



**MN FLYERS**  
GYMNASTICS AND FITNESS

JULY 2026

# NEWSLETTER

## CALENDAR

- June 29 - July 2 No Recreational Classes
- July 3 GYM CLOSED - No Open Gym
- July 19 1:00 pm - Northwest Water Carnival Parade  
Cheer on the team gymnasts riding the float!
- July 27 5pm: Xcel Program Info Meeting - more details to come
- July 31 GYM CLOSED - No Open Gym (Becker County Fair)

## FRIDAYS

July 10, 17 & 24

10am - Noon Open Gym!

12:30 & 2:30 Birthday Parties



Let's add to the summer fun!  
When you travel, take a handstand picture and tag us on social media @mnflyersgym and tell us where you are! We'll reshare for our #mfgfhandstandsummer

## July Students of the Month



Kora  
Jr Hot Shots



Gabriella  
Beginner 2



Walker  
Jr Ninja



Kallan  
Competitive Team



**VOTE**



**MINNESOTAFLYERS**  
GYMNASTICS AND FITNESS

- ✓ **BEST NONPROFIT ORGANIZATION**
- ✓ **BEST KIDS BIRTHDAY PARTY VENUE**

Vote June 27 - July 18 at  
[www.dl-online.com](http://www.dl-online.com)

MEET THE  
*Board*



**Job Title & Employer:**  
Teacher/Owner-Operator of Be Free Cleaning  
**Why did you join the Board?**  
After moving to town, we signed our girls up for rec gymnastics. I was asked to join the board and have been a part of the organization for about 24 years.  
**Fun Fact:**  
I am a ski coach at Detroit Mountain



**Job Title & Employer:**  
Dentist, West River Dental  
**Why did you join the Board?**  
All 4 of my kids are active in rec and team. I want to be a part of the continued growth, success, and creativity of the organization!  
**Fun Fact:**  
My mom was one of the original board members when I was a competitive gymnast at MFG!



**Job Title & Employer:**  
Owner-Operator of Shady Hollow Coffee Shop & Tasty Tracks Grill  
**Why did you join the Board?**  
Our son Braxlee has Down Syndrome and has thrived in the adaptive classes. I wanted to be a part of this very special organization that helps kids of all ages and abilities!  
**Fun Fact:**  
I come from a family of 6 girls!



Thank you to all who participated, donated, and sponsored our third annual MN Flyers Color Run! It was a fun and color-filled morning! Together, we raised over \$14,000 to support the programs at MN Flyers!



**SAVE THE DATE!**  
**4TH ANNUAL**  
**MN FLYERS COLOR**  
**RUN JUNE 5, 2027**



# JULY BIRTHDAYS

Join us in wishing Happy Birthday to these students and staff!

Kinsley B

Ava B

Lena B

Willow B

Reagan C

Anangikwe D

Emerson D

Gabriella F

Finley G

Aspen G

Maddie G

Everly H

Jillian H

Sydney H

Elric H

Adalee H

Arya J

Maisie J

Jolee J

Evelyn K

Sofia K

Everleigh K

Myla L

Paisley L

Nora M

Kennedy M

Colt M

Kora M

Rylin N

Noah N

Jackson O

Madison O

Austin P

Walker P

Maiya R

Winslow R

Elijah R

Wyatt S

Leo S

Brinley S

Everly S

Leon S

Nova T

Josie T

Rhiannon T

Flannery V

Griffin W

Noah W

Timber W



## STAFF BIRTHDAYS:

Leesa, Kelsey, Kayla,  
Maya, Molly, Carissa