

a local's guide to
**sweets
& treats**

our favorite scoops, donuts & sweet spots around Sacramento



SISTERS & CO · REAL ESTATE

Scoops & cones *the classics*

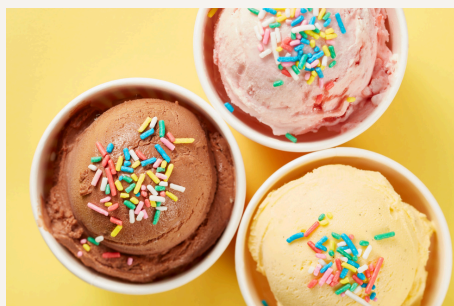
old-school parlors we'll never outgrow —



Gunther's Ice Cream

Curtis Park

A Sacramento rite of passage since 1940 — the Curtis Park parlor everyone grew up on. Classic scoops, fresh-fruit freezes, and that cheerful neon sign out front. Pure, unbeatable nostalgia.



Vic's Ice Cream

Land Park

SINCE 1947 · OLD-SCHOOL PARLOR

A Land Park time capsule since 1947 — checkered floors, paper hats, and 29 flavors made the old-fashioned way (they even whip up garlic ice cream once a year for the Gilroy festival). Nostalgia you can taste.



Devine Gelateria

Midtown

HANDMADE GELATO

Silky, small-batch gelato in rotating flavors made with local ingredients — espresso almond, seasonal fruit, you name it. Grab a scoop for the charming back patio. A Midtown sweet-stop staple.

Donuts & decadence *go big*

for when a scoop just isn't enough —



Marie's Donuts

Freeport Blvd

OLD-SCHOOLDONUTS·EXPECT A LINE

The donut institution Sacramento lines up for. Old-fashioned, hand-cut, and often gone by mid-morning on weekends — get there early for the buttermilk bars and glazed-while-warm classics. Worth every minute of the wait.



The Parlor

East Sac

ICE CREAM PUFFS

Half ice cream shop, half delicious dare. The signature Ice Cream Puff is a scoop tucked inside a hot fresh donut — and if you're feeling brave, "The Works" is a triple-scoop shake crowned with a Nutella donut. Pure fun.



Babe's Ice Cream & Donuts

Midtown

VEGAN + GF · GOURMET DONUTS

Proof that vegan and gluten-free can be the best in the room. Coconut-milk ice cream in flavors like blackberry vanilla, plus gourmet donuts with a rotating monthly flavor (the churro twist is a favorite). Everyone's welcome here.

Cakes & confections *grab a box*

for birthdays, celebrations & just because —



Freeport Bakery

Land Park

A Land Park treasure since 1985 — the family-run bakery locals order their birthday cakes from year after year. Glass cases of cookies, danishes, and the sweetest decorated treats. Warm, old-fashioned, and beloved for good reason.



Rick's Dessert Diner

Midtown

1950s DINER · SINCE 1986

A Sacramento legend since 1986 — a sparkly 1950s diner with a glass case stacked high with cakes, tortes, pies, and eclairs. Pull up to the counter on a weekend night and take your time choosing (it's hard). Pure dessert theater.



Ginger Elizabeth

Midtown

ARTISAN CHOCOLATE · MACARONS

Sacramento's jewel box of a chocolate shop. Handcrafted truffles, fresh macarons, summer ice cream sandwiches, and a famously dreamy Oaxacan hot chocolate. The grown-up treat — worth every cent.

looking for home near
your new favorite spot?

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we'd love to help you find the sweet little
neighborhood that feels like home.

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