



NEW LIFE CHRISTIAN CENTER
July 26, 2026

WORSHIP CHANGES THINGS
Pastor Brian Benton | Turlock

Around midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening. Suddenly, there was a massive earthquake, and the prison was shaken to its foundations. All the doors immediately flew open, and the chains of every prisoner fell off! The jailer woke up to see the prison doors wide open. He assumed the prisoners had escaped, so he drew his sword to kill himself. But Paul shouted to him, "Stop! Don't kill yourself! We are all here!" The jailer called for lights and ran to the dungeon and fell down trembling before Paul and Silas. Then he brought them out and asked, "Sirs, what must I do to be saved?" Acts 16:25-30 NLT

1. Worship changes my _____.

"I look up to the mountains, does my help come from there? My help comes from the Lord, who made heaven and earth!" Psalm 121:1-2 (NLT)

"You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!" Isaiah 26:3 (NLT)

2. Worship is more than a _____.

"I will praise the Lord at all times. I will constantly speak his praises." Psalm 34:1 (NLT)

Therefore, let us offer through Jesus a continual sacrifice of praise to God. Hebrews 13:15 (NLT)

3. Worship _____ that God is in the _____.

After consulting the people, the king appointed singers to walk ahead of the army, singing to the Lord and praising him for his holy splendor. This is what they sang: "Give thanks to the Lord; his faithful love endures forever!" At the very moment they began to sing and give praise, the Lord caused the armies of Ammon, Moab, and Mount Seir to start fighting among themselves. 2 Chronicles 20:21-22 (NLT)



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1. Worship changes my PERSPECTIVE.

I look up to the mountains, does my help come from there? My help comes from the Lord, who made heaven and earth! Psalm 121:1-2 (NLT)

You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you! Isaiah 26:3 (NLT)

2. Worship is more than a FEELING.

I will praise the Lord at all times. I will constantly speak his praises. Psalm 34:1 (NLT)

Therefore, let us offer through Jesus a continual sacrifice of praise to God. Hebrews 13:15 (NLT)

3. Worship RECOGNIZES that God is in the FIGHT.

After consulting the people, the king appointed singers to walk ahead of the army, singing to the Lord and praising him for his holy splendor. This is what they sang: "Give thanks to the Lord; his faithful love endures forever!" At the very moment they began to sing and give praise, the Lord caused the armies of Ammon, Moab, and Mount Seir to start fighting among themselves. 2 Chronicles 20:21-22 (NLT)



WORSHIP CHANGES THINGS DISCUSSION QUESTIONS

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CONNECT

Describe a time when your mood or emotions affected the way you responded to a situation. Looking back, would you have handled it differently?

ENGAGE

What part of this weekend's message challenged or encouraged you the most?

GROW

1. Brian said, "Worship doesn't change our circumstances, but it does change us in the middle of our circumstances." What do you think that means? Have you ever experienced that personally?
2. Paul and Silas chose to worship while they were still in prison. Why do you think that response was so significant? What would have been the more natural response?
3. We talked about how worship is not transactional, we don't worship because of what we get, but because God is worthy. Why is it important to understand that difference? How can our worship become transactional without us even realizing it?
4. Psalm 121 reminds us to lift our eyes to the Lord instead of becoming consumed by our problems. What is one "mountain" in your life right now that tends to capture your attention? How can worship help you shift your focus back to God?
5. Brian shared that some of the most meaningful worship happens when we don't feel like worshipping. Why do you think worship during difficult seasons can strengthen our faith in ways that worship during easy seasons cannot??

LEAD (YOURSELF):

This week, make worship your first response instead of your last resort. Each day, spend five minutes worshipping God before you ask Him for anything. Thank Him for who He is, not just for what He's done.