calmed and quieted my soul; like a weaned child [resting] with his mother. My soul is like a weaned child within me [composed and freed from discontent]. O Israel, hope in the Lord from this time forth and forever.

PSALM 131 AMP

For God did not give us a spirit of timidity or cowardice or fear, but [He has given us a spirit] of power and of love and of sound judgment and personal discipline [abilities that result in a calm, well-balanced mind and self-control].

2 TIMOTHY 1:7 AMP

My Mind Is Being Renewed

I refuse to be shaped by the patterns, pressures, and thinking of this world. My mind is being renewed by the Word of God. I am learning to think like God thinks, believe what God says, and recognize His good, acceptable, and perfect will for my life.

And do not be conformed to this world [any longer with its superficial values and customs], but be transformed and progressively changed [as you mature spiritually] by the renewing of your mind [focusing on godly values and ethical attitudes], so that you may prove [for yourselves] what the will of God is, that which is good and acceptable and perfect [in His plan and purpose for you].

ROMANS 12:2 AMP

I Have the Mind of Christ

I have the mind of Christ. I am able to understand spiritual things because the Holy Spirit teaches me. I do not have to be confused or controlled by natural reasoning. I can receive God's wisdom, God's direction, and God's perspective.

For who has known the mind and purposes of the Lord, so as to instruct Him? But we have the mind of Christ [to be guided by His thoughts and purposes].

1 CORINTHIANS 2:16 AMP

My Mind Is Stayed on God

My mind is fixed on the Lord. I trust Him completely, and He keeps me in perfect and constant peace. My peace is not based on circumstances; my peace is based on my confidence in God. Peace has nothing to do with quietness. I can exhibit peace in the middle of opposition all around me.

You will keep in perfect and constant peace the one whose mind is steadfast [that is, committed and focused on You — in both inclination and character], because he trusts and takes refuge in You [with hope and confident expectation].

ISAIAH 26:3 AMP

I Take Every Thought Captive

I do not allow wrong thoughts to run freely through my mind. I bring every thought into obedience to Christ. Every lie, accusation, fear, imagination, and argument that rises against the knowledge of God must come down. My thoughts come into agreement with God's Word.

The weapons of our warfare are not physical [weapons of flesh and blood]. Our weapons are divinely powerful for the destruction of fortresses. We are destroying sophisticated arguments and every exalted and proud thing that sets itself up against the [true] knowledge of God, and we are taking every thought and purpose captive to the obedience of Christ.

2 CORINTHIANS 10:4-5 AMP

I Think on What Is True

I choose to think on what is true, honorable, worthy of respect, pure, lovely, admirable, excellent, and worthy of praise. I do not rehearse fear, offense, condemnation, or defeat. My mind is trained to remain on the truth of God's Word.

Finally, believers, whatever is true, whatever is honorable and worthy of respect, whatever is right and confirmed by God's word, whatever is pure and wholesome, whatever is lovely and brings peace, whatever is admirable and of good repute; if there is any excellence, if there is anything worthy of praise, think continually on these things [center your mind on them, and implant them in your heart].

PHILIPPIANS 4:8 AMP

I Am Free From Anxiety

I refuse to be anxious, worried, or overwhelmed. In every situation, I pray, I give thanks, and I make my requests known to God. The peace of God guards my heart and my mind in Christ Jesus.

Do not be anxious or worried about anything, but in everything [every circumstance and situation] by prayer and petition with thanksgiving, continue to make your [specific] requests known to God. And the peace of God [that peace which reassures the heart, that peace] which transcends all understanding, [that peace which] stands guard over your hearts and your minds in Christ Jesus [is yours].

PHILIPPIANS 4:6-7 AMP

I Am Loved and Secure

Nothing can separate me from the love of God which is in Christ Jesus my Lord. Trouble cannot separate me. Pressure cannot separate me. My past cannot separate me. The opinions of others cannot separate me. I am completely secure in the love of God.

For I am convinced [and continue to be convinced — beyond any doubt] that neither death, nor life, nor angels, nor principalities, nor things present and threatening, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from the [unlimited] love of God, which is in Christ Jesus our Lord.

ROMANS 8:38-39 AMP

I Am Righteous in Christ

Because of Jesus, I have been made righteous before God. I do not stand before Him based on my own perfection, but on Christ's finished work. I can come boldly to God, knowing I am forgiven, covered, and welcomed.

He made Christ who knew no sin to [judicially] be sin on our behalf, so that in Him we would become the righteousness of God [that is, we would be made acceptable to Him and placed in a right relationship with Him by His gracious lovingkindness].

2 CORINTHIANS 5:21 AMP

Therefore let us [with privilege] approach the throne of grace [that is, the throne of God's gracious favor] with confidence and without fear, so that we may receive mercy [for our failures] and find [His amazing] grace to help in time of need [an appropriate blessing, coming just at the right moment].

HEBREWS 4:16 AMP

I Am Hidden With Christ in God

My life is hidden with Christ in God. I am protected, secure, and established in Him. The enemy does not have the final word over my life; Jesus does.

For you died [to this world], and your [new, real] life is hidden with Christ in God.

COLOSSIANS 3:3 AMP

I Am Strong in the Lord

I am strong in the Lord and in the power of His might. I do not depend on my own strength alone. I draw my strength from my union with Christ. His power works in me, through me, and for me.

In conclusion, be strong in the Lord [draw your strength from Him and be empowered through your union with Him] and in the power of His [boundless] might.

EPHESIANS 6:10 AMP

Christ Strengthens Me

I have strength for all things through Christ who empowers me. I am ready for what God has called me to face because Christ supplies inner strength to me. I am not weak, empty, or helpless; I am strengthened by Him.

I can do all things [which He has called me to do] through Him who strengthens and empowers me [to fulfill His purpose — I am self-sufficient in Christ's sufficiency; I am ready for anything and equal to anything through Him who infuses me with inner strength and confident peace].

PHILIPPIANS 4:13 AMP

God's Grace Is Sufficient for Me

God's grace is sufficient for me. His power is made perfect in my weakness. Where I feel inadequate, His strength rises in me. I do not have to collapse under pressure, because the power of Christ rests upon me.

But He has said to me, "My grace is sufficient for you [My lovingkindness and My mercy are more than enough — always available — regardless of the situation]; for [My] power is being perfected [and is completed and shows itself most effectively] in [your] weakness." Therefore, I will all the more gladly boast in my weaknesses, so that the power of Christ [may completely enfold me and] may dwell in me.

2 CORINTHIANS 12:9 AMP

I Am Strengthened in My Inner Being

The Holy Spirit strengthens me with mighty power in my inner person. I am strong from the inside out. I have spiritual endurance, stability, and courage because God's Spirit lives in me.

May He grant you out of the riches of His glory, to be strengthened and spiritually energized with power through His Spirit in your inner self, [indwelling your innermost being and personality].

EPHESIANS 3:16 AMP

I Will Not Grow Weary

I do not quit, faint, or give up. As I wait upon the Lord, my strength is renewed. I rise above weariness. I continue to run my race, walk in obedience, and move forward in faith.

But those who wait for the Lord [who expect, look for, and hope in Him] will gain new strength and renew their power; they will lift up their wings [and rise up close to God] like eagles [rising toward the sun]; they will run and not become weary, they will walk and not grow tired.

ISAIAH 40:31 AMP

I Am Not Overcome by Trouble

I may be pressured, but I am not crushed. I may face difficulty, but I am not driven to despair. I may be attacked, but I am not abandoned. I may be knocked down, but I am not destroyed. The life of Jesus is working in me.

We are pressured in every way [hedged in], but not crushed; perplexed [unsure of finding a way out], but not driven to despair; hunted down and persecuted, but not deserted [to stand alone]; struck down, but never destroyed; always carrying around in the body the dying of Jesus, so that the [resurrection] life of Jesus also may be shown in our body.

2 CORINTHIANS 4:8-10 AMP

The Joy of the Lord Strengthens Me

The joy of the Lord is my strength. I will not allow heaviness, disappointment, or pressure to steal my strength. As I rejoice in the Lord, strength rises in me again.

Then Ezra said to them, "Go [your way], eat the rich festival food, drink the sweet drink, and send portions to him for whom nothing is prepared; for this day is holy to our Lord. And do not be worried, for the joy of the Lord is your strength and your stronghold."

NEHEMIAH 8:10 AMP

I Overcome Through Jesus

I overcome by the blood of the Lamb and by the word of my testimony. I will not stay silent about what Jesus has done. His blood speaks victory over my life, and my mouth agrees with that victory.

And they overcame and conquered him because of the blood of the Lamb and because of the word of their testimony, for they did not love their life and renounce their faith even when faced with death.

REVELATION 12:11 AMP

I Will Pass Every Opposition Sent to Destroy Me

I will daily put on the whole armor of God to withstand every attack. I serve a God who has given me the victory, and losing is not my mindset or vocabulary. I cannot be destroyed. I walk in overwhelming victory.

Put on the full armor of God [for His precepts are like the splendid armor of a heavily-armed soldier], so that you may be able to [successfully] stand up against all the schemes and the strategies and the deceits of the devil. For our struggle is not against flesh and blood [contending only with physical opponents], but against the rulers, against the powers, against the world forces of this [present] darkness, against the spiritual forces of wickedness in the heavenly (supernatural) places. Therefore, put on the complete armor of God, so that you will be able to [successfully] resist and stand your ground in the evil day [of danger], and having done everything [that the crisis demands], to stand firm [in your place, fully prepared, immovable, victorious].

EPHESIANS 6:11-13 AMP

For everyone born of God is victorious and overcomes the world; and this is the victory that has conquered and overcome the world – our [continuing, persistent] faith [in Jesus the Son of God].

1 JOHN 5:4 AMP

I Have Authority Over the Power of the Enemy

Jesus has given me authority over all the power of the enemy. I do not have to live intimidated, tormented, or controlled by darkness. I stand in the authority of Jesus Christ, and the enemy cannot overpower what Christ has authorized me to overcome.

Listen carefully: I have given you authority [that you now possess] to tread on serpents and scorpions, and [the ability to exercise authority] over all the power of the enemy (Satan); and nothing will [in any way] harm you.

LUKE 10:19 AMP

I Am Seated With Christ

I have been raised up with Christ and seated with Him in heavenly places. I do not fight for victory; I stand in the victory Jesus has already won. My position is sure in Christ, far above the power of the enemy.

And He raised us up together with Him [when we believed], and seated us with Him in the heavenly places, [because we are] in Christ Jesus.

EPHESIANS 2:6 AMP

Which He produced in Christ when He raised Him from the dead and seated Him at His own right hand in the heavenly places, far above all rule and authority and power and dominion [whether angelic or human], and [far above] every name that is named [above every title that can be conferred], not only in this age and world but also in the one to come. And He put all things [in every realm] in subjection under Christ's feet, and appointed Him as [supreme and authoritative] head over all things in the church, which is His body, the fullness of Him who fills and completes all things in all [believers].

EPHESIANS 1:20-23 AMP

I Resist the Devil and He Must Flee

I submit myself to God. I resist the devil, standing firmly against him in faith, and he must flee from me. I do not cooperate with fear, temptation, lies, oppression, or accusation. I belong to God, and I stand against the enemy in Jesus' name.

So submit to [the authority of] God. Resist the devil [stand firm against him] and he will flee from you.

JAMES 4:7 AMP

I Have Authority Over My Words

My words are not careless or powerless. I choose to speak life, faith, truth, and agreement with God's Word. I will not use my mouth to strengthen fear or defeat. I use my words to declare the promises and goodness of God.

Death and life are in the power of the tongue, and those who love it and indulge it will eat its fruit and bear the consequences of their words.

PROVERBS 18:21 AMP

I assure you and most solemnly say to you, whoever says to this mountain, "Be lifted up and thrown into the sea!" and does not doubt in his heart [in God's unlimited power], but believes that what he says is going to take place, it will be done for him [in accordance with God's will].

MARK 11:23 AMP

The Greater One Lives in Me

Greater is He who is in me than he who is in the world. The Spirit of God within me is greater than every attack, every lie, every temptation, and every work of darkness. I do not fear the enemy because the Greater One lives in me.

Little children (believers, dear ones), you are of God and you belong to Him and have [already] overcome them [the agents of the antichrist]; because He who is in you is greater than he (Satan) who is in the world [of sinful mankind].

1 JOHN 4:4 AMP

Speak It Every Day

Say it regardless of current feelings.

Today, I declare that my mind belongs to Christ. I have a sound, disciplined, peaceful mind. I refuse fear, worry, confusion, condemnation, and every lie of the enemy. My mind is being renewed by the Word of God, and I have the mind of Christ.

I declare that I am in Christ. I am a new creation. I am chosen, loved, forgiven, accepted, righteous, and created with purpose. My past does not define me; Jesus defines me. There is no condemnation over my life because I belong to Christ.

I declare that I am strong in the Lord. Christ strengthens me. His grace is enough for me, His power works in me, and His joy sustains me. I will not quit, faint, back down, or be overcome. I am strengthened by the Spirit of God in my inner being.

I declare that I have authority through Jesus Christ. I have authority over the power of the enemy. I resist the devil, and he must flee. I have been delivered from darkness and brought into the kingdom of Jesus. The Greater One lives in me, and I overcome through the blood of Jesus and the word of my testimony.

I am not defeated. I am not powerless. I am not abandoned. I am not condemned. I am not controlled by fear.

QUICK DAILY CONFESSIONS

I am renewed in my mind.

I am established in Christ.

I am strong in the Lord.

I am victorious through Jesus.

And I will walk today in faith, joy, love, peace, strength, and authority.

Love Confessions

"We love, because He first loved us."

1 JOHN 4:19

WALKING IN LOVE

I Walk in the Love of God

I am an imitator of God as His beloved child. I choose to walk continually in love, just as Christ loved me and gave Himself for me. Love is not simply how I feel; love is how I choose to obey God.

Therefore become imitators of God [copy Him and follow His example], as well-beloved children [imitate their father]; and walk continually in love [that is, value one another—practice empathy and compassion, unselfishly seeking the best for others], just as Christ also loved you and gave Himself up for us, an offering and sacrifice to God [slain for you, so that it became] a sweet fragrance.

EPHESIANS 5:1-2 AMP

God's Love Is Working in Me

The love of God has been poured into my heart through the Holy Spirit. I do not have to manufacture love from an empty place. God supplies the grace I need to love with a clean heart, a steady spirit, and a surrendered attitude.

Such hope [in God's promises] never disappoints us, because God's love has been abundantly poured out within our hearts through the Holy Spirit who was given to us.

ROMANS 5:5 AMP

I Put On Love

I put on love every day. Love is the bond of unity and spiritual maturity in my life. I choose to clothe myself with compassion, kindness, humility, gentleness, patience, and forgiveness.

So, as God's own chosen people, who are holy [set apart, sanctified for His purpose] and well-beloved [by God Himself], put on a heart of compassion, kindness, humility, gentleness, and patience [which has the power to endure whatever injustice or unpleasantness comes, with good temper]; bearing graciously with one another, and willingly forgiving each other if one has a cause for complaint against another; just as the Lord has forgiven you, so should you forgive. Beyond all these things put on and wrap yourselves in [unselfish] love, which is the perfect bond of unity [for everything is bound together in agreement when each one seeks the best for others].

COLOSSIANS 3:12-14 AMP

I Am Patient and Kind

Because God's love is in me, I am patient and untroubled. I am kind and thoughtful. I do not respond only from frustration, hurt, or emotion. The love of God helps me respond in a way that honors Him.

Love endures with patience and serenity, love is kind and thoughtful, and is not jealous or envious; love does not brag and is not proud or arrogant.

1 CORINTHIANS 13:4 AMP

I Choose Forgiveness

I choose to forgive as an act of obedience to God. Forgiveness does not mean that pain was insignificant or that truth does not matter. It means I refuse to be imprisoned by bitterness. I release judgment to God and allow Him to heal my heart.

Bearing graciously with one another, and willingly forgiving each other if one has a cause for complaint against another; just as the Lord has forgiven you, so should you forgive.

COLOSSIANS 3:13 AMP

Be kind and helpful to one another, tender-hearted [compassionate, understanding], forgiving one another [readily and freely], just as God in Christ also forgave you.

EPHESIANS 4:32 AMP

I Love With Truth and Wisdom

I walk in love, and I walk in truth. I do not rejoice in wrongdoing, dishonesty, or injustice. I rejoice when truth prevails. The love of God in me is tender, but it is not blind; it is forgiving, but it is also wise.

Watch over your heart with all diligence, For from it flow the springs of life.

PROVERBS 4:23 AMP

I Do Not Have to Be Hardened to Be Strong

I can be loving and still be strong. I can be forgiving and still walk in wisdom. I can have a tender heart and still guard it under the direction of the Holy Spirit. God is teaching me how to love without losing the strength He has placed within me.

My son, pay attention to my words and be willing to learn; Open your ears to my sayings. Do not let them escape from your sight; Keep them in the center of your heart. For they are life to those who find them, And healing and health to all their flesh. Watch over your heart with all diligence, For from it flow the springs of life.

PROVERBS 4:20-23 AMP

GUARD YOUR HEART & MOUTH

I Refuse Bitterness

I refuse to allow bitterness, resentment, uncontrolled anger, harsh words, or malice to take root in me. I choose to be kindhearted, tender, and forgiving, even as God in Christ has forgiven me.

Let all bitterness and wrath and anger and clamor [perpetual animosity, resentment, strife, fault-finding] and slander be put away from you, along with every kind of malice [all spitefulness, verbal abuse, malevolence]. Be kind and helpful to one another, tender-hearted [compassionate, understanding], forgiving one another [readily and freely], just as God in Christ also forgave you.

EPHESIANS 4:31-32 AMP

I Speak in Love

My words are guided by love. I will not use my mouth to wound, shame, dishonor, or tear down. I speak truth with grace. My words bring healing, strength, and peace wherever possible.

But speaking the truth in love [in all things—both our speech and our lives expressing His truth], let us grow up in all things into Him [following His example] who is the Head—Christ.

EPHESIANS 4:15 AMP

Do not let unwholesome [foul, profane, worthless, vulgar] words ever come out of your mouth, but only such speech as is good for building up others, according to the need and the occasion, so that it will be a blessing to those who hear [you speak].

EPHESIANS 4:29 AMP

PRAYER, HEALING & TRUST

I Let God Handle What I Cannot Fix

I release the pressure to fix everything through my own efforts. I trust God to convict, restore, direct, and bring truth into every area of my marriage. My responsibility is to obey God, walk in love, pray in faith, and follow His wisdom.

For it is [not your strength, but it is] God who is effectively at work in you, both to will and to work [that is, strengthening, energizing, and creating in you the longing and the ability to fulfill your purpose] for His good pleasure.

PHILIPPIANS 2:13 AMP

I Am Not Ruled by Offense

I will not allow offense to rule my heart. I do not have to rehearse every hurt, relive every painful moment, or let resentment control my future. I release my heart to God, and I trust Him to heal, restore, and lead me in truth.

(Love) It is not rude; it is not self-seeking, it is not provoked [nor overly sensitive and easily angered]; it does not take into account a wrong endured. It does not rejoice at injustice, but rejoices with the truth [when right and truth prevail].

1 CORINTHIANS 13:5-6 AMP

I Believe God for Healing and Restoration

I believe God is able to heal wounded places, restore what has been damaged, and build something strong through repentance, forgiveness, truth, and grace. My confidence is not in human strength alone; my confidence is in the restoring power of God.

He heals the brokenhearted And binds up their wounds [healing their pain and comforting their sorrow].

PSALM 147:3 AMP

"And the threshing floors shall be full of grain, And the vats shall overflow with new wine and oil. And I will compensate you for the years that the swarming locust has eaten, the creeping locust, the stripping locust, and the gnawing locust— My great army which I sent among you. You will have plenty to eat and be satisfied And praise the name of the Lord your God who has dealt wondrously with you; And My people shall never be put to shame."

JOEL 2:24-26 AMP

I Give My Hurt to the Lord

I do not deny my hurt, but I do not allow hurt to become my master. The Lord is near to me, He heals my broken heart, and He restores my soul. I bring every wounded place to Him and receive His healing.

The Lord is near to the heartbroken And He saves those who are crushed in spirit (contrite in heart, truly sorry for their sin).

PSALM 34:18 AMP

Cast your burden on the Lord [release it] and He will sustain and uphold you; He will never allow the righteous to be shaken (slip, fall, fail).

PSALM 55:22 AMP

I Refuse Condemnation and Shame

I will not carry shame for what someone else has done, and I will not live condemned by my own emotions or struggles. I am in Christ Jesus, and there is no condemnation over my life. God is helping me heal with grace and strength.

Therefore there is now no condemnation [no guilty verdict, no punishment] for those who are in Christ Jesus [who believe in Him as personal Lord and Savior]. For the law of the Spirit of life [which is] in Christ Jesus [the law of our new being] has set you free from the law of sin and of death.

ROMANS 8:1-2 AMP

I Choose to Love My Husband With God's Love

I choose to love my husband with the love God has placed in me. My love is not dependent only on emotions, perfect circumstances, or a painless history. My love is rooted in my obedience to God and strengthened by the Holy Spirit.

The heart of her husband trusts in her [with secure confidence], And he will have no lack of gain. She comforts, encourages, and does him only good and not evil All the days of her life.

PROVERBS 31:11-12 AMP

I Honor My Husband in My Heart and Words

I choose to speak about my husband with honor and to treat him with respect. I will not allow pain, frustration, or the opinions of others to make my words careless. The Lord helps me carry myself with dignity, wisdom, and grace.

However, each man among you [without exception] is to love his wife as his very own self [with behavior worthy of respect and esteem, always seeking the best for her with an attitude of lovingkindness], and the wife [must see to it] that she respects and delights in her husband [that she notices him and prefers him and treats him with loving concern, treasuring him, honoring him, and holding him dear].

EPHESIANS 5:33 AMP

She opens her mouth in [skillful and godly] wisdom, And the teaching of kindness is on her tongue [giving counsel and instruction].

PROVERBS 31:26 AMP

I Guard the Atmosphere of My Marriage

I choose to contribute peace, prayer, encouragement, kindness, and faith to my marriage. I will not partner with strife, constant accusation, or hopelessness. I invite the presence, wisdom, and peace of God into my home and into my relationship with my husband.

*The wise woman builds her house [on a foundation of godly precepts, and her household thrives],
But the foolish one [who lacks spiritual insight] tears it down with her own hands [by ignoring
godly principles].*

PROVERBS 14:1 AMP

I Pray for My Husband

I pray for my husband with faith and love. I believe God is working in his heart, strengthening his walk with the Lord, helping him live in integrity, and leading him in righteousness. I do not only speak about what needs to change; I pray and believe God for His work to be completed.

*I am convinced and confident of this very thing, that He who has begun a good work in you will
[continue to] perfect and complete it until the day of Christ Jesus [the time of His return].*

PHILIPPIANS 1:6 AMP

*Therefore, confess your sins to one another [your false steps, your offenses], and pray for one another,
that you may be healed and restored. The heartfelt and persistent prayer of a righteous man (believer) is
able to accomplish much [when put into action and made effective by God—it is dynamic and can have
tremendous power].*

JAMES 5:16 AMP

Speak It Every Day

Say it regardless of current feelings.

Today I choose to walk in love. Your love has been poured into my heart through the Holy Spirit, and I draw from Your love rather than from my own emotions alone.

I choose to be patient, kind, thoughtful, and slow to become offended. I refuse bitterness, resentment, harshness, and uncontrolled anger. I will not allow past hurt to control my heart, my words, or my future.

I choose to love my husband with the love of Christ. I choose to speak with honor, pray with faith, and respond with wisdom. I believe You are working in his life, in my life, and in our marriage.

I choose forgiveness, but I also choose truth. I choose grace, but I also choose wisdom. I choose love, but I will not rejoice in what is wrong. I believe for repentance, healing, integrity, restoration, and a marriage that honors You.

Lord, heal every wounded place in me. Keep my heart soft toward You and led by Your Spirit. Help me to love without fear, forgive without bitterness, speak without cruelty, and walk forward without condemnation.

My marriage belongs to You. My heart belongs to You. My husband belongs to You. I trust You to do what only You can do, and I choose to walk in love today. In Jesus' name, amen.

QUICK DECLARATIONS

I walk in love because God's love is in me.

I am patient, kind, thoughtful, and led by the Holy Spirit.

I choose to honor my husband with my words and my actions.

I refuse bitterness, resentment, anger, and strife.

I forgive because Christ has forgiven me.

I love with truth, wisdom, and grace.

I can be tenderhearted and still be strong.

I release my hurt to God, and He heals my heart.

I believe God is working in my husband and in my marriage.

My home will be filled with prayer, peace, truth, forgiveness, and the love of God.