

A serene farm scene at sunrise or sunset. In the foreground, a dark wooden fence runs across the frame. Behind the fence, several horses are grazing in a lush green field. The background is filled with trees, some with autumn-colored leaves, and a soft, hazy light from the low sun. The text 'Ashfield FARM' is overlaid in a white, elegant script font, with 'FARM' in a smaller, all-caps sans-serif font.

Ashfield
FARM

Wellness Collective

Ashfield Farm Wellness Collective is an intentionally curated community of helping professionals dedicated to supporting individuals, families, and organizations through connection, healing, growth, and transformation.

Nestled on a peaceful farm property just outside Ottawa, Ashfield Farm offers a therapeutic environment unlike any other. Combining professional clinical space with nature, animals, and community, we are creating a collaborative ecosystem where practitioners can thrive while offering meaningful, innovative services to their clients.

While traditional therapy offices typically offer four walls and a waiting room, Ashfield Farm provides opportunities for experiential, nature-based, and relationship-centered practice in a setting designed to support whole-person wellness.

We are seeking practitioners who believe that healing extends beyond the therapy room and who value collaboration, creativity, and authentic connection.

Connect with Sarah for questions, queries
and further conversation.
sarah@ashfieldfarm.ca

Who We Are Looking For

We welcome applications from practitioners whose work complements our vision, including:

- Social Workers
- Psychotherapists
- Occupational Therapists
- Speech-Language Pathologists
- Registered Massage Therapists
- Physiotherapists
- Naturopaths
- Dietitians
- Child and Youth Practitioners
- Play Therapists
- Equine-Assisted Practitioners
- Wellness Coaches
- Other complementary helping professionals



Ashfield
FARM

Wellness Collective

Included Amenities

Professional Clinical Space

Our newly renovated clinic environment includes:

- Professional therapy rooms
- Comfortable waiting area
- Reception space
- Coffee and tea station
- High-speed internet
- Utilities included
- Wheelchair-accessible facility
 - Furnishings (Optional)

Therapeutic Grounds

Ashfield Farm offers a unique therapeutic landscape that extends beyond the office walls.

Practitioners and clients may benefit from:

- Outdoor therapy spaces
- Courtyard gathering areas
- Forest trails for walk-and-talk sessions
- Loft gathering and workshop space
- Seasonal gardens
- Quiet reflection areas
- Nature-based therapeutic environments
- Opportunities for experiential programming

Community Benefits

As part of the Wellness Collective, practitioners may enjoy:

- Practitioner profile and website listing
- Cross-referral opportunities
- Collaborative networking and peer support
- Inclusion in community wellness events
- Opportunities to facilitate workshops and groups
- Participation in future wellness membership programs
- Shared marketing opportunities
- Access to collaborative initiatives and retreats

The top of the page features a background image of three horses in a grassy field under a cloudy sky. Overlaid on this image is the text 'Ashfield FARM' in a white, elegant script font, with 'FARM' in a smaller, all-caps sans-serif font. Below this, the words 'Wellness Collective' are written in a large, white, serif font.

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Wellness Collective

Collective Opportunities & Membership

Shared Practitioner Membership

Founding Rate: \$400/month

Future Rate: \$500/month

Ideal for practitioners seeking one dedicated clinic day per week.

Includes

- One designated clinic day per week
- Utilities and internet
- Waiting room access
- Coffee and tea station
- Access to outdoor common spaces
- Inclusion in referral network
- Practitioner profile on collective directory

Shared Practitioner Members may incorporate horses into their services on a per-session basis.

Equine Use Fee: 35% of the practitioner's session fee

Community Benefits

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The top of the page features a background image of three horses in a field. Two horses are in the foreground, one white and one grey, both with their manes blowing in the wind. A third, brown horse is lying down in the background. The sky is overcast and grey. The text 'Ashfield FARM' is written in a white, elegant script font, with 'FARM' in a smaller, all-caps sans-serif font. Below this, the words 'Wellness Collective' are written in a large, white, serif font, partially overlapping the horses.

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Wellness Collective

Collective Opportunities & Membership

Clinical Practitioner Membership

Founding Rate: \$1,500/month

Future Rate: \$1,700/month

Ideal for practitioners seeking regular access to clinic space while participating in the broader Wellness Collective.

Includes

- Shared access to clinical space
 - Utilities and high-speed internet
 - Waiting room and reception area
 - Website listing and practitioner profile
 - Referral opportunities
 - Access to outdoor therapy spaces
 - Access to loft, courtyard, and trail spaces
 - Participation in collective events and programming
 - Opportunities to facilitate workshops and groups
- Equine Access

Clinical Practitioner Members may incorporate horses into their services on a per-session basis.

Equine Use Fee: 35% of the practitioner's session fee

Community Benefits

As part of the Wellness Collective, practitioners may enjoy:

- Practitioner profile and website listing
- Cross-referral opportunities
- Collaborative networking and peer support
- Inclusion in community wellness events
- Opportunities to facilitate workshops and groups
- Participation in future wellness membership programs
- Shared marketing opportunities
- Access to collaborative initiatives and retreats

The background of the top section is a photograph of three horses in a grassy field. One horse is dark grey, another is white, and the third is brown. They are all facing right. The sky is overcast and grey. The text 'Ashfield FARM' is written in a white, cursive font in the upper left. Below it, the words 'Wellness Collective' are written in a large, white, serif font, centered over the horses.

Ashfield
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Wellness Collective

Collective Opportunities & Membership

Premium Wellness Collective Membership

Founding Rate: \$1,800/month

Future Rate: \$2,000/month

Designed for practitioners seeking to fully integrate experiential, nature-based, and equine-assisted approaches into their work.

Includes Everything in the Clinical Membership Plus

- Priority room scheduling
- Priority access to outdoor therapeutic spaces
- Priority access to workshop and group spaces
- Enhanced referral opportunities
- Participation in collaborative wellness initiatives
- Priority consideration for retreats and community events

- Access to designated horse interaction areas

Included Equine Access

Premium Wellness Collective Members may incorporate horses into their professional services without additional equine-use fees.*

*Practitioners must maintain professional liability insurance covering equine-assisted services and adhere to all Ashfield Farm safety and operational policies.

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View our products online via our website:
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