

Toronto North

Winter 2024

# LIFESTYLE™

Magazine

complimentary copies  
to select residences  
exclusively in  
TORONTO NORTH  
including Bayview Village  
Lawrence Park and  
The Bridle Path

**MAXIMIZING YOUR  
GARAGE SPACE**  
PAGE 10

**THE  
MORTGAGE CORNER**  
PAGE 20

**ILLUMINATE YOUR  
SPACE IN STYLE**  
**BY DESIGNER DIANA BASTONE**  
PAGE 16

**BOOK LAUNCH : WHAT SHE  
SAID, CONVERSATIONS  
ABOUT EQUALITY**  
PAGE 8

Cover Photo is Diana Bastone  
Photo Credit is Shannon Willis

\$9.95 CANADA



9 771234 567898

# Illuminate Your Space in Style:

## The Crucial Role of Lighting in Interior Design



Photo Credit : Stephani Buchma

In Interior Design lighting serves a dual purpose—it is both a functional necessity and a subtle yet impactful design element. Beyond mere illumination, lighting has evolved from an accessory to a fundamental component that breathes life and character into interiors. Before you renovate a space, consider the following lighting tips to ensure each room shines.

### Setting the Scene

The choice of lighting fixtures and their placement profoundly influences the perception of a space. Soft, warm lighting creates a cozy, intimate atmosphere, while bright, cool lighting fosters a vibrant and energetic ambiance. Thoughtfully curated lighting design allows you to craft the narrative of your space.

### Accentuating Design Elements

Well-designed lighting acts as a spotlight, drawing attention to key design elements within a room. Whether it's an exquisite piece of artwork, architectural features, or statement furniture, the right lighting can accentuate and showcase these elements.

### Use Dimmers

Dimmers are your best friend when it comes to creating the right atmosphere. They allow you to adjust lighting levels effortlessly, whether you're hosting a lively dinner party or enjoying a quiet movie night. A simple twist can transform your space from bright and vibrant to soft and serene.

### Mind the Height

Don't forget about height! For pendants and chandeliers, hanging them about 30 to 36 inches above tables ensures they provide adequate illumination without blocking views. This small detail can make a big difference in how your space feels.

### Sustainable and Eco-Friendly Lighting

As we all become more eco-conscious, choosing sustainable lighting is essential. Opt for LED solutions, which are energy-efficient and long-lasting. Many designers are also exploring materials that minimize environmental impact, so you can feel good about your choices.

**Pro Tip:** For a cozy, candlelit atmosphere, go for 2700K lighting. For workspaces like reading nooks or offices, aim for 3500-4500K to keep things bright and functional.

### Smart Lighting Integration

Integrating smart technology into lighting systems is an evolving trend. Smart lighting allows users to control color temperature, brightness, and even color schemes through mobile apps or voice commands. This technology enhances convenience and energy efficiency by enabling users to optimize lighting based on specific needs and moods.

By adhering to these lighting guidelines, your lighting will be not just functional but also enhances the overall design and atmosphere of your home. Thoughtful placement and strategic choices can subtly elevate the visual appeal of each room, creating an atmosphere that resonates with your style.

Diana Bastone, is the award -winning Principal Designer and founder of Toronto based Diana Bastone Designs.

Known for creating tailored personal interiors that reflect your lifestyle.  
Providing full service residential design servicing GTA, Toronto Ontario.

[dianabastonedesigns.com](http://dianabastonedesigns.com) @dianabastonedesigns

