

RENEWED PERSPECTIVES

PSYCHIATRY

FOR KIDS

Book Recommendations:

1. My Brain Is A Home By Orlanda Bettison
2. My Breath By Orlanda Bettison
3. My Mindful Brain By Orlanda Bettison
4. My Brain First Aid By Orlanda Bettison
5. My Different Brain By Orlanda Bettison
6. Train Your Dragon Series By Steve Herman
7. My Moods, My Choices Flipbook
8. How Full Is Your Bucket? For Kids By Tom Rath, Mary Reckmeyer, and Maurie J Manning
9. Have You Filled a Bucket Today? A Guide to Daily Happiness for Kids By Carol McCloud and
Daivd Messing
10. I Can Do Hard Things: Mindful Affirmations for Kids By Gabi Garcia and Charity Russell

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