

Birthday Tea

Wednesday
October 28
Rose & Willow
3 pm in Willow
With Bruce



Mike M.	Oct. 01
Nancy E.	Oct. 01
Jim B.	Oct. 05
John O.	Oct. 06
Robert B.	Oct. 17
Adeline T.	Oct. 21
William C.	Oct. 21
John A.	Oct. 26



Anyone interested in helping to make perogies being sold at the Fall Craft and Bake Sale, please email patricia.foley@salvationarmy.ca for days and times of the preparations. **Mark calendars! Fall Fair Craft & Bake Sale** **Fri. | Nov 27 | 12-4 & Sat. | Nov 28 | 10-3** We will have 12 new community craft vendors participating this year, as well as crafts and baked goods made with the help of our residents, volunteers, and recreation staff.





Menu

On Sunday, Oct. 11, we switch from the Spring/Summer Menu to the Fall/Winter Menu Week 2

YOUR SUGGESTIONS FOR IMPROVING TEAMWORK



TOGETHER EVERYONE ACHIEVES MORE

Appreciate the differences and diversity among our staff and residents so that we are always learning and improving.



Flu & Covid Shots

Wed. Nov. 4 - Residents only
Mon. Nov. 9 - Staff only



Buchanan Buzz

NEWS FROM 409 BLAIR AVE. OCTOBER 2026

Thanksgiving Observance

(Author Unknown)

Count your blessings instead of your crosses;
Count your gains instead of your losses.
Count your joys instead of your woes;
Count your friends instead of your foes.
Count your smiles instead of your tears;
Count your courage instead of your fears.
Count your full years instead of your lean;
Count your kind deeds instead of your mean.
Count your health instead of your wealth;
Count on God instead of yourself.



INSIDE

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Precious Memories



Irene showing off her crafting skills



Paula & Amrit doing their part



Rock star Alastair & his star-struck fans



Mona & Vero singing Sweet Caroline

THE SALVATION ARMY BUCHANAN LODGE WWW.BUCHANAN-LODGE.COM

Jeremiah 29:11
“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”



INTRODUCING GARRISON

Our series of devotional thoughts based on staff stories has led us to the top. In a month that begins with thanksgiving, we at Buchanan Lodge are grateful to have Garrison Duke as our Executive Director. Garrison arrived here August 28, 2024 with a wide background of training and experience.

Garrison was the Chief Operating Officer and Director at DIVERSEcity Community Resources Society, where he played a pivotal role in expanding the organization’s capacity, creating new opportunities for growth, and strengthening partnerships. He holds an MBA from Simon Fraser University, a qualification that underpins his strategic approach to leadership. His expertise lies in creating opportunities for marginalized populations, driving organizational growth, and championing social change.

As an an active community advocate, Garrison also served as Past Board President of AMSSA and as a member of the Regional Ethnocultural Advisory Committee. His previous board roles include the BC Career Development Association and the British Columbia Multicultural Advisory Council. Garrison’s dedication to community service extends to media advocacy, where he has engaged with the public through appearances on platforms such as Breakfast TV Vancouver, CKNW 980, and CBC Radio. Training in Broadcast Journalism prepared him well for those special opportunities. Fun fact - Garrison fondly recalls his 2 year internship at Much Music, meeting many celebrities, and then getting his own starring role as a love interest in a rap video. Ask him about it!

More important than education and career opportunities was Garrison’s personal journey. From growing up in a low-income neighbourhood of Toronto, Garrison was blessed with good mentors and coaches, a love for sports, and the good sense to take every opportunity that came his way. Now as a father of 5 kids and 6 grandkids, Garrison can focus on what brings him joy.

His work at Buchanan is one of those sources of joy. He loves to visit the houses and chat casually with the staff to hear their stories. He especially loves reading the chaplains’ “Getting To Know You” plaques of each of the residents. Their personal contributions to building the world we enjoy should be celebrated and rewarded. His challenge is to encourage donors and government agencies to prioritize care facilities like Buchanan. His mission is to let our seniors know how much they mean to us. Garrison’s life verse is Jeremiah 29:11: “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.” He wakes up daily with that hope and that sense of calling. He also wants to share it with our residents and all of us who serve with him in that mission!

~ Chaplain Rob



Entertainment October Lineup

- October 7 | Wednesday | 3 pm | Magnolia | Jesse
- October 8 | Thursday | 2:30 pm | Camelia | Michael
- October 14 | Wednesday | 3 pm | Willow | Greg
- October 17 | Saturday | 3 pm | Magnolia | Michael
- October 22 | Thursday | 3 pm | Willow | Steve
- October 24 | Saturday | 10:30 am | Rose | Pete
- October 26 | Monday | 3 pm | Camelia | Pete
- October 28 | Wednesday | 3 pm | Willow | Bruce
Birthday Tea Celebration
- October 29 | Thursday | 5:30 pm | Rose | Alastair
- October 30 | Friday | 3 pm | Magnolia | Steve

**Our interactive
Tover Game System
is mounted in the
Multipurpose Room.
If you would like to
learn how to use it to
engage with your
loved one when
visiting, please email
Trish Foley to set up
a time. The learning
session takes
15-20minutes.**



STAFF SURVEYS

As we prepare our quality assurance and accreditation reports, we would love to hear how our staff are doing. During the day hours Thanksgiving week, October 13 - 16, we have free coffee or tea and donuts for every staff member who takes the time for a 5 min. survey by the main Chaplains’ office. See you then!



Thursday | Oct. 15 | 8 am | MPR



KFC LUNCH

Thurs. | Oct. 22 | Noon | MPR

