

A close-up photograph of a person's arm and hands. The person is wearing a gold-toned metal link watch on their left wrist. Both hands are covered in black nitrile gloves. The left hand holds a clear medical syringe vertically, while the right hand is positioned near the needle, possibly preparing to inject. The background is a soft, out-of-focus light grey.

THE NEW INJECTOR CONSULTATION BLUEPRINT™

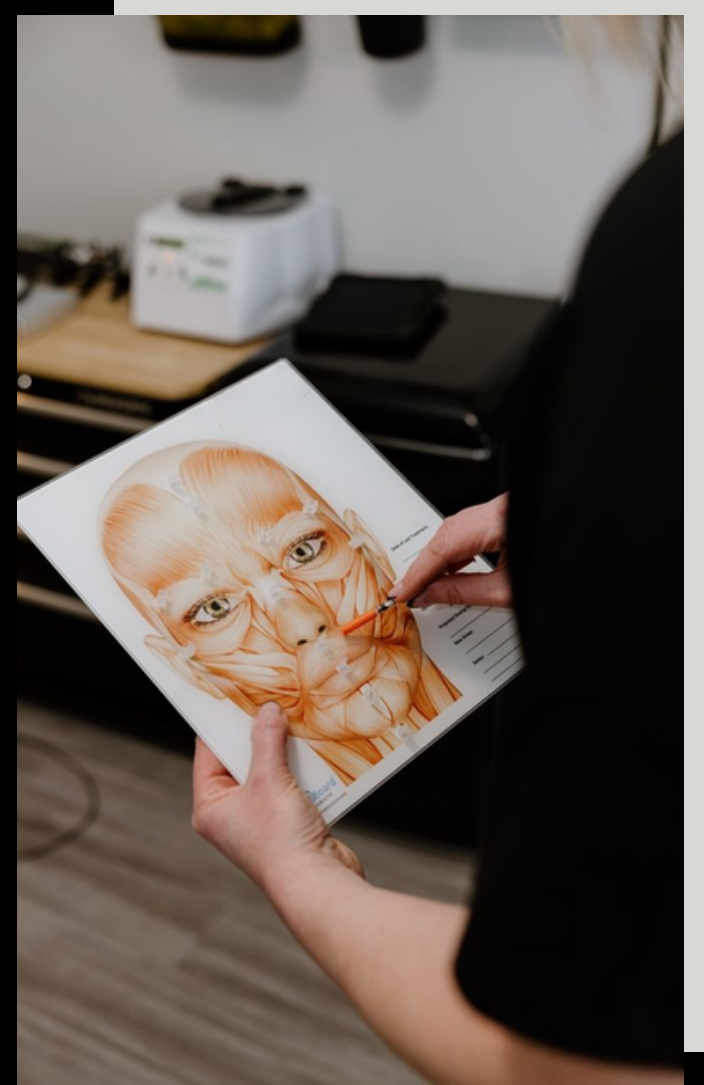
P O C K E T G U I D E

A QUICK-REFERENCE CHECKLIST
FOR EVERY CONSULTATION.

BEFORE YOU WALK IN PRE-CONSULTATION CHECK

The consultation starts before the patient walks through the door. Review their history, understand their goals, and come prepared to listen.

- **Review intake paperwork**
- **Read patient's aesthetic goals (in their own words)**
- **Review medical history**
- **Review previous aesthetic treatments**
- **Check allergies**
- **Review medication and supplement history**
- **Identify contraindications**
- **Pregnancy/Breastfeeding status**



CLINICAL PEARL ———

Reviewing their history, medications, previous treatments, and goals ahead of time allows you to identify potential red flags, prepare better questions, and walk into the consultation ready to listen, not scramble for information.

PREPARE → ASSESS → LISTEN

AP

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BUILD RAPPORT

DISCOVER THEIR “WHY”

The right questions lead to better treatment plans. Understand their goals, concerns, and expectations so you can build a plan that fits them.

- **Why are you here today?**
- **What's bothering you the most?**
- **Why now?**
- **What outcome are you hoping to achieve?**
- **Previous treatment experience?**
- **Timeline or upcoming event?**
- **Budget considerations?**



CLINICAL PEARL ———

Understanding what brought the patient in, what's bothering them most, and what outcome they're hoping for helps you uncover the motivation behind the request and build a treatment plan around their actual goals.

ASK → UNDERSTAND → PLAN



AP

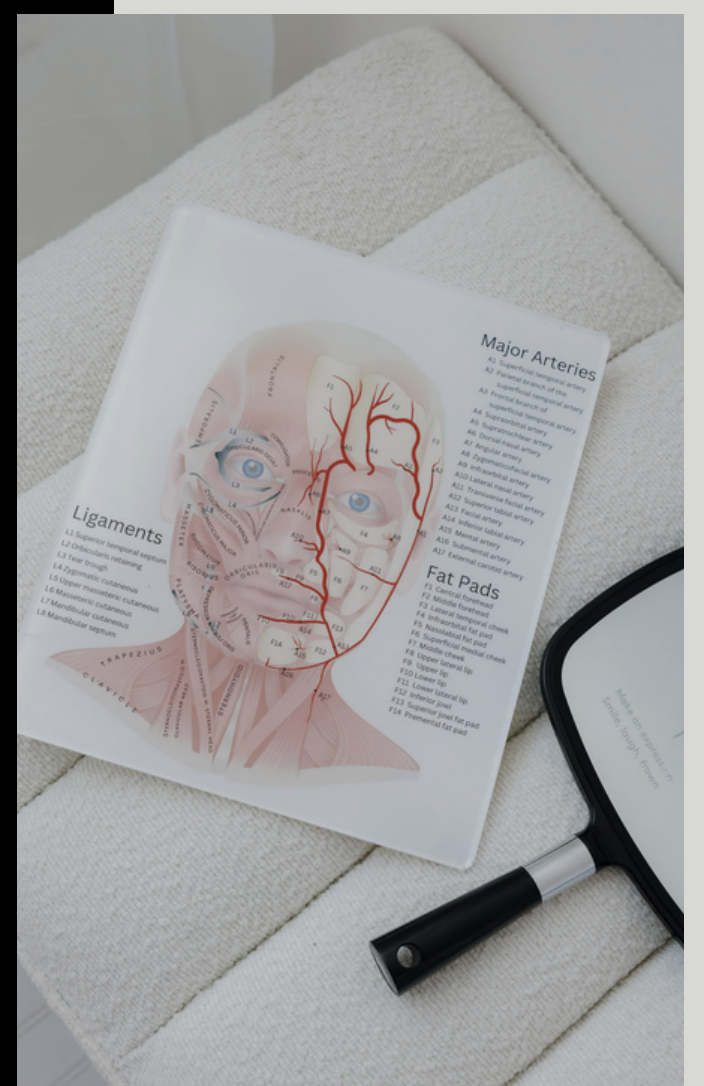
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CLINICAL ASSESSMENT

READ THE FACE, NOT JUST THE FEATURE

Ask Yourself: "What's causing the concern?"
Treat the cause, not just the symptom.

- **Facial balance**
- **Facial proportions**
- **Dynamic movement**
- **Static lines**
- **Skin quality**
- **Volume loss**
- **Facial symmetry**
- **Muscle activity**
- **Skeletal support**
- **Aging process**
- **Areas NOT to treat**



CLINICAL PEARL ———

A thorough assessment helps you distinguish between what the patient notices and what is actually contributing to it, so your treatment plan addresses the underlying concern rather than simply chasing the symptom.

OBSERVE → ASSESS → IDENTIFY → TREAT

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BUILD THE PLAN

TREATMENT STRATEGY

Ask yourself: "What will make the biggest difference and what can wait?"

A treatment plan is a strategy, not a shopping list.

- **Prioritize the primary concern**
- **Identify secondary concerns**
- **Decide what should wait**
- **Conservative first approach**
- **Combination treatments?**
- **Long-term strategy**
- **Maintenance plan**
- **Discuss alternatives**



CLINICAL PEARL ———

Prioritize the primary concern first, then determine what can be addressed later. A thoughtful plan may mean fewer treatments today, but a better outcome over time.

PRIORITIZE → SEQUENCE → PERSONALIZE



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SET EXPECTATIONS

PATIENT EDUCATION

Make sure patients understand the benefits, risks, realistic results, recovery, and what to expect before treatment begins.

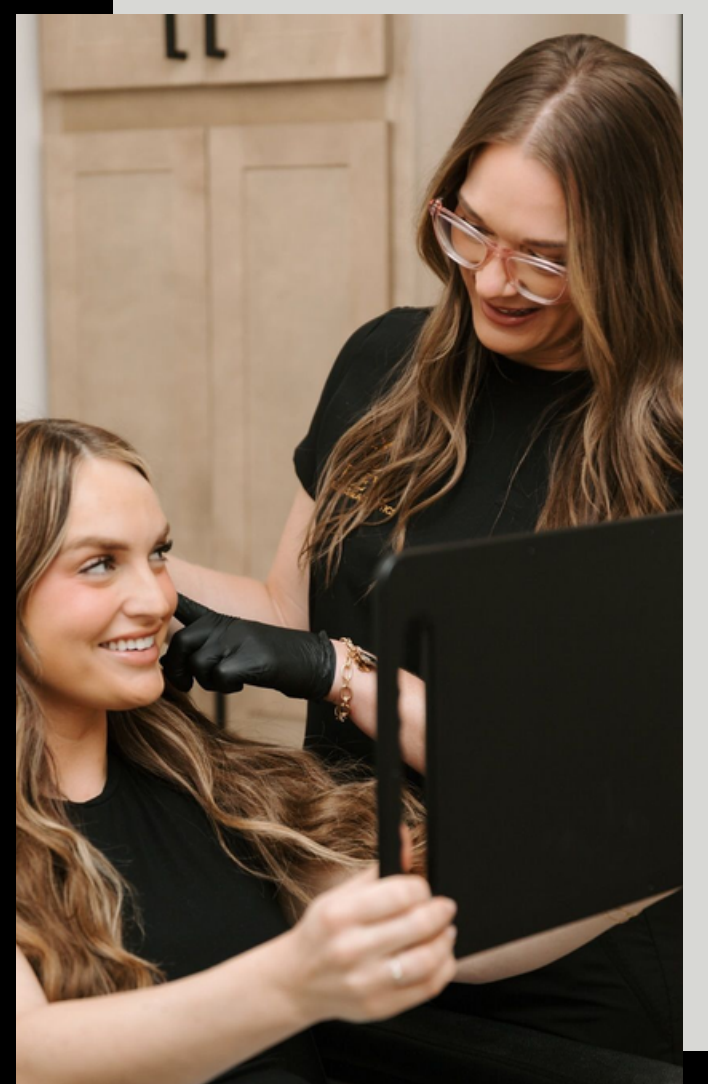
- **Risks**
- **Benefits**
- **Realistic expectations**
- **Timeline**
- **Downtime**
- **Longevity**
- **Home care**
- **Follow-up**



CLINICAL PEARL ———

Don't assume your patient understands the treatment simply because they've researched it. Explain what you're recommending, why you're recommending it, what they can realistically expect, and what alternatives exist. Education should create clarity, not pressure.

EXPLAIN → CLARIFY → CONFIRM



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BEFORE TREATMENT

CONFIRM BEFORE YOU COMMIT

Before treatment, make sure the plan is clear, consent is complete, and both you and the patient understand what's being treated and what to expect.

■ **Photos**

■ **Final questions answered**

■ **Review treatment plan**

■ **Consent signed**

■ **Confirm products & treatment areas**



CLINICAL PEARL ———

Even when you've discussed the plan during the consultation, take a moment to review it again before treatment. Patients can change their minds, questions can come up, and small details matter.

CONFIRM → CONSENT → TREAT



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AFTER TREATMENT

POST-TREATMENT CHECK

Treatment doesn't end with the syringe. Make sure the patient knows what to expect, how to care for the area, and when to follow up. Then, document the details while it's fresh.

- **Review aftercare**
- **Recovery expectations**
- **Follow-up scheduled**
- **Complete chart**
- **Injection sites documented**
- **Lot Number #**
- **Expiration date**
- **Patient tolerance documented**



CLINICAL PEARL

Good documentation protects your patient and gives you a clear record for follow-up. Don't rely on memory. Document the product, lot #, expiration date, treatment areas, patient tolerance, and relevant observations before moving on.

CONFIRM → CONSENT → TREAT



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THE INJECTOR MINDSET

- ✓ Listen first.
- ✓ Treat the face, not the feature.
- ✓ Build trust before treatment.
- ✓ Conservative ages better than aggressive.
- ✓ If it doesn't feel right, don't inject.
- ✓ Patients remember honesty more than perfection.
- ✓ You're not selling treatment, you're solving problems.

**Good injecting isn't about doing more.
It's about knowing when, why, and how much.**



BREAKING INTO AESTHETICS STARTS HERE.

Join Aesthetic Pro Academy for the education, training, and clinical guidance to help you become a more confident, thoughtful injector.

Tap below to explore our course options

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