SUMMER SCHEDULE
June 1 - September 12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 - 9:00am	**8:00 - 9:00am**	**8:00 - 9:00am**	**8:00 - 9:00am**	**8:00 - 9:00am**	**9:00 - 10:00am**
Morning Fitness (16+)	Morning Yoga (16+)	Morning Fitness (16+)	Total Body Boot Camp (16+)	Box Step Fitness (16+)	Karate - Adult & Youth**(7+)**
Tanya - Gym	*Myra - Gym*	*Tanya - Gym*	*Farrantina - Gym*	*Tanya - Gym*	*Roberto & John - Gym*
9:15 - 10:15am	**9:00am - 11:00am**	**9:15 - 10:15am**	**9:15 - 10:15am**	**9:15 - 10:15am**	**9:30 - 11:30am**
Chair Yoga (16+)	Art with Jessica (16+)	Chair Yoga (16+)	Hatha Yoga (16+)	Chair Yoga (16+)	Woodcarving **(9+)**
Helen - Gym	*Jessica - Boardroom*	*Helen- Gym*	*Keri - Gym*	*Keri - Gym*	*John & Carolina - Boardroom*
10:30am - 12:00pm	**11:00am - 1:00pm**	**12:30 - 2:30pm**	**10:00am - 12:00pm**	**10:00 - 12:00pm**	**11:30am - 1:30pm**
Tai Chi Shindo (16+)	Art with Jessica (16+)	Pickleball (16+)	Woodcarving **Advanced** (16+)	**Adult** Woodcarving (16+)	Woodcarving **(9+)**
Roberto - Gym	*Jessica - Boardroom*	*Gym*	*John - Boardroom*	*John - Boardroom*	*John & Carolina - Boardroom*
	12:30 - 2:30pm		**12:30 - 2:30pm**		**10:00am - 12:00pm**
12:30 - 2:30pm	Beginner Pickleball (16+)		Beginner Pickleball (16+)	**12:30 - 2:30pm**	Youth Arts, Crafts & Games (4+)
Pickleball (16+)	*Gym*		*Gym*	Pickleball (16+)	*Upper Hall* *****Last Class June 20*****
Gym				*Gym*	
					10:15 - 11:15am
					Hatha Yoga (16+)
5:45 - 6:45pm	**5:45 - 6:45pm**	**5:45 - 6:45pm**	**5:45 - 6:45pm**	**5:45 - 7:00pm**	*Keri - Gym*
Youth Beach Volleyball **(7+)**	Youth Racquet Sports **(6+)**	Youth Basketball **(6+)**	Youth Soccer **(6+)**	Youth Cooking **(8+)**	
Morgan & Jamie - Park	*Miller - Gym*	*Ryan & Miller - Gym*	*Miller & Mason - Richmond*	*Sammy & Andee - Upper Hall*	**11:00am - 12:00pm**
					Youth Themed Arts & Crafts (4+)
5:45 - 6:45pm	**5:45 - 7:45pm**	**5:40 - 6:20pm**	**5:45 - 6:45pm**	**5:45 - 6:45pm**	*Upper Hall* *****Starts July 4*****
Youth Karate **(7+)**	Woodcarving **(9+)**	Teeny Ballerina **(3-6yrs)**	Hip Hop/Dance Fusion **(5+)**	Kickboxing (16+)	*Jamie, Abigail, Allayne*
Roberto & John - Gym	*Carolina & Nancy - Boardroom*	*Brandi/Emma - Upper Hall*	*Emma/Brandi - Gym*	*John - Gym*	
					11:30am - 1:30pm
5:45 - 7:00pm	**5:45 - 7:00pm**	**5:45 - 7:45**	**5:45 - 6:30pm**	**7:00 - 8:00pm4**	Pickleball (16+)
Youth Baking **(6+)**	Youth Baking **(6+)**	Anime Art Class **(10+)**	Jr. Science **(4+)**	Restorative Yoga (16+)	*Gym*
Emily & Sharleen - Upper Hall	*Julia A & Brianna - Upper Hall*	*Jessica - Boardroom*	*Julia M - Upper Hall*	*Karena - Gym*	
5:45 - 7:45	**7:00 - 8:00pm**	**7:00 - 8:00pm**	**6:45 - 7:45pm**		
Anime Art Class **(10+)**	Zumba (16+)	Total Body Conditioning (16+)	Crafty Creations **(7+)**		
Jessica - Boardroom	*Suyeska - Gym*	*Lina - Gym*	*Charlene & Julia M - Boardroom*		
7:00 - 8:00pm			**7:00 - 8:00pm**		
Hatha Yoga (16+)			Zumba Gold (16+)		
Keri - Gym			*Yenny - Gym*		