AN INVITATION TO WORK TOGETHER

LUCINDA
GORDON LENNOX

Thank you for your interest in working with me.

Before arranging an introductory call, I would love to understand a little more about you and what you are hoping to explore or transform.

YOUR NAME

AGE

EMAIL ADDRESS

1. What has called you to do this work?

2. Have you had coaching or therapy before?

3. What other work on yourself have you done already?

Please feel free to write as much as you like.

4. What has worked for you in the past, and what hasn't?

5. What would you like to get from our work together?

6. Do you have a sense of what might currently be holding you back from living the life you dream of?

7. How did you hear about me?

8. Is there anything else you'd like to tell me?

THANK YOU

Please save a copy of this completed PDF before returning it.

Your information will be handled in accordance with my privacy notice.